

May 2019

Punxsutawney Area School District  
Elementary School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Try out our new interactive food tray on <a href="http://www.schoolcafe.com">www.schoolcafe.com</a> . You can make a tray from the menu of the day to see nutritional information.		1 Iced Sweet Roll Peach Cup Juice Box Milk	2 Pop tart Banana Juice Box Milk	3 Mini Cinni Strawberry Cup Juice Box Milk
6 Cinnamon Toast Crunch Cereal Bar Craisins Juice Box Milk	7 Fruit Strudel Applesauce Cup Juice Box Milk	8 Mini Powdered Donuts Apple Wedges Juice Box Milk	9 Pop tart Banana Juice Box Milk	10 Mini Maple Waffles Apple Wedges Frozen Raspberry Lemon Sidekick Milk
13 Cocoa Puff Cereal Bar Craisins Juice Box Milk	14 Soft Filled Cinnamon Toast Crunch Bar Applesauce Cup Juice Box Milk	15 Mini Cinnis Apple Wedges Juice Box Milk	16 Blueberry Muffin Banana Juice Box Milk	17 Crumb Cake Apple Wedge Frozen Blue Raspberry Lemon Sidekick Milk
20 Mini Chocolate Chip Cookies w/Yogurt Craisins Juicy Juice Box Milk	21 Rice Krispie Treat Applesauce Cup Juicy Juice Box Milk	22 Iced Sweet Roll Apple Wedges Juicy Juice Box Milk	23 Scooby Doo Graham Crackers Banana Juicy Juice Box Milk	24 Mini Chocolate Donuts Apple Wedges Frozen Strawberry Mango Sidekick Milk Milk
27 Memorial Day No School 	28 Jurassic World Graham Crackers Apple Wedges Juice Box Milk	29 Iced Sweet Roll Peach Cup Juice Box Milk	30 Pop tart Banana Juice Box Milk	31 Mini Cinni Strawberry Cup Juice Box Milk

**Elementary Students eat breakfast at no cost!**



**Healthy Tip of the Month**

Eat when you eat. Try not to do simultaneous activities such as typing, watching TV, playing video games, or driving when you eat. You'll appreciate each bite even more.

In order to qualify for a reimbursable breakfast, you must choose all items listed on the menu.

**Protein/Bread**  
Biscuit, Roll, Muffin, French Toast, Pancakes, Cereal, Lean Meat, Fish, Cheese, Peanut Butter, Large Egg, Cooked Dried Beans or Peas, Nuts, Seeds, etc.

**Juice/Fruit/Vegetable**  
Fruit Juice, Vegetable Juice, Fresh Fruit and Fresh Vegetables

**Milk**  
Low Fat Milk, Fat Free Flavored Milk

Menu Subject To Change  
Students must take all food items

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