

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L SL				1 Green Chile Egg & Cheese Taco (139) Turkey & Cheese Sandwich with BBQ Bean Salad (3/4c) (155) Greek Chicken Salad with a Wheat Dinner Roll (10)	2 Coffee Cake & String Cheese (139) Caesar Chicken Tortilla Wrap with Green Salad (1c) (155) Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
B L SL	5 Chocolate Crescent (139) Cajun Chicken Pasta with Carrot Sticks (1c) & Ranch (160) Caesar Chicken Salad with a Wheat Dinner Roll (10)	6 Pancakes (2) with Syrup (139) Beef, Bean & Cheese Burrito with Whole Kernel Corn (1c) (160) Chef Turkey & Ham Salad with a Wheat Dinner Roll (10)	7 Reduced Sugar Cinnamon Toast Crunch & WG Crackers (139) Pepperoni Pizza with Green Salad (2c) (250) <b>NO SALADS ON THIS DATE</b>	8 Maple Pancake Corn Dog (139) Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c) (160) Greek Chicken Salad with a Wheat Dinner Roll (10)	9 Mexican Concha (139) Pesto Chicken Penne Pasta (1c) with Green Salad (2c) (160) Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
B L SL	12  VETERANS DAY	13 Waffles (2) with Syrup (139) Macaroni & Cheese with Carrot Sticks (1c) & Ranch (160) Chef Turkey & Ham Salad with a Wheat Dinner Roll (10)	14 Lucky Charms & WG Crackers (139) Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c) (160) <b>NO SALADS ON THIS DATE</b>	15 Beef, Cheese & Chili Flaquito (139) Turkey Breast with Mashed Potatoes (1c), Gravy & Corn Bread (2oz) (160) Greek Chicken Salad with a Wheat Dinner Roll (10)	16 Mini Cinnamon Rolls (139) Spaghetti (1c) & Meatballs with Green Salad (2c) (160) Santa Fe Chicken Salad with a Wheat Dinner Roll (10)
B L SL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22  Happy Thanksgiving	23  Thanksgiving Blessings
B L SL	26 Zucchini Loaf (139) Spinach Chicken Pasta with Cilantro Bean Salad (1c) (160) Caesar Chicken Salad with a Wheat Dinner Roll (10)	27 Cinnamon French Toast w/Syrup (139) Orange Chicken with Brown Rice Pilaf (1c) & Mixed Vegetables (1c) (160) Chef Turkey & Ham Salad with a Wheat Dinner Roll (10)	28 Multi Grain Cheerios & WG Crackers (139) Chicken & Waffles with Mashed Potatoes (1c) (160) <b>NO SALADS ON THIS DATE</b>	29 Green Chile Egg & Cheese Burrito (139) Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch (170) Greek Chicken Salad with a Wheat Dinner Roll (10)	30 Coffee Cake & String Cheese (139) Chicken Fettuccine (1c) Alfredo with Green Salad (2c) (160) Santa Fe Chicken Salad with a Wheat Dinner Roll (10)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

School Notes: FAMILY STYLE// NO BREAKFAST WEDNESDAYS// JUICE ON TUESDAYS AND THURSDAYS// DO NOT SEND RAISINS



“Eat Right, Be Bright!”

