



February 2019

Middle School Breakfast

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | <h3>Special News...</h3> <p>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov</p> <p>This institution is an equal opportunity provider.</p> <p>Menus are subject to change without notice.</p> |
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| | | | | 1 Breakfast Pizza Apple Cinnamon Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice | |
| 4 Cheesy Omelet w/ Toast Strawberry Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice | 5 Pancake on a Stick Strawberry/Banana Yogurt w/String Cheese Fresh Orange Strawberry Craisins 100% Fruit Blend Juice | 6 Cinnamon Raisin Bagel Lucky Charms Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice | 7 Cheesy Scr. Eggs w/ Toast Strawberry/Pineapple Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice | 8 Mini Pancakes Banana Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice | |
| 11 Chicken Biscuit Oatmeal Benefit Bar Fresh Apple Diced Pears 100% Grape Juice | 12 French Toast Sticks Straw/Banana Yogurt w/ Honey Graham Crackers Fresh Orange Strawberry Craisins 100% Fruit Blend Juice | 13 Choc Chip Breakfast Round Trix Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice | 14 Breakfast Melt Vanilla/Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice | 15 Biscuit w/ Gravy Apple Cinnamon Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice | |
| 18 Breakfast Pizza Cinnamon Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice | 19 Pancake on a stick Strawberry/Banana Yogurt w/Graham Cracker Fresh Orange Strawberry Craisins 100% Fruit Blend Juice | 20 Cinnamon Breakfast Round Lucky Charms Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice | 21 Mini Waffles Vanilla/Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice | 22 Cheese Omelet Banana Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice | |
| 25 Breakfast Melt Strawberry Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice | 26 Mini Cinnamon Roll Strawberry/Banana Yogurt w/Graham Cracker Fresh Orange Strawberry Craisins 100% Fruit Blend Juice | 27 Breakfast Pizza Cinnamon Toast Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice | 28 Mini Pancakes Strawberry/Pineapple Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice | Daily's: Variety of Milk | |

MIDDLE SCHOOL BREAKFAST MENU

Special News...

Don't forget to apply for the Free or Reduced Program...applications are available in the campus office.

