



NOVEMBER 2018 - Dinner

Las Américas ASPIRA Academy

Monday Tuesday Wednesday Thursday Friday



			1 Mini Personal Pizza Steamed Broccoli Fruit Variety Milk Variety	2 Meatball Sub Steamed Carrots Fruit Variety Milk Variety
5 Teriyaki Chicken Steamed Peas and Carrots Fruit Variety Milk Variety	6 Chipotle Chicken Ciabatta Seasoned Green Beans Fruit Variety Milk Variety	7 French Bread Cheese Pizza California Vegetable Blend Fruit Variety Milk Variety	8 Grilled Turkey and Cheese Panini Steamed Broccoli Fruit Variety Milk Variety	9 Baked Chicken Tenders Baked Beans Fruit Variety Milk Variety
12 No School	13 Mandarin Chicken Steamed Corn Fruit Variety Milk Variety	14 Cheese Quesadilla with Salsa Steamed Broccoli Fruit Variety Milk Variety	15 No School	16 No School
19 No School	20 No School	21 No School	22 No School	23 No School
26 Pizza Dippers California Vegetable Blend Fruit Variety Milk Variety	27 Turkey Sandwich Oven Fries Fruit Variety Milk Variety	28 Beefy Queso Burrito Steamed Corn Fruit Variety Milk Variety	29 Mini Personal Pizza Steamed Broccoli Fruit Variety Milk Variety	30 Meatball Sub Steamed Carrots Fruit Variety Milk Variety

- Fruit Variety includes daily options of apples, bananas, oranges, and seasonal fruits that will be provided from local farms
- Milk Variety includes Non-Fat & 1 % White, Non-Fat Chocolate, and Non-Fat Strawberry options
- Menu subject to change without notice