

	<b>MONDAY</b> 2-Mar-20	<b>TUESDAY</b> 3-Mar-20	<b>WEDNESDAY</b> 4-Mar-20	<b>THURSDAY</b> 5-Mar-20	<b>FRIDAY</b> 6-Mar-20
<b>Breakfast</b>	130 Coco Puffs & WG Crackers	130 Bean & Cheese Burrito	130 Lucky Charms & WG Crackers	130 Bagel with Cream Cheese	130 Mexican Concha
<b>Vegan Breakfast</b>	5 Bagel w/ Jelly (2)	5 Frosted Flakes w Graham Crackers	5 Sunbutter & Jelly Sandwich on Wheat	5 Multi Grain Cheerios w Graham Crackers	5 English Muffin w/Jelly (2)
<b>Hot Meal</b>	160 Creamy Chicken Chipotle with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)	160 Pepperjack Cheeseburger with Tater Tots (1c)	160 Beef Lasagna with Steamed Broccoli & Carrots (1c)	160 Beef, Bean & Cheese Burrito with Pinto Beans (1c)	160 Lemon Pepper Chicken with Brown Rice Pilaf (1c) & Steamed Carrots (1c)
<b>Vegetarian</b>	5 Macaroni & Cheese with Mixed Vegetables (1c)	5 Garden Burger with Tater Tots (1c)	5 Three Cheese Lasagna with Steamed Broccoli & Carrots (1c)	5 Cheese Tamal with Pinto Beans (1c)	5 Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Carrots (1c)
<b>Vegan</b>	5 Chow Mein (1c) w/Tofu (1/2c) & Mixed Vegetables (1c)	5 Grilled Veggie & Beans Sandwich on a Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing	5 Greek Salad with Garbanzo Beans (1/2c)	5 Fresh Veggie & Bean Tortilla Wrap with Carrot Sticks (1c) & Italian Dressing	5 Penne Pasta (1c) & Marinara Sauce (1/2c)
<b>Daily Salad</b>	10 Chef Turkey & Ham Salad with a Wheat Dinner Roll	10 Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing	5 (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)	5 Caesar Chicken Salad with a Wheat Dinner Roll	5 with Grilled Tofu (1/2c), Green Salad (1c) & Italian Dressing
		10 Santa Fe Chicken Salad with a Wheat Dinner Roll	10 Caesar Chicken Salad with a Wheat Dinner Roll	10 Greek Chicken Salad with a Wheat Dinner Roll	10 Chinese Chicken Salad with a Wheat Dinner Roll
<b>Breakfast</b>	130 Mini Bagels w/Strawberry Cream Cheese	130 Egg & Cheese Taco	130 Reduced Sugar Cinnamon Toast Crunch & WG Crackers	12-Mar-20	13-Mar-20
<b>Vegan Breakfast</b>	5 Bagel w/ Jelly (2)	5 Frosted Flakes w Graham Crackers	5 Sunbutter & Jelly Sandwich on Wheat		
<b>Hot Meal</b>	160 Orange Chicken with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)	160 Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c)	200 Pepperoni Pizza with Green Salad (2c)	170 Beef & Cheese Nachos with Pinto Beans (1c)	160 Double Dog Chicken Hot Dogs with Sweet Potato (1c)
<b>Vegetarian</b>	5 Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)	5 Garden Burger with Mashed Potatoes (1c)	5 Pesto Spaghetti (1c) with Shredded Cheese (2oz) & Green Salad (2c)	5 Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	5 Bean & Cheese Burrito with Carrot Sticks (1c) & Ranch
<b>Vegan</b>	5 Grilled Vegetable Fajitas (1/2c) w/Tofu (1/2c) w/Corn Tortillas (2) & Refried Beans (1/2c)	5 Pinto Beans (1/2c) Nachos (2oz) & Green Salad (2c) & Italian Dressing	5 Sante Fe Salad with Black Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)	5 Bean (1/2c) Torta with & Carrot Sticks (1c) & Italian Dressing	5 Tofu Taco Salad (3/4c) (No Cheese/Meat) w/Spanish Brown Rice (1c) & Refried Beans (3/4c)
<b>Daily Salad</b>	10 Chef Turkey & Ham Salad with a Wheat Dinner Roll	10 Santa Fe Chicken Salad with a Wheat Dinner Roll	10 Caesar Chicken Salad with a Wheat Dinner Roll	10 Greek Chicken Salad with a Wheat Dinner Roll	10 Chinese Chicken Salad with a Wheat Dinner Roll
<b>Breakfast</b>	130 Lucky Charms & WG Crackers	130 Apple Cinnamon Tamal	130 Banana Muffin & WG Crackers	130 Pancakes (2) with Syrup	130 Mini Cinnamon Rolls
<b>Vegan Breakfast</b>	5 Bagel w/ Jelly (2)	5 Frosted Flakes w Graham Crackers	5 Sunbutter & Jelly Sandwich on Wheat	5 Multi Grain Cheerios w Graham Crackers	5 English Muffin w/Jelly (2)
<b>Hot Meal</b>	160 Chicken Fettuccine (1c) Alfredo with Mixed Vegetables (1c)	160 Beef Taquitos with Whole Kernel Corn (1c)	140 Orange Chicken with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	160 Chicken Tamal with Pinto Beans (1c)	160 Chicken Chow Mein (1c) with Steamed Carrots (1c)
<b>Bag Lunch</b>			53 Turkey & Cheese Sandwich with Green Salad (1 1/2c)		
<b>Vegetarian</b>	5 Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Mixed Vegetables (1c)	5 Bean & Cheese Burrito with Whole Kernel Corn (1c)	5 Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	5 Red Cheese Enchiladas with Pinto Beans (1c)	5 Teriyaki Tofu (1/2c) Chow Mein (1c) & Steamed Carrots (1c)
<b>Vegan</b>	5 2 Veggie & Bean (1/2c) Tacos (No Cheese/Meat) w/Corn Salad (Oil & Vinegar) (3/4c)	5 Beans Chili (No Meat/Cheese) (3/4c) w/Dinner Roll (2oz) & Carrot Sticks (1c) w/Italian Dressing	5 Chinese Salad (No Chicken) w/ Dinner Roll (2oz) & Bean Salad (Oil & Vinegar) (1/2c)	5 Refried Beans & Rice Burrito & Green Salad (2c) w/Italian Dressing	5 Pineapple Tofu (1/2c) w/Mixed Vegetables (1c) & Brown Rice Pilaf (1c)
<b>Daily Salad</b>	10 Chef Turkey & Ham Salad with a Wheat Dinner Roll	10 Santa Fe Chicken Salad with a Wheat Dinner Roll	10 Caesar Chicken Salad with a Wheat Dinner Roll	10 Greek Chicken Salad with a Wheat Dinner Roll	10 Chinese Chicken Salad with a Wheat Dinner Roll
<b>Breakfast</b>	140 Reduced Sugar Cinnamon Toast Crunch & WG Crackers	140 Grilled Cheese Sandwich	140 Coco Puffs & WG Crackers	26-Mar-20	27-Mar-20
<b>Vegan Breakfast</b>	5 Bagel w/ Jelly (2)	5 Frosted Flakes w Graham Crackers	5 Sunbutter & Jelly Sandwich on Wheat		
<b>Lunch</b>	160 Spaghetti (1c) & Meatballs with Mixed Vegetables (1c)	170 Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c)	200 Pepperoni Pizza with Green Salad (2c)	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
<b>Vegetarian</b>	5 Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)	5 Garden Burger with Mashed Potatoes (1c)	5 Macaroni & Cheese with Green Salad (2c)		
<b>Vegan</b>	5 Chow Mein (1c) w/Tofu (1/2c) & Mixed Vegetables (1c)	5 Grilled Veggie & Beans Sandwich on a Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing	5 Greek Salad with Garbanzo Beans (1/2c)		
<b>Daily Salad</b>	10 Chef Turkey & Ham Salad with a Wheat Dinner Roll	10 Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing	5 (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)		
		10 Santa Fe Chicken Salad with a Wheat Dinner Roll	10 Caesar Chicken Salad with a Wheat Dinner Roll		
<b>Breakfast</b>	30-Mar-20	130 Egg & Cheese Burrito			
<b>Vegan Breakfast</b>	<b>NO SCHOOL</b>	5 Frosted Flakes w Graham Crackers			
<b>Hot Meal</b>		160 Chicken Parmesan Sandwich with Tater Tots (1c)			
<b>Vegetarian</b>		5 Garden Burger with Tater Tots (1c)			
<b>Vegan</b>		5 Pinto Beans (1/2c) Nachos (2oz) & Green Salad (2c) & Italian Dressing			
<b>Daily Salad</b>		10 Santa Fe Chicken Salad with a Wheat Dinner Roll			

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1% / Non-fat / Non-fat Choc)



School Notes:



“Eat Right, Be Bright!”