

Please keep this letter as it has important information to reference throughout the school year.



Pre-K News



Sabattus Primary School Pre-Kindergarten

Mrs. Lavallee - Pre-K Teacher

Mrs. Jaime Ela-Principal, Mrs. Lorraine Curran-School Secretary

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Dear Parents,

Welcome to Sabattus Primary School Pre-K! We are so happy to welcome your child and family to our school.

The first day of Pre-K will be on Thursday, September 5th. Your child will be in the

_____AM Session 8:00-11:00 _____PM Session 11:45-2:45

Your child's teacher will be Mrs. Lavallee.

We will have Pre-K on the following days: Monday, Tuesday, Thursday and Friday.

Please note that there is no Pre-K class on Wednesdays.

We will be having a Pre-K open house on Tuesday, September 3rd at Sabattus Primary School. This is an optional time and you can come by anytime between 9:00-10:15 for the morning group and 1:00-2:15 for the afternoon group. During the open house, your child will be able to visit the classroom and we can answer any questions you may have. Your child will receive a name tag on the first day of school. Make sure your child wears this to school every day for at least the first few days or so. Your child's bus route will be listed on the district's web site, www.rsu4.org, sometime in August. If you have any questions about transportation, please leave a phone message for Larry Gowell-Transportation Director at 754-4757.

Our days are going to be filled with fun and engaging experiences. We believe in the importance of quality early childhood education. We will work hard to provide an enriching preschool experience that meets the social, emotional, physical, and cognitive needs of the young children in our school. We believe that the school and family should work together to provide a foundation for lifelong learning.

Going to school for the first time can also be a little unsettling for you and your child. On the first day your child will come into the classroom where we will help them find their cubby and assist in putting their backpack away. Those children who eat breakfast or lunch at school will go the cafeteria with a teacher to eat or pick up a lunch tray. When the children are done eating we will all gather together to have circle time where we will talk about our day. We will talk about classroom routines and

school safety. We will read a story and make a simple art project. If the weather cooperates, we will go outside to play and then get ready to go home. For the first few weeks, I will send home a "daily report" that will give you a little information about our day and any notes specific to your child. As soon as it is set up, I will start to use the app "Seesaw" that lets me send you pictures and videos, as well as any announcements or notes, directly to you. You can also send me messages through the app.

It is important that your child come to school every day with a simple healthy snack and a drink (NO glass containers, soda, or candy please). Crackers, cheese, fruit, and other simple snacks are ones that most children seem to enjoy. In addition to snack, the morning class has an option of having school breakfast and the afternoon class can choose school lunch. If your child qualifies for free or reduced breakfast and lunch you will receive a confirmation letter from the lunch director after you have filled out the free and reduced lunch form. More information about the free/reduced lunch program, as well as the application, will go home with your child on the first day of school.

Please see that your child dresses appropriately for the weather and wears comfortable clothing and shoes to school each day (no flip-flops or loose fitting shoes). We try to go outside as weather permits. Each day your child needs to bring a backpack or bag to take home papers and projects. Please check your child's bag every day as important papers and notices will often come home. The school provides a folder that will be used daily to send things home. Please put all notes in the folder as it can be difficult to search through each child's bag. Always try to label everything that your child brings to school. A supply list is included in this packet and it includes the basic supplies your child needs each day, as well as some general supplies to share with the classroom.

If your child is taking the bus, please know the bus may be delayed during the first few weeks of school as the bus drivers are getting used to the bus routes. An adult must make contact with the bus driver before a child can be dropped off. If your child takes the bus to school they will be dropped off near the playground and enter the building through the back or side doors. If you drop your child off at school, you will need to bring them in through the front lobby doors. Adults are not permitted into the building unless they go to the office to sign-in and receive a visitor pass. If your child is absent, you must call the school at 375-4525. Please leave a message with the office if your child needs to be transported by another person other than their regularly scheduled transportation.

Finally, please make sure that the school has your child's registration packet, a copy of child's birth certificate, and immunization record **prior** to the start of school.

I look forward to having a fun and exciting year with your child. Feel free to contact me if you have any questions. I check email throughout the summer so that is a great way to get in touch or ask any of those quick questions. I will send you some more information during August. Have a fun and safe summer!

Sincerely,

Jan Lavallee

Pre-K Supply List

Required Items Needed Each Day:

- **Backpack**-large enough for folder and snow pants/shoes in the winter.
- **Healthy snack and drink**-you may purchase snack milk for your child. Water is always available in the classroom.
- **Sneakers**-I will let you know the days that your child will need to wear sneakers to school. Sneakers are also the best shoes to wear at school.
- **Change of clothing**-in Ziploc type gallon bag with your child's name on the bag. This will be kept at school. I am asking that your child have a spare change of clothes to keep at school. Please put a pair of pants, underwear, socks, and a shirt into a labeled plastic zip style bag. The best option for spare clothing is a pair of sweat pants and t-shirt. Jeans and pants with buttons often become too small as most children grow quite a bit in pre-k.
- **Snow pants, boots, hats, mittens/gloves** -when it starts to snow.

Optional Supplies: (Many of these items are on sale in the month of August at Wal-Mart, Target, Staples, and Office Maxx). The following are a list of some items that we use in Pre-K. These will be shared among the students.

- **Crayons**-Smaller sets of basic colors are needed, Crayola packs of 10-24 are preferred
- **Washable Markers**-These **MUST** be washable, or we will not be able to use them at school. Crayola brand markers are preferred
- **Glue Sticks**-We go through lots of these- Elmers glue is preferred.
- **Sandwich, quart, or gallon ziplock baggies**
- **Shaving Cream** (the kind that is for men, light or no scent)
- **Tissues**

Getting Ready For Pre-K

Development Area	Tips and Activities to Help Prepare Your Child
<p>Physical Skills Does your child...</p> <ul style="list-style-type: none"> • enjoy outdoor play such as running, jumping, and climbing; • draw and trace basic shapes; • cut with scissors; • bounce a ball 	<ul style="list-style-type: none"> • Materials that will help your child develop the motor skills needed to learn to write include crayons, markers, pencils, glue, scissors, paper and paint, puzzles, legos and blocks. • Activities that will help your child's coordination include climbing, jumping, skipping, playing ball, and using playground equipment.
<p>Health and Safety Needs Has your child...</p> <ul style="list-style-type: none"> • had required shots; • had a dental exam; • learned own first and last name; • learned first and last name of parent; • learned to not talk to strangers; • developed a set routine for going to bed; • follow rules for safety? 	<ul style="list-style-type: none"> • Help your child learn their full name, address and telephone number. • Help your child to look both ways when crossing the street. • Talk with your child about strangers and who to go to for help. • Use bedtime as the opportunity to read to and talk with your child.
<p>Personal Needs Without your help, can your child ...</p> <ul style="list-style-type: none"> • use the bathroom; • wash hands; • brush teeth; • use tissue to blow nose; • button and zip up shirts and pants; • put on and take off coat; • tie and/or velcro shoes? 	<ul style="list-style-type: none"> • Create morning and bedtime bathing and tooth-brushing routines. • Allow your child to dress themselves. • Practice putting shoes on. • Help your child learn to use their words to tell other grownups when they are feeling sick or hurt.
<p>Social and Emotional Skills Does your child...</p> <ul style="list-style-type: none"> • play well with other children; • separate from a parent without being upset; • share with other children; • care about the feelings of others; • follow routines; • put toys away when asked? 	<ul style="list-style-type: none"> • Give your child small chores to learn responsibility. • Help your child learn to follow directions by giving simple steps. • Encourage your child to share. • Praise your child when her or she does something well. • Provide guidance when your child is having difficulty.