



Don't Forget
to eat your
vegetables

North College Hill Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit and Vegetable Bar

April
2019

MONDAY

April Fool's Day

1

Pancakes
Strawberry Topping

OR French Bread Pizza

OR Chicken Caesar Wrap
Breakfast Potatoes
Hard Cooked Egg with
Seasoning or Dip

TUESDAY

Salisbury Steak

OR Chicken Nugget
Whole Grain Dinner Roll
OR 7 Layer Salad

Cheesy Mashed Potatoes

WEDNESDAY

Pulled BBQ Chicken

OR Taher Cheese Pizza

OR Ham Munchable

Calico Bean Bake
Birthday Cake

THURSDAY

International Carrot Day

4

Cook's Choice

French Bread Pizza

Hummus & Vegetable Bowl
Turkey Deli Sub Sandwich

Glazed Carrots

FRIDAY

Classic Cheeseburger Basket

OR Chicken Sandwich

OR Egg Salad Sandwich

Golden French Fries

Pizza Bake

OR Cheeseburger

OR Chips, Salsa & Cheese

Garden Salad

Italian Stromboli

OR Italian Meatball Sub

OR Deli Sub Sandwich

Roasted Broccoli

Popcorn Chicken Bowl

OR Bosco Sticks

OR Pizza Munchable

Kettle Potato Chips

Beefy Nachos & Homemade
Cheese Sauce

OR Hot Dog

OR Chicken Caesar Salad

Refried Beans

Grilled Cheese Day

Grilled Cheese Sandwich
Tomato Soup

Cheesy Italian Flatbread

Yogurt Pak with Bagel

HOM: Banana
Chocolate Covered Banana

Spaghetti and Meatballs

OR Pork Riblet Hoagie

OR Turkey BLT

Garlic & Herb Broccoli

Taher Pepperoni Pizza

Chicken Nugget Basket
Whole Grain Dinner Roll
Buffalo Chicken Salad

Garden Salad

Home-Style Meatloaf
Whole Grain Dinner Roll

OR Cheese Quesadilla

OR Pretzel Bites with Cheese
Cubes
Mashed Potatoes
Gravy
Chocolate Chip Cookie

Soft Beef Tacos

OR Hot Dog

Yogurt Pak with Pretzel Bites

Black Bean Salsa

Sweet n Sour Chicken Bites
Brown Rice

OR Cheese Pizza

OR Chef Salad

Beef & Broccoli Stir Fry

Lasagna Rollup with Sauce
Garlic Toast

OR Cheeseburger

7 Layer Salad

Caesar Salad

Pigs in a Blanket Day

Pigs in a Blanket

OR Bosco Stick

OR Turkey Munchable

Baked Beans

Cheese Baked Potato
Whole Grain Dinner Roll

OR Pepperoni Pizza

Ham Deli Sandwich

Homemade Brownie

Walking Taco

Chicken Patty

OR Honey Mustard Ham Wrap

Roasted Broccoli

Ravioli with Meat Sauce

OR Chicken Nuggets

OR Chips and Salsa and
Cheese

Kale Salad
Mini Rice Krispie Treat

Chicken Soft Tacos

OR Cheeseburger

Turkey BLT Salad

Garden Salad

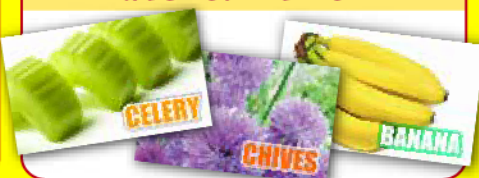


Choose **MyPlate**.gov

PRICES

Regular: \$1.85
Reduced: \$.40
Adult: \$3.50
Extra Entree: \$1.85

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or chocolate Skim
is
included with lunch.

Entree Salads are served with dinner Roll
For questions or comments, contact Dottie Petry
at 513-728-4791 or petry.d@nchcityschools.org

