



# Phillipsburg High School Athletic Training

Dana Baffuto, MS, ATC DJ Snyder, ATC Duane Brida, ATC  
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Dear Parents and Guardians,

As the Athletic Trainers at Phillipsburg High School, we would like to introduce ourselves as the primary sports medicine staff for your children. The three of us, Dana Baffuto, Duane Brida, and DJ Snyder, as well as our Team Physician, Dr. Nicholas Avallone are here to assist your children as they progress through their years as a student athlete.

### **Hours and Location**

An ATC (Athletic Trainer Certified) will be available at all times in the high school athletic training room from 1:00pm until the conclusion of athletic activities. Students are permitted to report *only after the dismissal bell rings, or, if a student has communicated and arranged another time with a teacher and ATC.* The athletic training room is located across from the gym on the 1<sup>st</sup> floor. An ATC will be available at The PAC Field House and Maloney Stadium Field House before outdoor practice during the fall/spring seasons 45 mins before practices and games and 15 minutes after practices and games.

### **Reporting of Injuries**

**It is essential** that ALL injuries and illness get reported to the Athletic Trainers as soon as possible. Clear and immediate communication between the athletic trainer and coaching staff regarding each and every student athlete is necessary to maintain the best team performance and athlete health and well-being. Our staff has multiple resources available to provide the best and most immediate care. However, we cannot access or use these resources if we are unaware of an illness or injury. If an injury occurs at an away event or competition, please contact the ATC staff *immediately!*

### **Return to Play**

No student is held out of an athletic competition or participation unless it is completely necessary for their health and safety or that of fellow athletes. We guide our athletes through rehabilitation and refer to physicians when necessary. We work closely with athletes to gradually return them to the sport they love as their injury or illness dictates.

If an athlete is being treated by a physician due to an injury or illness, a doctor's note is REQUIRED to allow them to return to play; or, to clear them to the Athletic Trainers who will clear them to return to play. In the instance of a concussion- please see the attached protocol which will be followed without hesitation. Thank you for your kind attention to this important information. Please contact your Athletic Training Team if you have any questions. **We are here to assist your student athlete. We look forward to seeing you at our athletic events!**

## ATHLETIC TRAINERS

**Highly qualified, multi-skilled health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.**