

FEBRUARY MENU

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: Orange Juice is served on Wednesdays and Fridays, other wise stated. Fresh Fruit is available daily when orange juice is not offered.

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

- o Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

MONDAY

1

Corn Chex Cereal

- Veggie Chef Salad
- o Baby Carrots & Pinto Beans

Strawberry Bar & Fruit

4

Cinnamon Chex Cereal & Fruit

- Chicken Bites
- o Blanched Broccoli Florets

Cinnamon Rumbles & Fruit

11

Corn Chex Cereal & Fruit

- Orange Chicken Grilled Bites
- o Steamed Corn

Honey Grahams & Fruit

18

No School
Presidents Day

25

Zee Zees Cinnamon Crisp Bar & Fruit

- Cheesy Pizza Bites
- o Fresh Celery Sticks

Goldfish Cheddar Crackers & Fruit

TUESDAY

2

Cheese Omelet & Orange Juice

- The Revolution Hot Dog
- o Carrot Corn Peas Seasoned

String Cheese & Fruit

5

Cheese Omelet & Orange Juice

- The Revolution Hot Dog
- o Carrot Corn Peas Seasoned

String Cheese & Fruit

12

Cinnamon Raisin Bagel & Orange Juice

- Smothered Beef Burrito
- o Fresh Celery Sticks

Goldfish Cheddar Crackers & Fruit

19

Snow Flurries Cereal & Fruit

- Cheese Enchilada with Rice & Black Beans
- o Grape Tomatoes & Three Bean Salad

Apple Zac Attack Bar & Fruit

26

Plain Bagel & Orange Juice

- Chicken Tamale
- o Green Peas

Honey Grahams & Fruit

WEDNESDAY

3

Bagel with Turkey

- Chicken Taco Trio
- o Baby Carrots & Pinto Beans

Goldfish Pretzels & Fruit

6

Bagel with Turkey

- Chicken Taco Trio
- o Baby Carrots & Pinto Beans

Goldfish Pretzels & Fruit

13

Green Chile Burrito

- Flame-Broiled Beef Cheeseburger
- o Chopped Romaine Lettuce & Sliced Tomatoes

Educational Snacks & Sunbutter

20

French Toast Sticks

- Pupusa Bean and Cheese
- o Blanched Broccoli Florets

Yogurt & Fruit

27

Cinnamon Crumble

- Flame-Broiled Beef Cheeseburger
- o Chopped Romaine Lettuce & Sliced Tomatoes

Mini Dipperdoodle Bar & Fruit

THURSDAY

4

Peach Pancake Bowl

- Turkey & Cheddar Sandwich
- o Fresh Cucumber Slices

Honey Wheat Crackers & Fruit

7

Peach Pancake Bowl

- Turkey & Cheddar Sandwich
- o Fresh Cucumber Slices

Honey Wheat Crackers & Fruit

14

Cinnamon Crumble & Fruit

- Chicken Salad Sub Sandwich
- o Glazed Carrots

Cinnamon Grahams & Fruit

21

Strawberry Yogurt Parfait & Granola

- Chicken Caesar Wrap
- o Fresh Cucumber Slices

Roasted Sunflower Seeds & Fruit

28

Cheerios, Cinnamon Crisp Bar & Fruit

- Lone Star BBQ Chicken Sandwich
- o Glazed Carrots

Goldfish Pretzels & Fruit

FRIDAY

1

Corn Chex Cereal

- Veggie Chef Salad
- o Baby Carrots & Pinto Beans

Strawberry Bar & Fruit

8

No School
Pupil Teacher
Free Day

15

Blueberry Burst Muffin

- Cheesy Ravioli
- o Baby Carrots & Pinto Beans

String Cheese with Granola

22

Mini Lemon Muffin & String Cheese

- Chicken Taco Trio
- o Steamed Carrots

Cinnamon Rumbles & Fruit

29

Cinnamon Crumble

- Lone Star BBQ Chicken Sandwich
- o Glazed Carrots

Goldfish Pretzels & Fruit