

Loudon County Schools Lunch Menu - January 2019



Grab n Go Bag with Doritos available daily



Menu may change due to school cancellation

			3 Chili, Grilled Cheese or Hot Dog Cole Slaw, French Fries Steamed Broccoli Assorted Fruit Milk	4 Cheese Pizza or Pepperoni Pizza Steamed Corn Salad, Fresh Baby Carrots Assorted Fruit, Milk Cookie
7	8	9	10	11
Hamburger or Spicy Chicken Sandwich Lettuce/Tomato, Pickle, Potato Smiles Fresh Veggie Bowl Assorted Fruit, Milk	Fish Shapes or Mini Corn Dogs Hush Puppies, Cole Slaw Breaded Okra, Pinto Beans Assorted Fruit, Milk Cookie	Sausage (2) or Egg Omelet White Biscuit, Biscuit Gravy Tater Tots, Salsa Cup Strawberries Milk	Chicken BBQ Sandwich or Hot Ham/Cheese Sandwich Mac & Cheese Steamed Broccoli Steamed Corn Assorted Fruit, Milk	Spaghetti, Meat Sauce or Chicken Sticks Garlic Bread Green Beans Salad, Fresh Baby Carrots Assorted Fruit, Milk
14	15	16	17	18
Beef Tacos Tostitos Scoops Refried Beans Lettuce/Tomato, Salsa Cup Cheddar Cheese, Sour Cream Fruit Slushie, Milk	Chicken Sandwich Lettuce/Tomato Fresh Veggie Bowl Fries Assorted Fruit Milk	Homemade Meatloaf or Chicken Nuggets Biscuit, Green Beans Mashed Potatoes, Gravy Assorted Fruit, Milk Cookie	Meatball Sub or Corn Dog Steamed Broccoli Roasted Potatoes Assorted Fruit Milk	Fiestada Pizza or Lasagna Steamed Corn Salad, Fresh Baby Carrots Assorted Fruit Milk
21	22	23	24	25
No School	Turkey Croissant or Ham Croissant Doritos, Baked Beans Sweet Potato Fries Cheese, Pickle Assorted Fruit, Milk	Chicken Tenders, Roll or Cheese Sticks, Marinara Green Beans Mashed Potatoes, Gravy Assorted Fruit Milk	Chili, Grilled Cheese or Hot Dog Cole Slaw, French Fries Steamed Broccoli Assorted Fruit Milk	Cheese Pizza or Pepperoni Pizza Steamed Corn Salad, Fresh Baby Carrots Assorted Fruit, Milk Cookie
28	29	30	31	1
Hamburger Lettuce/Tomato Pickle, Cheese Potato Smiles Fresh Veggie Bowl Assorted Fruit, Milk	Mini Corn Dogs Hush Puppies Cole Slaw, Breaded Okra Pinto Beans Assorted Fruit, Milk Cookie	Sausage (2) or Egg Omelet White Biscuit, Biscuit Gravy Tater Tots, Salsa Cup Strawberries Milk	Chicken BBQ Sandwich Hot Ham/Cheese Sandwich Mac & Cheese Steamed Broccoli Steamed Corn Assorted Fruit, Milk	Spaghetti, Meat Sauce or Chicken Sticks Garlic Bread Green Beans Salad, Fresh Baby Carrots Assorted Fruit, Milk