

April 2019

Alliance Patti & Petter

GRADE: 9-12

Menu


B= 450/ VB=14 when needed

L= 475

Vegetarian Lunch: 14

Serve w/ Milk & Fruit

Menus subject to change.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
B	1	2	Waffles (2) with Syrup (400)	3	Lucky Charms & WG Crackers (500)	4	Beef, Cheese & Chili Flaquito (400) + VEGETARIAN	5	Coffee Cake & String Cheese (475)
L	NO SCHOOL	Chicken Quesadilla with Whole Kernel Corn (1c) (450)		Beef Lasagna with Steamed Broccoli & Carrots (1c) (425) (FAMILY STYLE) + 33 CHICKEN FAJITAS + 15 VEGETABLE LASAGNA (CATERING)		Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c) (310) + 140 Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch (DELIVER WITH BREAKFAST)		Pepperjack Cheeseburgers with Carrot Sticks (1c) & Ranch (360) (FAMILY STYLE) + 140 Turkey Salad Sandwich with Carrot Sticks (1c) & Ranch (DELIVER WITH BREAKFAST)	
B	8	9	Apple Muffin & WG Crackers	10	Reduced Sugar Cinnamon Toast Crunch & WG Crackers (500)	11	Egg, Sausage & Cheese Breakfast Toast (400) + VEGETARIAN	12	WG Apple Cinnamon Donut (450)
L	Mini Bagels w/Cinnamon Cream Cheese (475) Spaghetti (1c) & Meatballs with Mixed Vegetables (1c) (419) + 31 CHICKEN SALAD SANDWICHES (BAG LUNCH)	Honey BBQ Chicken Wings (4) with Dinner Roll & Mashed Potatoes (1c) (500) (FAMILY STYLE)		Pepperoni Pizza with Green Salad (2c) (537)		Green Wet Chicken Burrito with Pinto Beans (1c) (400)		Chicken (1/2c) Chow Mein (1c) & Steamed Carrots (1c) (450)	
B	15	16	NO SCHOOL	17		18	NO SCHOOL	19	NO SCHOOL
L	NO SCHOOL	NO SCHOOL							
B	22	23	Waffles (2) with Syrup (400)	24	Multi Grain Cheerios & WG Crackers (500)	25	Green Chile Egg & Cheese Burrito (400)	26	Coffee Cake & String Cheese (425)
L	Mini Bagels w/Strawberry Cream Cheese (475) Pesto Chicken Spaghetti (1c) with Mixed Vegetables (1c) (425)	Honey BBQ Chicken Wings (4) with Dinner Roll & Mashed Potatoes (1c) (530) (2 TRAYS WITHOUT SAUCE)		Pepperoni Pizza with Green Salad (2c) (542)		Chicken Tamal with Pinto Beans (1c) (525)		Spaghetti (1c) & Meatballs with Steamed Carrots (3/4c) (250) Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Carrot Sticks (1c) & Ranch (175)	
B	29	30	Pancakes (2) with Syrup (400)	1	Rice Chex & WG Crackers (500)	2	Cheese & Chili Flaquito (400)	3	Strawberry Pop Tart & String Cheese
L	Zucchini Loaf (400) Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch (425)	Beef Meatball & Cheese Hoagie Sandwich with Mashed Potatoes (1c) (450)		Spanish Chicken Adobo with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c) (450)		Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c) (450)		Beef Hot Dog with Carrot Sticks (1c) & Ranch (450)	

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PREPACKED & FAMILY STYLE (DEPENDING ON MEAL)// Juice Every Monday and Friday, Cut Fruit on Tuesday and Thursday //



“Eat Right, Be Bright!”