

## Early Release Meeting Minutes

12-13-18

### Premiere Safety Group Presentation

- Why do I need this training?
  - You can bleed to death in 3 minutes
  - On average, it take medics an hour to get in
  - Motor vehicle crashes- most victims die from blood loss trauma

### Scene is clear

- A- Alert 911
- B- Bleeding- where is it coming from? Look for “life threatening” bleeding
  - Arteries spray
- C- Compression: Direct pressure
  - Covering- 2 hands with the victim on a flat surface
  - Tourniquet- don’t ever loosen a tourniquet
  - Pressure- hand inside the wound for direct pressure

### Order your own kit

- Premieresafetygroup.com
  - Discount coupon code: centerline

### Nathan shared writing across the curriculum

- Mystery Doug poses a question the students then answer in RACE form
  - Students use sticky notes to take notes for evidence they can cite in their piece.
    - Using the term of text vs. passage- text has taken on a new meaning

### Adverse Trauma Experience

- Conscious Discipline widens the window of tolerance for those who have experienced trauma
- How do we build relationships with relationship reluctant/resistant children?
  - I Love You Rituals- Found under Shubert School on the Conscious Discipline website