

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/02/2019																
MIDDLE SCHOOL	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/03/2019																
MIDDLE SCHOOL	Total	100														
BREADED BEEF FINGERS	4 EA	50	361	20	330	3.09	1.86	41.2	0	0.0	1	14.43	19.59	24.74	7.22	0.00
MACARONI AND CHEESE	2/3 CUP	20	282	*34	483	2.55	0.87	604.8	*482	*0.0	*3	20.62	20.68	13.12	7.26	*0.03
CHICKEN SANDWICH, BREADED	SANDWIC	30	390	28	820	5.00	3.24	140.0	*0	*0.0	2	22.0	42.0	15.5	3.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
MASHED POTATOES	1/2 CUP	50	84	*0	288	1.31	0.33	19.2	*14	25.81	*1	1.69	14.96	2.26	0.57	0.02
	+ 1 tsp															
PEARS WITH CHERRIES	1/2 CUP	100	68	0	5	2.16	0.02	2.7	2	1.19	14	0.01	18.09	0.01	0.00	0.00
GRAVY, MIX-FAT FREE-SHAW	2 OZ.	20	26	0	313	0.00	0.00	22.3	0	0.0	1	1.04	5.2	0.0	0.00	0.00
NEE																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			663	*30	865	10.14	3.15	480.5	*1285	*52.03	*43	27.88	93.82	21.42	6.54	*0.02
											*26.2%	16.8%	56.6%	29.1%	8.9%	*0.0%
Nutrient Guideline			600-700		1360											<10.00

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**Victoria I.S.D.**

**Sep 2, 2019 thru Sep 6, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 09/04/2019																
MIDDLE SCHOOL																
	Total	100														
SPAGHETTI AND MEAT SAUCE	1 CUP	40	326	*52	504	6.06	4.35	57.9	*253	*5.46	*3	22.66	36.61	10.09	3.53	*0.00
HAM / CHEESE CROISSANT	SANDWIC	30	324	51	1034	2.00	1.35	221.0	*0	*0.0	6	22.0	34.0	15.0	7.50	0.00
MOZZARELLA STICKS	5 STICK	30	400	30	370	3.00	1.80	350.0	*N/A*	*N/A*	3	19.0	32.0	22.0	8.00	0.00
PEAS, GREEN (FROZEN)	2/3 CUP	50	70	0	0	3.99	1.08	0.0	399	5.98	4	4.98	12.96	0.0	0.00	0.00
SALAD,TOSSED: no dressing	1 cup	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/4 CUP	30	35	0	280	2.00	1.08	0.0	400	3.6	4	2.0	7.0	0.0	0.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	25	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			630	*51	927	10.43	4.98	491.7	*4535	*37.96	*41	32.75	90.96	17.41	6.60	*0.00
% of Calories											*26.1%	20.8%	57.7%	24.8%	9.4%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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**Victoria I.S.D.**

**Sep 2, 2019 thru Sep 6, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 09/05/2019																
MIDDLE SCHOOL	Total	100														
FAJITAS, CHICKEN	FAJITA	30	240	75	557	0.92	1.04	15.0	*38	*8.68	1	17.87	21.57	9.36	3.16	0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	20	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TACOS-BEEF	2 TACO	50	499	*68	808	*4.29	3.89	305.9	*377	*3.98	*0	28.11	38.6	26.14	8.67	*0.00
REFRIED BEANS, FROM CANNED	1/2 CUP	30	115	0	273	5.23	2.01	23.2	245	2.54	*1	7.23	20.96	0.14	0.03	*0.00
MEXICAN PLATE SALAD	1 1/2 CUP	15	27	0	741	2.93	1.67	621.5	4986	17.62	*2	1.33	5.59	0.22	0.03	*0.00
PICO DE GALLO	1/4 CUP	50	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
WATERMELON, CHUNKS	1/2 CUP	50	24	0	1	0.32	0.19	5.6	455	6.48	5	0.49	6.04	0.12	0.01	0.00
SPANISH RICE	1/2 CUP	50	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			698	*61	1201	*9.90	5.21	553.7	*2367	*55.66	*32 *18.3%	34.69 19.9%	98.07 56.2%	20.19 26.0%	6.24 8.0%	*0.42 *0.5%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/06/2019																
MIDDLE SCHOOL	Total	100														
SUNBUTTER&JELLY W/ STRIN	SANDY +	20	437	20	531	7.54	*2.59	*142.8	*0	*0.0	12	21.2	41.2	22.17	6.77	0.00
G CHEE	1 STRIN															
HOT DOG ON A BUN	HOT DOG	60	230	335	860	2.00	1.44	80.0	0	2.4	5	11.0	26.0	10.5	3.00	0.00
Chef Salad, Chicken & Crackers	SALAD	20	501	61	1225	4.40	6.67	383.2	16907	41.77	*4	33.44	46.52	19.83	5.93	*0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
Cherry Tomato w/ Celery Stick	6 TOM +	50	20	0	15	1.42	0.30	15.0	904	14.35	3	0.98	4.32	0.22	0.03	0.00
	3 CEL															
FRUIT SALAD-FRESH	1/2 CUP	50	70	0	1	2.27	0.32	18.7	*85	*28.92	13	0.7	17.77	0.24	0.05	0.00
DORITOS - WG	BAG	50	130	0	183	2.00	0.37	36.7	*N/A*	*N/A*	0	2.0	20.0	5.0	0.67	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			665	223	1209	9.82	*4.24	*466.0	*4734	*52.39	*41	27.97	101.67	19.52	5.22	*0.00
% of Calories											*24.6%	16.8%	61.2%	26.4%	7.1%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Weighted Average			664	*92	1051	*10.07	*4.40	*498.0	*3230	*49.51	*39	30.82	96.13	19.63	6.15	*0.11
											*53.3%	18.6%	57.9%	26.6%	8.3%	*0.1%

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**Victoria I.S.D.**

**Sep 2, 2019 thru Sep 6, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	664		600 - 700		100%												
Cholesterol (mg)	92					Missing											
Sodium 1 (mg)	1051			1360													
Sodium 2 (mg)	1051			1035					16	Correction Required - Sodium too High							
Fiber (g)	10.07					Missing											
Iron (mg)	4.40					Missing											
Calcium (mg)	498.0					Missing											
Vitamin A (IU)	3230					Missing											
Sugars (g)	39	23.70%				Missing											
Vitamin C (mg)	49.51					Missing											
Protein (g)	30.82	18.57%															
Carbohydrate (g)	96.13	57.91%															
Total Fat (g)	19.63	26.61%															
Saturated Fat (g)	6.15	8.33%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.11	0.15%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/09/2019																
MIDDLE SCHOOL	Total	100														
SWEET & SOUR CHICKEN	12 POPPERS	30	323	*22	773	*2.16	*1.95	*43.2	*108	*0.0	16	15.13	34.34	14.05	*2.70	*0.00
CORN DOG	CORN DOG	30	250	40	390	5.00	1.80	80.0	*N/A*	*N/A*	5	9.0	30.0	9.0	2.50	0.00
Chicken Egg Roll	2 EGG ROLL	40	280	20	680	6.00	2.88	80.0	1000	18.0	6	20.0	40.0	6.0	0.00	0.00
Oriental Vegetable Blend	1/2 CUP	100	30	0	10	2.00	0.54	31.2	405	16.06	2	2.0	6.0	0.0	0.00	0.00
CORN: frozen, yellow	1/2 CUP	100	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
PEACHES, SLICED-CELEBRITY	1/2 CUP	100	90	0	10	1.00	0.00	7.0	*N/A*	*N/A*	21	0.0	22.0	0.0	0.00	0.00
SEASONED RICE, BROWN	1/2 CUP	30	208	*0	595	*2.33	0.87	5.2	*9	15.24	*1	5.36	39.9	3.2	0.38	0.02
SWEET & SOUR SAUCE - P.C.	1 OZ	40	29	*N/A*	158	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	6	0.0	7.5	0.0	*N/A*	*N/A*
CONDIMENT, KETCHUP PACK	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	15	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			761	*33	1104	*12.64	*4.38	*445.3	*1875	*50.72	*65	30.08	139.95	11.40	*2.04	*0.01
% of Calories											*34.1%	15.8%	73.6%	13.5%	*2.4%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/10/2019																
MIDDLE SCHOOL	Total	100														
CHICKEN NUGGETS	5 NUGGET	60	240	55	430	2.00	1.80	20.0	100	1.2	0	16.0	16.0	12.0	3.00	0.00
SLOPPY JOE ON A BUN	SANDWIC	20	363	55	779	*3.10	*3.64	*118.0	*196	*2.5	*13	23.03	39.19	11.88	4.07	*0.00
GRILLED CHEESE SANDWICH, 2 OZ	SANDWIC	20	315	*30	817	4.00	0.01	300.3	*0	*0.0	*6	18.04	25.0	19.55	9.00	0.08
OVEN FRIES	1/2 CUP	50	87	0	20	1.00	0.36	0.0	0	6.0	0	1.0	15.0	3.0	1.00	0.00
PEAS, GREEN (FROZEN)	2/3 CUP	100	70	0	0	3.99	1.08	0.0	399	5.98	4	4.98	12.96	0.0	0.00	0.00
APRICOTS	1/2 CUP	100	61	0	2	2.00	0.00	0.0	1750	1.19	11	0.99	14.99	0.0	0.00	0.00
Cookie, Chocolate Chip-Country	COOKIE	50	104	10	94	1.92	0.54	10.0	50	0.0	9	1.69	18.5	3.15	1.13	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			689	*60	807	*12.45	*3.95	*365.7	*3017	*30.87	*50	32.58	106.25	17.14	5.76	*0.02
% of Calories											*28.9%	18.9%	61.7%	22.4%	7.5%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Wed - 09/11/2019																
MIDDLE SCHOOL	Total	100														
VEGETABLE LASAGNA	4x5"	30	443	*82	713	4.18	*2.64	*134.6	*5046	*31.7	*12	28.88	48.36	15.41	6.79	*0.02
CHEESE PIZZA MINIS, WG	4 PIECES	20	420	30	670	6.00	2.21	427.0	482	1.86	3	20.0	41.0	20.0	9.00	0.00
BUFFALO CHICKEN PIZZA	1 EACH	50	290	25	590	3.00	3.60	250.0	500	9.0	3	20.0	31.0	9.0	5.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	30	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CARROTS:frozen, boiled	1/2 CUP	30	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
SPINACH SALAD	1 CUP	30	157	0	148	2.99	2.26	85.1	6814	56.03	*11	2.61	16.51	9.43	1.34	*0.00
JUICE-VARIETY	6 OZ	100	100	*0	21	*0.00	0.21	8.0	*0	43.88	*N/A*	*0.41	24.57	*0.0	*0.00	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			706	*48	865	*8.79	*4.82	*566.1	*8604	*106.12	*37 *20.9%	*32.29 *18.3%	109.12 61.9%	*16.71 *21.3%	*7.05 *9.0%	*0.00 *0.0%
Nutrient Guideline			600-700		1360										<10.00	

Thu - 09/12/2019																
MIDDLE SCHOOL	Total	100														
TOSTADA, BEAN & BEEF	2 EACH	30	424	*54	1084	*7.74	4.24	275.3	*327	*2.34	*0	26.81	39.24	18.02	6.39	*0.00
TAMALES + REFRIED	2 TAM + 1/4 CUP	30	50	*0	260	2.84	1.03	21.2	*N/A*	*N/A*	0	3.19	8.17	0.53	0.09	0.00
TACO SALAD, BEEF	SALAD	30	345	*68	663	*3.08	3.69	314.7	*8481	*13.32	*2	*25.78	17.28	19.18	7.33	*0.00
PINTO BEANS: FROM DRY	1/2 CUP	30	73	0	314	3.29	1.10	26.8	78	1.43	*1	4.51	13.18	0.3	0.06	*0.00
MEXICAN PLATE SALAD	SALAD	30	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PICO DE GALLO	1/4 CUP	30	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
PINEAPPLE TIDBITS- CELEBRITY	1/2 CUP	100	70	0	0	1.00	0.36	10.0	*N/A*	*N/A*	16	0.0	18.0	0.0	0.00	*N/A*
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	15	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			579	*42	1120	*9.86	4.72	595.7	*4559	*42.74	*45 *31.0%	*27.13 *18.7%	89.96 62.1%	13.59 21.1%	4.72 7.3%	*0.25 *0.4%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/13/2019																
MIDDLE SCHOOL	Total	100														
CHEESEBURGER POCKET	POCKET	30	346	60	769	1.12	3.36	107.9	*58	*0.24	*0	23.96	28.29	14.28	5.72	*0.01
MEATLOAF	3/4" SLICE	30	188	65	122	1.04	2.07	46.8	123	1.1	*2	17.66	7.58	9.22	3.37	*0.00
CHEF SALAD-HAM W/ CROUTONS	SALAD	30	307	*31	728	4.45	2.86	353.0	*16797	40.39	*4	19.31	28.04	14.31	4.39	*0.01
SALAD,TOSSED: no dressing	1 CUP D G + 3/8	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
WHOLE WHEAT ROLL	ROLL	50	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	15	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	15	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			632	*53	1012	9.20	5.51	486.9	*10613	*38.21	*36 *23.0%	31.16 19.7%	94.14 59.6%	16.14 23.0%	4.96 7.1%	*0.01 *0.0%
Nutrient Guideline			600-700		1360										<10.00	

Weighted Average			673	*47	982	*10.59	*4.68	*491.9	*5734	*53.73	*47 *62.2%	*30.65 *18.2%	107.88 64.1%	*15.00 *20.0%	*4.91 *6.6%	*0.06 *0.1%
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**Victoria I.S.D.**

**Sep 9, 2019 thru Sep 13, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL

Portion Values - Detailed

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Generated on: 8/22/2019 2:21:03 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	673		600 - 700		100%												
Cholesterol (mg)	47					Missing											
Sodium 1 (mg)	982			1360													
Sodium 2 (mg)	982			1035													
Fiber (g)	10.59					Missing											
Iron (mg)	4.68					Missing											
Calcium (mg)	491.9					Missing											
Vitamin A (IU)	5734					Missing											
Sugars (g)	47	27.65%				Missing											
Vitamin C (mg)	53.73					Missing											
Protein (g)	30.65	18.21%				Missing											
Carbohydrate (g)	107.88	64.09%															
Total Fat (g)	15.00	20.04%				Missing											
Saturated Fat (g)	4.91	6.56%		<10.00%		Missing											
Trans Fat <sup>1</sup> (g)	0.06	0.08%				Missing											

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**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Sep 16, 2019 thru Sep 20, 2019**

MIDDLE SCHOOL

Generated on: 8/22/2019 2:21:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/16/2019																
MIDDLE SCHOOL	Total	100														
CHICKEN FRIED STEAK PATTY	PATTY	30	300	35	320	2.00	2.70	40.0	0	0.0	1	15.0	19.0	18.0	4.50	0.00
CHICKEN NUGGETS	5 NUGGET	30	240	55	430	2.00	1.80	20.0	100	1.2	0	16.0	16.0	12.0	3.00	0.00
TURKEY WRAP	WRAP	30	405	60	1110	1.63	2.54	265.7	2913	5.4	*4	26.19	20.79	20.07	4.82	*0.00
MASHED POTATOES	1/2 CUP	30	84	*0	288	1.31	0.33	19.2	*14	25.81	*1	1.69	14.96	2.26	0.57	0.02
	+ 1 tsp															
GREEN BEANS, FROM FROZEN	1/2 CUP	50	19	0	6	2.00	0.59	33.0	376	2.8	*N/A*	1.01	4.35	0.11	0.03	0.00
ORANGES SMILES	1/2 CUP	100	54	0	0	2.69	0.11	45.0	255	60.34	*N/A*	1.07	13.32	0.14	0.02	0.00
GRAVY, MIX-FAT FREE-SHAW NEE	2 OZ.	30	26	0	313	0.00	0.00	22.3	0	0.0	1	1.04	5.2	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	1 EACH	20	10	0	100	0.00	0.00	0.0	100	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			562	*50	902	8.16	3.23	436.7	*2085	90.95	*28 *20.2%	26.99 19.2%	77.10 54.9%	16.47 26.4%	4.19 6.7%	*0.01 *0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/17/2019																
MIDDLE SCHOOL	Total	100														
HAMBURGER	BURGER	30	280	45	510	4.00	3.24	120.0	0	0.0	3	17.0	28.99	10.5	3.49	0.00
BEANS & FRANKS	3/4 CUP	30	247	35	802	4.81	1.42	82.8	0	2.87	*11	13.66	28.66	9.94	3.00	*0.00
CHICKEN SANDWICH, BREADED	SANDWIC	30	390	28	820	5.00	3.24	140.0	*0	*0.0	2	22.0	42.0	15.5	3.00	0.00
BURGER SALAD	SALAD	20	12	0	181	0.97	0.43	27.4	2897	7.17	1	0.81	2.5	0.17	0.03	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
CANDIED APPLES	1/2 CUP	50	84	0	9	3.58	0.18	9.0	80	6.85	17	0.52	22.12	0.25	0.04	*0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			637	37	1083	11.81	4.37	413.9	*2893	*28.21	*46	26.87	106.27	14.17	3.46	*0.00
% of Calories											*28.7%	16.9%	66.7%	20.0%	4.9%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 09/18/2019																
MIDDLE SCHOOL	Total	100														
PIZZA POCKET	POCKET	30	379	68	1026	1.52	*3.55	*24.9	*83	*0.98	*1	26.07	28.69	16.91	7.80	*0.00
MOZZARELLA STICKS	5 STICK	40	400	30	370	3.00	1.80	350.0	*N/A*	*N/A*	3	19.0	32.0	22.0	8.00	0.00
BAKED POTATO EXTRA CHEESE	POTATO	30	442	*51	513	4.44	2.27	563.4	*567	19.39	*3	21.44	44.81	19.52	10.99	*0.05
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
SALAD, TOSSED: no dressing	1 CUP D G + 3/8	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
APPLESAUCE, ROSY	1/2 CUP	50	52	0	5	1.12	0.03	3.1	1	0.01	11	0.06	14.31	0.0	0.00	*0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/4 CUP	40	35	0	280	2.00	1.08	0.0	400	3.6	4	2.0	7.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			760	*54	1051	11.94	*5.27	*638.6	*5015	*53.15	*39	36.12	108.98	22.92	9.67	*0.02
% of Calories											*20.7%	19.0%	57.4%	27.2%	11.5%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 09/19/2019																
MIDDLE SCHOOL	Total	100														
ENCHILADAS & SAUCE-ELEMENTARY	1 ENCHILADA	60	398	*62	643	*2.55	3.16	211.0	*834	*0.95	*2	24.54	27.48	20.06	7.26	*1.44
BEAN & CHEESE BURRITO/KID SMART	1 EACH	10	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TAMALES + REFRIED	2 TAM + 1/4 CUP	30	50	*0	260	2.84	1.03	21.2	*N/A*	*N/A*	0	3.19	8.17	0.53	0.09	0.00
REFRIED BEANS, FROM CANNED	1/2 CUP	20	115	0	273	5.23	2.01	23.2	245	2.54	*1	7.23	20.96	0.14	0.03	*0.00
MEXICAN PLATE SALAD	SALAD	10	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PICO DE GALLO	1/4 c	50	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
PEACHES, SLICED-CELEBRITY	1/2 CUP	50	90	0	10	1.00	0.00	7.0	*N/A*	*N/A*	21	0.0	22.0	0.0	0.00	0.00
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			590	*42	909	*8.26	4.16	464.1	*1931	*45.64	*40 *27.2%	27.63 18.7%	87.06 59.0%	14.95 22.8%	5.05 7.7%	*1.12 *1.7%
Nutrient Guideline			600-700		1360											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/20/2019																
MIDDLE SCHOOL	Total	100														
Ham & Cheese Breakfast Frittata	3.1 OZ	30	136	198	210	0.47	1.11	161.1	364	4.39	*0	11.52	4.83	7.73	3.39	*0.00
Spicy Chicken Tenders	3 TENDER	30	260	25	390	3.00	*N/A*	*N/A*	100	*N/A*	1	15.0	17.0	15.0	2.50	0.00
Chef Salad, Chicken & Crackers	SALAD	30	501	61	1225	4.40	6.67	383.2	16907	41.77	*4	33.44	46.52	19.83	5.93	*0.00
CUCUMBER SALAD	1/2 CUP	30	81	0	259	0.52	0.31	18.6	108	2.87	18	0.67	19.87	0.11	0.04	*0.00
Cherry Tomato w/ Celery Stick	6 TOM + 3 CEL	50	20	0	15	1.42	0.30	15.0	904	14.35	3	0.98	4.32	0.22	0.03	0.00
FRUIT SALAD-FRESH	1/2 CUP	50	70	0	1	2.27	0.32	18.7	*85	*28.92	13	0.7	17.77	0.24	0.05	0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	30	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			606	92	1046	8.55	*4.17	*474.1	*6497	*56.35	*43	29.34	90.45	16.37	4.45	*0.00
% of Calories											*28.5%	19.4%	59.7%	24.3%	6.6%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	
Weighted Average			631	*55	998	*9.75	*4.24	*485.5	*3684	*54.86	*39	29.39	93.97	16.97	5.37	*0.23
											*56.1%	18.6%	59.6%	24.2%	7.7%	*0.3%

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**Victoria I.S.D.**

**Sep 16, 2019 thru Sep 20, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL

Portion Values - Detailed

Page 6

Generated on: 8/22/2019 2:21:34 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	631		600 - 700		100%												
Cholesterol (mg)	55					Missing											
Sodium 1 (mg)	998			1360													
Sodium 2 (mg)	998			1035													
Fiber (g)	9.75					Missing											
Iron (mg)	4.24					Missing											
Calcium (mg)	485.5					Missing											
Vitamin A (IU)	3684					Missing											
Sugars (g)	39	24.95%				Missing											
Vitamin C (mg)	54.86					Missing											
Protein (g)	29.39	18.63%															
Carbohydrate (g)	93.97	59.57%															
Total Fat (g)	16.97	24.21%															
Saturated Fat (g)	5.37	7.65%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.23	0.32%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/23/2019																
MIDDLE SCHOOL	Total	100														
Orange Chicken	3.9 OZ	50	190	45	380	2.00	1.44	0.0	0	0.0	13	14.0	25.0	4.0	1.00	0.00
HOT DOG ON A BUN	HOT DOG	20	230	335	860	2.00	1.44	80.0	0	2.4	5	11.0	26.0	10.5	3.00	0.00
Chicken Egg Roll	2 EGG R	30	280	20	680	6.00	2.88	80.0	1000	18.0	6	20.0	40.0	6.0	0.00	0.00
	OLL															
Oriental Vegetable Blend	1/2 CUP	50	30	0	10	2.00	0.54	31.2	405	16.06	2	2.0	6.0	0.0	0.00	0.00
CORN COBBETTE	EAR	50	85	0	10	1.00	0.00	0.0	0	3.6	4	3.0	18.0	1.0	0.00	*N/A*
PINEAPPLE TIDBITS- CELEBRITY	1/2 CUP	50	70	0	0	1.00	0.36	10.0	*N/A*	*N/A*	16	0.0	18.0	0.0	0.00	*N/A*
SEASONED RICE, BROWN	1/2 CUP	20	208	*0	595	*2.33	0.87	5.2	*9	15.24	*1	5.36	39.9	3.2	0.38	0.02
SWEET & SOUR SAUCE - P.C.	1 OZ	30	29	*N/A*	158	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	6	0.0	7.5	0.0	*N/A*	*N/A*
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
BUTTER: individual	PORTION	20	20	0	30	0.00	0.00	0.0	200	0.0	0	0.0	0.0	2.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			556	*101	943	*8.05	*3.32	*334.7	*1318	*38.24	*49	26.22	100.35	8.02	*1.46	*0.00
% of Calories											*34.9%	18.9%	72.2%	13.0%	*2.4%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/24/2019																
MIDDLE SCHOOL	Total	100														
CORN CHIP PIE	1/2 CUP	30	384	69	1158	3.10	3.13	171.9	*768	0.4	*1	25.57	26.24	19.51	6.66	*0.00
BBQ SANDWICH (SADLERS)	SANDWIC	20	380	35	1100	5.00	3.60	140.0	200	1.2	16	21.0	47.0	12.5	5.00	0.00
GRILLED CHICKEN SANDWICH	SANDWIC	50	280	45	710	3.00	2.88	120.0	100	1.2	2	20.0	26.0	10.5	3.00	0.00
KIDNEY BEANS: canned,drained	1/2 CUP	20	104	0	140	6.99	1.08	40.0	0	0.0	2	6.99	19.0	0.0	0.00	0.00
CARROT STICKS	1/2 CUP	25	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
STRAWBERRY/BANANA	1/2 CUP	50	108	0	2	3.31	0.49	13.8	*59	*32.64	17	1.22	27.53	0.41	0.10	*0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
CONDIMENT, KETCHUP PACK	2 EACH	10	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	10	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			607	56	1177	9.30	4.33	432.1	*3645	*37.69	*41	31.58	88.26	15.65	5.02	*0.00
% of Calories											*26.9%	20.8%	58.2%	23.2%	7.4%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 09/25/2019																
MIDDLE SCHOOL	Total	100														
PEPPERONI PIZZA, MAX PRE MIUM	SLICE	20	271	20	752	6.01	2.61	140.3	*N/A*	*N/A*	4	16.03	33.07	8.02	2.51	0.00
CHICKEN SPAGHETTI	1 CUP	30	324	*50	1000	5.65	1.89	244.8	*262	*9.66	*5	22.58	38.29	8.92	3.11	*0.00
MEATBALL SUB	SUB	40	488	65	728	4.64	*3.10	*53.6	*304	*5.28	7	30.11	31.51	29.19	14.18	0.00
ZUCCHINI COINS	1/2 CUP	30	10	0	5	0.57	0.21	9.0	113	10.11	1	0.68	1.76	0.18	0.05	0.00
BROCCOLI: frozen, boiled	1/2 CUP	30	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
SPINACH SALAD	SALAD	15	157	0	148	2.99	2.26	85.1	6814	56.03	*11	2.61	16.51	9.43	1.34	*0.00
APRICOTS	1/2 CUP	30	61	0	2	2.00	0.00	0.0	1750	1.19	11	0.99	14.99	0.0	0.00	0.00
Rice Krispies Treat	BAR	50	160	0	140	0.00	1.80	0.0	0	0.0	11	2.0	30.01	4.0	1.00	0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			671	*51	1027	9.19	*4.41	*416.1	*2778	*47.39	*43	32.33	93.05	21.27	8.29	*0.00
% of Calories											*25.7%	19.3%	55.4%	28.5%	11.1%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 09/26/2019																
MIDDLE SCHOOL	Total	100														
BEAN & CHEESE BURRITO/KID SMART	1 EACH	20	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TACO SALAD, BEEF	SALAD	30	345	*68	663	*3.08	3.69	314.7	*8481	*13.32	*2	*25.78	17.28	19.18	7.33	*0.00
NACHOS WITH GROUND BEEF	1/3 CUP + 1 OZ	50	329	44	398	1.17	2.12	315.6	479	0.39	*1	*17.43	18.97	20.1	6.75	*0.40
PINTO BEANS: FROM DRY	1/2 CUP	30	73	0	314	3.29	1.10	26.8	78	1.43	*1	4.51	13.18	0.3	0.06	*0.00
PICO DE GALLO	1/4 CUP	30	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
MEXICAN PLATE SALAD	SALAD	15	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PEARS WITH CHERRIES	1/2 CUP	50	68	0	5	2.16	0.02	2.7	2	1.19	14	0.01	18.09	0.01	0.00	0.00
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	15	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			617	*48	926	*8.65	4.41	613.7	*4303	*41.78	*36 *23.6%	*29.72 *19.3%	84.31 54.7%	19.05 27.8%	6.35 9.3%	*0.45 *0.7%
Nutrient Guideline			600-700		1360										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/27/2019																
MIDDLE SCHOOL	Total	100														
CHEESEBURGER ON A BUN	BURGER	40	320	52	650	4.00	3.24	195.0	*0	*0.0	3	20.5	29.99	13.5	5.24	0.00
FISH TACO	2 TACO	30	370	30	540	3.00	1.44	20.0	*0	*0.0	*0	12.0	44.0	15.0	2.50	0.00
CHEF SALAD-HAM W/ CROUTONS	SALAD	30	307	*31	728	4.45	2.86	353.0	*16797	40.39	*4	19.31	28.04	14.31	4.39	*0.01
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
COLESLAW	1/2 CUP	50	43	0	31	0.91	0.19	15.0	98	12.94	*1	0.51	2.84	3.4	0.49	*0.00
BURGER SALAD	SALAD	10	12	0	181	0.97	0.43	27.4	2897	7.17	1	0.81	2.5	0.17	0.03	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			650	*45	1011	8.77	4.09	496.7	*7655	*47.82	*40	25.98	94.34	19.47	4.88	*0.00
% of Calories											*24.9%	16.0%	58.0%	26.9%	6.8%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	
Weighted Average			620	*60	1017	*8.79	*4.11	*458.7	*3940	*42.58	*42	*29.17	92.06	16.69	*5.20	*0.09
											*60.7%	*18.8%	59.4%	24.2%	*7.5%	*0.1%

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**Victoria I.S.D.**

**Sep 23, 2019 thru Sep 27, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	620		600 - 700		100%												
Cholesterol (mg)	60					Missing											
Sodium 1 (mg)	1017			1360													
Sodium 2 (mg)	1017			1035													
Fiber (g)	8.79					Missing											
Iron (mg)	4.11					Missing											
Calcium (mg)	458.7					Missing											
Vitamin A (IU)	3940					Missing											
Sugars (g)	42	26.99%				Missing											
Vitamin C (mg)	42.58					Missing											
Protein (g)	29.17	18.81%				Missing											
Carbohydrate (g)	92.06	59.36%															
Total Fat (g)	16.69	24.22%															
Saturated Fat (g)	5.20	7.54%		<10.00%		Missing											
Trans Fat <sup>1</sup> (g)	0.09	0.13%				Missing											

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