



# *Avalon Eagles*

Dear Students:

The following athletic rules will be in effect for the 2018-2019 school year. We are here to see that each athlete develops basic skills, maintains a positive attitude, and practices good sportsmanship while participating in the Avalon Eagle Athletic Program. Our goal is to have responsible, committed, and well-disciplined athletes. If you have any questions concerning this policy, contact your coach. Please read over these rules with your son/daughter, sign the last page, and return it to the athlete's coach.

## **ATHLETIC RULES FOR 2018-2019**

### **I. DRESS AND GROOMING**

- A. Be dressed and ready to begin practice at the scheduled practice time. Shorts will be worn for workout each day unless it is very cold - then sweats will be allowed.
- B. All athletes will follow the Avalon ISD dress code both at school functions and all athletic events, including out of town games.
- C. Long hair must be tied back for practices and games. No hard clips will be worn. No jewelry will be worn for practice or games.
- D. Fingernails must be cut to a reasonable length for participation and safety of other athletes.
- E. All tattoos or body piercings must be covered.

### **II. BEHAVIOR**

- A. All athletes are expected to conduct themselves in an orderly fashion on and away from campus while representing Avalon I SD. Do not do anything which embarrasses your team, your school, your family, or yourself.
- B. Athletes must be respectful toward all school faculty and staff of Avalon ISD as well as to each other.
- C. The use of profanity or an obscene gesture will not be tolerated.
- D. Stealing will not be tolerated. Charges may be filed. Stealing may result in dismissal from the athletic program.
- E. Athletes will take care of school equipment, vehicles, locker rooms, etc.
- F. Athletes are expected to be model students in the classroom and on campus. Additional discipline may be applied to any athlete who disgraces his/her team by disruptive or unacceptable behavior in school.

# ACKNOWLEDGEMENT OF AVALON ISD ATHLETIC RULES

I have read the Avalon Athletic Rules and understand that my child must abide by the rules and consequences in order to participate in the athletic program at Avalon ISD.

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I have read and understand the Avalon Athletic Rules. I agree to comply to all rules and all consequences should I break a rule. I am responsible for knowing and remembering these rules throughout the school year.

Student's Signature: \_\_\_\_\_

Date: \_\_\_\_\_