

Notification to parents:

We are dedicated to the health and safety of our students and staff as well as continuing to meet the educational needs of our students.

The Governor declared a **PREPARATION**-based State of Emergency on March 4, 2020. The schools and community are working together to minimize disruption to teaching and learning and protect students and staff.

Please do your part and follow these guidelines:

- Wash hands for 20 seconds. Washing hands often under clean, running water can help prevent the spread of germs. If you cannot wash your hands, use alcohol-based hand sanitizer with at least 60-95% alcohol.
- Clean and disinfect surfaces or objects. Clean and disinfect frequently touched surfaces, especially when someone is ill.
- Cover coughs and sneezes. Use a tissue to cover coughs and sneezes, then dispose of the tissue. When a tissue is not available, cough or sneeze into your elbow (or inside your shirt).
- Avoid touching your eyes, nose, or mouth. Germs spread this way.
- *Stay home when you are sick.* This includes work, school, and errands when you are sick. You will help prevent others from catching your illness. Avoid close contact with people who are sick.

Instructions for students who are ill:

- Please provide students' symptoms when calling your student in ill (including if they have a fever).
- Please keep your student home for 24 hours after their fever (100.4° F or higher) stops without medication.
- Upper respiratory infections such as cold or bronchitis (without fever)– keep home if they have excessive cough, large amounts of yellow/green nasal discharge, or are too ill to function adequately in the classroom. Much depends on individual circumstances depending on the student's age, hygiene habits, and developmental level.
- Asthma – if needing a nebulizer (breathing) treatment more frequently than every 2 hours.
- Seek immediate medical care if symptoms become more severe, e.g., high fever or difficulty breathing.

As the situation in the state and/or county changes, formal notification processes are in place to notify staff, families, and the community. The District is monitoring the situation carefully and working closely with the Calaveras County Public Health Department (PHD). Any school closures will be directed by the PHD.

For additional information please go to:

Centers for Disease Control and Prevention (CDC)

<https://www.cdc.gov/coronavirus/2019-cov/index.html>

Calaveras County Public Health Department COVID-19 CA

<https://publichealth.calaverasgov.us/Novel-Coronavirus>

Department of Public Health COVID-19 U.S. COVID-19

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCoV2019.aspx>

World Health Organization (WHO) COVID-19

<https://www.who.int/health-topics/coronavirus>