



**PINNACLE
CHARTER
SCHOOL**

Pinnacle Charter | Nurse's Corner

April's Newsletter

What does the school nurse do?

- Maintains health records of all students
- Assesses and treats illness or injury
- Monitors and treats chronic health conditions
- Administers medications
- Screens for vision and hearing

"Sometimes a child is sad, homesick, or overwhelmed in class and just needs some TLC"

Donations Needed!

Please donate gently used uniforms! Shirts and Pant, sizes S-M-L smaller sizes most needed. Your generosity is greatly appreciated.

If your child has medication(s) in the Nurse's Office, please don't forget to pick up the medication(s) at the end of the school year.

Reminder for next school year 2019-2020!

Please bring in updated medication forms with doctor's and parent's signature!

April's Health News
Outdoor Ed. 6th Grade

Parents, if your child needs medication for outdoor Ed., please bring the doctor's order and medication to school. Over the counter medication(s) can be brought in early on Monday 4-01-2019

Immunization Schedule: If your child is currently in 5th Grade, they need to receive the TDAP vaccine by the beginning of 6th Grade. Any questions, please call at 303-450-3985 Extension 1022

Flu Season

Let's fight the flu together!

Influenza is a contagious disease of the respiratory tract (nose, throat, and lungs) that can lead to serious complications.

The top five most virus-contaminated areas in the home are:

Telephones (Have you cleaned your cell phone lately?)

Appliances such as the refrigerator and microwave

Faucets

Light switch and door handles

TV remotes

Follow good health guidelines: eat right, exercise, and get plenty of rest to help boost your immunity to fight the effects of colds and flu. Wash hands frequently, do the elbow cough, and disinfect hot spots at school, work, and home. Treat the symptoms if you must, but avoid giving aspirin to children because it may cause a rare but serious illness called Reye syndrome.



Website:

www.pinnaclecharterschool.org



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