

# Rosebud-Lott ISD

## Grades PK - 12 Breakfast Menu - September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3  Blueberry Muffin-Large Cinnamon Toast Crunc Cocoa Puffs Froot Loops WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Grape Jelly	Sep - 4  Pancake on Stick or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Grape Jelly	Sep - 5  Oatmeal & Cinn Toast or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Orange Grape Jelly	Sep - 6  Strawberry Poptarts-2 or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Grape Jelly	Sep - 7  Pancakes or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Syrup Grape Jelly
Sep - 10  Oatmeal & Sausage or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Syrup Grape Jelly	Sep - 11  BISCUITS W/SAUSAG or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Orange Grape Jelly	Sep - 12  Pancake on Stick or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Orange Syrup Grape Jelly	Sep - 13  Sausage Breakfast Piz or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Orange Grape Jelly	Sep - 14  French Toast Sticks or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Syrup Grape Jelly
Sep - 17  Banana Muffin-Large or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Grape Jelly	Sep - 18  Sausage Breakfast Piz or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Orange Grape Jelly	Sep - 19  Oatmeal & Cinn Toast or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Syrup Grape Jelly	Sep - 20  Egg,Cheese,Sausage or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Taco Sauce Grape Jelly	Sep - 21  Pancakes or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Fruit Punch Apple Syrup Grape Jelly
Sep - 24  Cinnamon Toast Sausage Link or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Syrup Grape Jelly	Sep - 25  Egg & Cheese Burrito or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Orange Grape Jelly Taco Sauce	Sep - 26  Pancake on Stick or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Syrup Grape Jelly	Sep - 27  Cereal WH Buttered Toast Strawberry Poptarts-2 Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Grape Jelly	Sep - 28  French Toast Sticks or Cereal WH Buttered Toast Lowfat White Milk FF Chocolate Milk FF Strawberry Milk Apple or Grape Juice Apple Syrup

This institution is an equal opportunity provider.

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**