

SEPTEMBER Menu 2019  
Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>  	<b>3</b> Chicken Hot Dog with Cheese-Itz Cheese Tamale* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>4</b> Cookie Day Chicken Nuggets with Potato Wedges Bean and Cheese Burrito* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>5</b> Chicken Twin Sliders Mac & Cheese with a Roll* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>6</b> Pepperoni Pizza Cheese Pizza* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.
<b>9</b> Beef Taco Stix Bread Stix with Marinara Cup* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>10</b> Mini Corn Dogs and Tots Cheese Quesadilla* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>11</b> Chicken Taco Trio Cheese Lasagna w/roll* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>12</b> Orange Chicken & Rice/Veg Cheesy French Bread* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>13</b> Pasta w/ Meatballs w/roll Grilled Cheese* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.
<b>16</b> Cookie Day Popcorn Chicken Stuffed Shells w/Marinara* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>17</b> Hot Dog & Cheezit Cheese Quesadilla* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>18</b> Chicken Drumstick & Roll Cheesy Nachos* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>19</b> Teriyaki Chicken w/Rice & Veg Cheese Pinwheels* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>20</b> Chicken Taco Trio Cheese Enchilada* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.
<b>23</b> Twin Burgers Cheese Chalupa* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>24</b> Chicken Hot Dog with Cheese-Itz Cheese Tamale* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>25</b> Chicken Tenders/ Potatoes Bean and Cheese Burrito* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>26</b> Chicken Twin Sliders Mac & Cheese w/Roll* Apple and Cheese/ Crackers * Yogurt and Sunrise Grahams* Assorted Milk 8 oz.	<b>27</b> Pepperoni Pizza Cheese Pizza* Hummus Lunchable* Yogurt and Sunrise Grahams* Assorted Milk 8 oz.
<b>30</b> Beef Taco Stix Bread Stix & Marinara Cup* Hummus Lunchable* Yogurt and Granola* Assorted Milk 8 oz.				

Ala-carte items for sale: Water \$0.50

**BREAKFAST- \$2.00**

*Enjoy a Healthy Salad Bar Every Day*

**LUNCH- \$3.75**



**Want to keep your self busy and earn extra cash.**  
 Child Nutrition is looking for people that would like to work as substitutes  
 If you are interested please call 925.426.4417.  
 Starting Salary \$14.84



**Students Must Take A Minimum of 1/2 cup fruit and/or vegetable**

Milk = 1% or Non-fat White, Non-fat Chocolate, & Non-fat Strawberry

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 9 & 23 Dutch Waffle* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 10 & 24 WG Cinnamon Crumble Coffee Cake* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 11 & 25 Apple Frudel* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 12 & 26 Muffin* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 13 & 27 WG Cinnamon Roll* Fruit and Juice Cold Cereal & Milk & Graham Cracker
September 16 & 30 Pancake on a stick Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 3 & 17 Yogurt And Crackers* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 4 & 18 French Toast* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 5 & 19 Pancakes* Fruit and Juice Cold Cereal & Milk & Graham Cracker	September 6 & 20 Bagel & Cream Cheese* Fruit and Juice Cold Cereal & Milk & Graham Cracker

**VEGETARIAN ITEMS\***

**MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.  
 Please keep meal accounts current. CNS accepts cash, checks, or online payments which can be made at MySchoolBucks.com. CNS is an equal opportunity employer. For more info please call us at 925-426-4417.

For meal accomodation requests due to diagnosed allergies, please complete the form on our website and email kperusse@pleasatonusd.net