

Pursuant to N.J.A.C. 8:57-4.22 children six months through 59 months of age, attending any child care center or preschool facility, must receive at least one dose of influenza vaccine between September 1 and December 31 of each year.

Please send written documentation of immunization to the health office when your child is vaccinated.

Students who do not receive the vaccine by December 31 will be excluded from school for the duration of the flu season (through March 31) or until they receive the influenza vaccine.

The flu vaccine takes about two weeks to be effective. During that two week period after the shot people can get the flu because they were exposed to the flu, not because they got the flu shot.

Cold weather does not cause a cold or the flu. A virus causes colds and flu. Common sense measures like hand-washing and staying away from sick people will help prevent illness. The best thing you can do if you have a cold or flu is to stay home and rest.....