

# MIDDLE & HIGH SCHOOL LUNCH MENU

MAY 2019



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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**Breaded Mozzarella Sticks w/ Sauce**  
**Pizza**  
 Corn  
 Broccoli Salad  
 Apple Sauce

**BBQ Rib Sandwich**  
**Cheeseburger**  
 Baked Beans  
 Peas  
 Romaine & Tomato Salad  
 Mixed Fruit

**Confluence Deli Fish Sandwich w/ cheese**  
 Broccoli Slaw  
 Tomato & Romaine  
 Fresh Fruit

**Cheesy- Beef Baked Pasta**  
**Pizza**  
 Steamed Vegetable  
 Dinner Roll  
 Broccoli Salad  
 Peaches

**Beef or Fire Roasted Vegetable Soft Taco**  
**Cheeseburger**  
 Pinto Beans  
 Spanish Rice  
 Tossed Salad  
 Pears

**Beef or Fire Roasted Cheese Pizza**  
 Pinto Beans  
 Cilantro Lime Rice  
 Tossed Salad  
 Applesauce

**Cheeseburger Pizza**  
 Fresh Carrots  
 Dinner Roll  
 Tossed Salad  
 Peaches

**Confluence Deli Grilled Cheese**  
 Baby Carrots  
 Tomato & Romaine Salad  
 Fresh Fruit

**Cheesy Alfredo Baked Pasta**  
**Breaded Mozzarella Sticks w/ Sauce**  
 Steamed Broccoli  
 Dinner Roll  
 Broccoli Salad  
 Peaches

**Corn Dogs**  
**Spicy Chicken Nuggets**  
 Potato Wedges  
 Celery Sticks  
 WG Sugar Cookie  
 Tossed Salad  
 Applesauce

**Nacho Fries**  
**Cheeseburger Garden Burger**  
 Black Beans  
 Tossed Salad  
 Pears

**Chicken Fried Rice**  
**Cheeseburger**  
**Steamed Rice**  
 Ginger Carrots  
 Tossed Salad  
 Fruit Cocktail

**Confluence Deli Hot Ham & Cheese**  
 Baby Carrots  
 Tomato & Romaine Salad  
 Fresh Fruit

**Turkey & Pepper Jack Sandwich**  
**Chef's Choice**  
 Broccoli & Cheese  
 Sweet Potato Tots  
 Romaine & Tomato Salad  
 Mixed Fruit

**Corn Dog**  
**Chef's Choice**  
 Baked Beans  
 Tomato & Romaine Salad  
 Pears

**Spicy Nuggets**  
**Chef's Choice**  
 Carrot Sticks  
 Dinner Roll  
 Tossed Salad  
 Peaches

**Chicken Sandwich**  
**Chef's Choice**  
 Seasoned Beans  
 Tossed Salad  
 Mixed Fruit

**Cheeseburger**  
**Chef's Choice**  
 French Fries  
 Baby Carrots  
 Mixed Fruit

**Assorted Items served daily, smoothies, chef salads, deli sandwich, and assorted flavored milk**

**Assorted Garden fresh vegetables, special salads, served daily along with Fresh and Canned Fruits**

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