

Planned Menu Spreadsheet

Weighted Values

Sep 17, 2019 thru Sep 17, 2019

Menu Name: HIGH SCHOOL LINE 5 Burger
Site: 5 - WAXAHACHIE HIGH SCHOOL GRADES 9-12

Include Cost: No
Report Style: Detailed

Tuesday - 09/17/2019

Reimbursable Meal Total 251

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Protn (g)
990157 Bacon Cheeseburger	burger	96	158	293	11.49	11.18
000362 Steak on Bun	each	25	42	46	4.48	2.19
990135 Crispy Chicken Sandwich	Sandwich	60	86	173	9.16	6.22
000143 Spicy Chicken Sandwich	sandwich	70	98	231	11.63	6.05
000487 Potato, Fries Crinkle Cut 3/8"	serving (2.9oz)	243	125	160	19.49	1.39
001472 Leaf Lettuce	Serving	30	0	1	0.08	0.04
000678 Tomatoes	slices	65	1	0	0.20	0.05
000130 Sliced Onion	1/8 Cup	45	3	0	0.60	0.07
001177 Pickle Spear	1 spears	162	1	137	0.39	0.07
001477 Baked Beans	1/2 cup	24	13	35	2.87	0.48
001476 Banana	each	60	36	0	9.26	0.44
000064 Fresh Apple	apple	60	17	0	4.56	0.09
000526 Pears, fresh	each	60	23	0	6.04	0.14
001279 Ketchup Cup	cup	300	36	90	8.37	0.00
000321 Mustard Packet	1 pc	200	4	68	0.60	0.40

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000588 Chocolate Milk	each	300	131	120	22.71	9.56
000589 White Milk	each	100	40	50	4.78	3.19
Weighted Daily Average			816	1404	116.71	41.54
% of Calories					57.2%	20.4%
Weekly Nutrient Guideline			750 - 850	1420		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.