



MSTA PRESENTS

Running Club



Running Club will begin on September 6th from 3:00-4:00PM. Please meet at the field promptly.

Students will be expected to have permission slips turned in no later than **September 5th**. Running club will be held every Thursday from 3:00-4:00 until the Spooktacular 5k in October. There is a \$15 fee for runners that includes a running shirt. Running club is limited to 4th & 5th graders only. Make sure your student brings extra water, running clothes to change into, and running shoes. If they do not have the appropriate gear they cannot participate. Parent volunteers are welcome to run, walk, or monitor students. We will be working towards a healthy life style and a love for running. We will be running in the Whittier Spooktacular & Whittier City School District Runs. These are optional to participate in. We will spend the majority of the hour running so please consider this before signing the permission slip. If you have any questions please direct it to Mrs. Wilson at disen@whittiercity.net.