

CARTERET

HIGH

SCHOOL



## FALL SPORTS CANDIDATES

*Students must give a copy of the acceptable state **Pre-Participation History Form/Physical Examination Form or Health History Update Form, the Emergency Medical Information Form, the Opioid Sign Off Sheet AND the Athletic Agreement** to Mrs. Cunha (in Room 29) or your coach\* (see below) to be medically and academically cleared for sports no later than Friday, June 8.*

*Forms are available online at [www.carteretschools.org](http://www.carteretschools.org) under Departments/Athletics, from your coach or Mrs. Cunha.*

*You must go to your family physician (your medical home) for your sports physical. If you do not have one the school physician (The Medi Center) can complete the physical at the student's OWN EXPENSE. THERE WILL BE NO REDUCED RATES OR FREE PHYSICALS.*

**QUESTIONS???** *See Mrs. Cunha-Room 29 or your coach. Coaches can be reached via their email.*

*Cheering-Coach Kapinos ([kkapinos@carteretschools.org](mailto:kkapinos@carteretschools.org))*

*Coach Toto ([ltoto@carteretschools.org](mailto:ltoto@carteretschools.org))*

*Football-Coach Yascko ([myascko@carteretschools.org](mailto:myascko@carteretschools.org))*

*Frosh Football-Coach Martinez ([rmartinez@carteretschools.org](mailto:rmartinez@carteretschools.org))*

*Boys Soccer-Coach Cortina ([ncortina@carteretschools.org](mailto:ncortina@carteretschools.org))*

*Girls Soccer-Coach Rossi ([trossi@carteretschools.org](mailto:trossi@carteretschools.org))*

*Tennis-Coach Connolly ([sconnolly@carteretschools.org](mailto:sconnolly@carteretschools.org))*

*Please pay attention to announcements and flyers detailing when the Sign-up Meeting for your sport will be taking place.*