



ABC Unified School District

16700 Norwalk Boulevard, Cerritos, CA 90703 (562) 926-5566

Dear Parent or Guardian:

As a child progresses through elementary school, they will experience physical and emotional growth. Your child will need to understand the maturity process, as well as decision making and coping skills, in order to deal responsibly with the various pressures they will encounter. In compliance with the Health Framework for California Public Schools, and the California Education Codes, the ABC Unified School District Board of Education has approved Sexual Education & HIV Prevention Education lessons. These lessons cover the topics of puberty, the male and female reproductive system, child sexual abuse, AIDS, and human reproduction. Outlined below are the educational videos that have been approved to support these lessons:

Lesson I	<u>The New Me: About Girls</u>
Lesson II	<u>The New Me: About Boys</u>
Lesson III	<u>You, Your Body & Puberty</u>
Lesson IV	<u>Break the Silence</u>
Lesson V	<u>HIV and AIDS: Staying Safe</u>
Lesson VI	<u>Your Body: Reproductive Systems</u>

All materials presented are age appropriate and taught by your child's teacher. If you wish to view any of the instructional videos, please contact your child's school. Additionally, parents will be notified of any sex education assemblies or guest presenter, which will remain under the supervision of your child's teacher. The decision to participate in these lessons is strictly voluntary. An alternative educational activity shall be made available to pupils whose parents/guardians have requested that they not receive these lessons.

Sincerely,

Principal

Please complete the form below and return it to your child's teacher.

Permission to participate in the Sexual Education & HIV Prevention Education Lessons

Check one: Yes, I want my child to participate in these lessons.

No, I do not want my child to participate in these lessons.

(Child's Name)

(Parent/Guardian Signature)

(Date)

(Teacher's Name)

(Room Number)