



# Food SERVICES

## LUNCH MENU

Lunch is available at **no cost** to all students!

Lunch items always include whole grain rich ingredients, a choice fat-free or 1% milk, a variety of fruit selections and a variety of vegetables from our salad bar.



This month's menu artwork contributed by:  
Trinity at Dr. Albert Schweitzer School

# OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Meatless Friday
September 30 Fish Sticks	1 Chicken & Gravy	2 Chalupa	3 Hamburger	4 Cheese Pizza
7 Chicken Tenders	8 Beef Teriyaki Bowl	9 Chicken Fajitas	10 Toastie Dogs	11 Grilled Cheese
14 <b>No School</b>	15 Chicken Tamales* <small>*May contain pork byproducts.</small>	16 Pasta w/ Meat Sauce	17 Chicken Sandwich	18 Cheese Pizza
21 Turkey & Cheese Hoagie With Tater Tots	22 Orange Chicken	23 Beef Taco	24 Cheeseburger	25 Macaroni & Cheese
28 Cook's Choice	29 Chicken Alfredo	30 Hot Dog	31 Stromboli	November 1 Bean & Cheese Burrito

Menu subject to change.

This institution is an equal opportunity provider and employer.