

Meal Pricing

Breakfast.....	\$1.35
Elementary Lunch.....	\$2.75
Reduced Breakfast.....	\$0.30
Reduced Lunch.....	\$0.40
Staff Breakfast.....	\$1.55
Staff Lunch.....	\$3.75
Adult Breakfast.....	\$1.55
Adult Lunch.....	\$3.75

2019-2020 Weatherford ISD Elementary School Menu

Meal Calendar

Week One
Meal Plan

Week Two
Meal Plan

Breakfast Menu

MONDAY

- French Toast Sticks
- Cereal & Toast
- Fruit
- Juice
- Milk

TUESDAY

- Breakfast Burrito
- Cereal & Toast
- Fruit
- Juice
- Milk

WEDNESDAY

- Breakfast on a Stick
- Cereal & Toast
- Fruit
- Juice
- Milk

THURSDAY

- Sausage Biscuit
- Cereal & Toast
- Fruit
- Juice
- Milk

FRIDAY

- Pancakes
- Cereal & Toast
- Fruit
- Juice
- Milk

Other Breakfast Information:
Fruit Offered Daily

Lunch Menu

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MONDAY

- Chicken & Waffles
- Grilled Ham & Cheese Sandwich
- Baby Carrots
- California Blend
- Fruit
- Milk

TUESDAY

- Chicken Nuggets
- Cheese Pizza
- Side Salad
- Mashed Potato
- Gravy
- Mandarin Oranges
- Roll
- Milk

WEDNESDAY

- Chicken Patty Melt
- Ham Chef Salad
- Pinto Beans
- Corn
- Apple Slices
- Milk

THURSDAY

- Cheeseburger
- Pepperoni Pizza
- Green Beans
- Marinara Sauce
- Orange Juice
- Milk

FRIDAY

- Salisbury Steak
- Fish
- Tri-Taters
- Steamed Carrots
- Applesauce
- Roll
- Milk

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MONDAY

- Chicken Fried Steak
- Chicken Tenders
- Broccoli
- Mashed Potato
- Gravy
- Fruit
- Roll
- Milk

TUESDAY

- Hot Italian Melt
- Cheese Pizza
- Green Beans
- Marinara Sauce
- Side Salad
- Mandarin Oranges
- Milk

WEDNESDAY

- Hamburger
- Corn Dog
- Tri-Taters
- Side Salad
- Apple Slices
- Milk

THURSDAY

- Turkey Lunch Box
- Pepperoni Pizza
- Peas & Carrots
- Corn
- Orange Juice
- Milk

FRIDAY

- Popcorn Chicken
- Cheese Quesadillas
- Pinto Beans
- Salsa
- Applesauce
- Roll
- Milk

Other Lunch Information:
Assorted Fruit and Vegetables Offered Daily

Some items may contain pork and subject to change without notice. Please inquire if you have any questions.

AUGUST 2019

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2019

S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2019

S	M	T	W	T	F	S
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24	25	26	27	28	29	30
31						

DECEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY 2020

S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2020

S	M	T	W	T	F	S
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23	24	25	26	27	28	29

MARCH 2020

S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2020

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

The Texas Department of Agriculture (TDA) has issued the Smart Snack Nutrition Standards to promote a healthier environment in schools. This Policy contains various nutritional regulations that the Weatherford ISD Child Nutrition Department must follow. The following is a list of the regulations that must be followed on a daily basis at each campus.

• Elementary classrooms may serve one nutritious snack per day in the morning or afternoon (not during regular meal periods for that class) under the teacher's guidance. Prepackaged snacks must comply with the fat and sugar limits of the Smart Snack Nutrition Standards, and must be single-size servings. All snacks (homemade and prepackaged) may not contain any FMNVs or consist of candy or dessert type items (cookie, cakes, cupcakes, pudding, ice cream, or frozen desserts, etc.).

• Classroom birthday parties must be scheduled after the end of the class's lunch period so that these celebrations will not replace a nutritious lunch. Foods of Minimal Nutritional Value (FMNVs) may not be brought into the cafeteria during lunch serving periods.

• Carbonated drinks, candies, water ices, and chewing gum may not be sold, served or given away during meal periods where reimbursable meals are served/consumed.