



Kinder-5th Lunch

JAN 2019

Weekly Rotation:

Monday-Popcorn
Chicken Salad/Roll,
Cheeseburger
Tuesday-Ham/ Cheese
Sdw, Corndog
Wednesday- Turkey Chef
Salad/Roll, Chicken
Nuggets/Roll



2
STUDENT HOLIDAY

3
Chicken Tacos
Kickin' Pintos
Baby Carrots
Side Salad
Watermelon
Applesauce
100% Orange Juice

4
Cheese Pizza
Steamed Broccoli
Sliced Cucumber
Red Pepper Strips
Red Grapes
Pineapple Tidbits
100% Fruit Blend Juice

7
Salisbury Steak w/
Brown Gravy & Parsley
Noodles
Roasted Mix Veggies
Steamed Broccoli
Straw/Spinach Salad
Fresh Orange
Fruit Mix
100% Fruit Blend Juice

8
Swt/Sour Chicken w/
Broccoli & Rice
Fresh Red Peppers
Potato Bites
Side Salad
Fresh Plum
Diced Pears
100% Apple Juice

9
Chicken Spaghetti w/
Breadstick
Steamed Green Beans
Fresh Zucchini Sl
Baby Carrots
Fresh Apple
Diced Peaches
100% Grape Juice

10
Beef Nachos
Charro Beans
Celery Sticks
Side Salad
Watermelon
Applesauce
100% Orange Juice

11
Pepperoni Pizza
Steamed Carrots
Cucumber Sl
Tomato Wedge
Red Grapes
Pineapple Tidbits
100% Fruit Blend Juice

14
Chicken Drumstick w/
Corn Muffin
Mashed Potato
Fresh Broccoli
Straw/Spinach Salad
Fresh Orange
Fruit Mix
100% Fruit Blend Juice

15
Chicken Parmesan w/
Pasta
Steamed Green Beans
Red Pepper Slices
Side Salad
Fresh Plum
Diced Pears
100% Apple Juice

16
Baked Potato w/ Chili &
Cheese/Soft Pretzel
Orange Glazed Carrots
Fresh Zucchini Sl
Diced Tomatoes
Fresh Apple
Diced Peaches
100% Grape Juice

17
Beef Quesadilla
Refried Beans
Celery Sticks
Side Salad
Watermelon
Applesauce
100% Orange Juice

18
Pepperoni Pizza
Steamed Spinach
Baby Carrots
Cucumber Sl
Red Grapes
Pineapple Tidbits
100% Fruit Blend Juice

21
NO SCHOOL

22
Popcorn Potato Bowl
w/Soft Pretzel
Roasted Cauliflower
Cucumber Sl
Side Salad
Fresh Plum
Diced Pear
100% Apple Juice

23
Cheese Ravioli w/
Marinara Sauce/Brdstk
Roasted Squash
Fresh Broccoli
Celery Sticks
Fresh Apple
Diced Peaches
100% Grape Juice

24
Soft Beef Tacos
Charro Beans
Steamed Zucchini
Baby Carrots
Side Salad
Watermelon
Applesauce
100% Orange Juice

25
Cheese Pizza
Steamed Broccoli
Red Pepper Strips
Fresh Zucchini Sl
Red Grapes
Pineapple Tidbits
100% Fruit Blend Juice

28
Southwest Meatloaf w/
Brown Gravy/Roll
Steamed Corn
Baby Carrots
Straw/Spinach Salad
Fresh Orange
Fruit Mix
100% Fruit Blend Juice

29
Fish Sticks w/ Mac 'n
Cheese
Steamed Green
Beans/Carrots
Red Pepper Strips
Side Salad
Fresh Plum
Diced Pear
100% Apple Juice

30
Orange Popcorn Chix
w/ Lomein
Fresh Zucchini Sl
Sweet Potato Bites
Fresh Broccoli
Fresh Apple
Diced Peaches
100% Grape Juice

31
Beef Nachos
Kickin' Pintos
Celery Sticks
Side Salad
Watermelon
Applesauce
100% Orange Juice

Thursday-Turkey Wrap,
BBQ Pork Rib Sdw
Friday- Fruit & Cheese
Platter/Roll, Popcorn
Chicken/Roll
Daily's:
Milk Variety
Peanut Butter & Jelly
Sandwich

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This institution is an equal opportunity provider.

Menu is subject to change

