

# 13 Positive Social Skills-Wildomar Elementary School

We are the **TIGeRRS**.....**G**reat students who care! **R**esponsible, **R**espectful, and **S**afe!

## Following Directions/Listening-1

1. Look at the person giving the directions.
2. Wait until the person is done speaking before you do or say anything.
3. Show that you heard the information by nodding your head or saying "Okay".
4. Do what you have asked right away
5. Check back.

## Getting the Teacher's Attention/Requesting Help-2

1. Look at the person whose attention or help you need.
2. Raise your hand and stay calm until they respond to you.
3. Clearly speak your comment or question.
4. Wait for the response.
5. Thank the person for their time/help/attention.

## Staying on Task-3

1. Look at your task or assignment.
2. Think about the steps needed to complete the task.
3. Focus all of your attention on the task.
4. Stop working only when instructed.

## MYOB-Mind Your Own Business-4

1. Focus on your assignment or task.
2. Ignore all conversations, gestures, and distractions that are someone else's business.
3. Keep working or stay on your task until you receive further instruction or the time is up.
4. **"See it...say it"** if it helps someone be respected or safe.

## Resisting Peer Pressure-5

1. Look at the person.
2. Use a calm voice.
3. Say clearly you do not want to participate.
4. Suggest something else to do.
5. If necessary, continue to say, "No."
6. Leave the situation.

## Asking Permission-6

1. Look at the person.
2. Use a calm and pleasant voice.
3. Say, "May I..."
4. Accept the answer calmly.



## Accepting 'No' for an Answer-7

1. Look at the person.
2. Say, "Okay."
3. Stay calm.
4. If you disagree, ask later.

## Making an Apology-8

1. Look at the person.
2. Use a serious, sincere voice.
3. Say, "I'm sorry for...." or "I want to apologize for.."
4. Explain how you plan on doing better in the future.
5. Say, "Thanks for listening."

## Working with Others-9

1. Identify the task to each person.
2. Assign tasks to each person.
3. Discuss ideas in a calm, quiet voice and let everyone share their ideas.
4. Work on task until completed.

## Disagreeing Appropriately-10

1. Look at the person.
2. Use a calm and pleasant voice.
3. Say, "I understand how you feel."
4. Tell why you feel differently.
5. Give a reason.
6. Listen to the other person.



## Waiting Your Turn-11

1. Sit or stand quietly.
2. Keep your arms and legs still.
3. Avoid begging, whining, or teeth sucking.
4. Engage I the activity when directed by an adult or until it is your turn.
5. Thank the person who gives you a turn.

## Using an Appropriate Voice Tone-12

1. Identify the appropriate voice tone for the situation.
2. Change your voice to match the situation.
3. Watch/listen for visual/verbal cues and adjust your voice.

## Giving a Compliment-13

1. Look at the person you are complimenting.
2. Speak with a clear, enthusiastic voice.
3. Praise the person's activity-be specific.
4. Use words such as "That's great..." "Wonderful", or "That was awesome."
5. Give the person time to respond to your compliment.

# 13 Positive Social Skills-Wildomar Elementary (1-7)

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## MYOB-Mind Your Own Business-4

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## Getting the Teacher's Attention/Requesting Help-2

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## Staying on Task-3

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2. Say, "Okay."
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# 13 Positive Social Skills-Wildomar Elementary (1-7)

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## Following Directions/Listening-1

6. Look at the person giving the directions.
7. Wait until the person is done speaking before you do or say anything.
8. Show that you heard the information by nodding your head or saying "Okay".
9. Do what you have asked right away
10. Check back.



## Getting the Teacher's Attention/Requesting Help-2

6. Look at the person whose attention or help you need.
7. Raise your hand and stay calm until they respond to you.
8. Clearly speak your comment or question.
9. Wait for the response.
10. Thank the person for their time/help/attention.

## Staying on Task-3

5. Look at your task or assignment.
6. Think about the steps needed to complete the task.
7. Focus all of your attention on the task.
8. Stop working only when instructed.

## MYOB-Mind Your Own Business-4

5. Focus on your assignment or task.
6. Ignore all conversations, gestures, and distractions that are someone else's business.
7. Keep working or stay on your task until you receive further instruction or the time is up.
8. **"See it...say it"** if it helps someone be respected or safe.



## Resisting Peer Pressure-5

7. Look at the person.
1. Use a calm voice.
2. Say clearly you do not want to participate.
3. Suggest something else to do.
4. If necessary, continue to say, "No."
5. Leave the situation.

## Asking Permission-6

5. Look at the person.
6. Use a calm and pleasant voice.
7. Say, "May I..."
8. Accept the answer calmly.

## Accepting 'No' for an Answer-7

5. Look at the person.
6. Say, "Okay."
7. Stay calm.
8. If you disagree, ask later.

# 13 Positive Social Skills-Wildomar Elementary (8-13)

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## Making an Apology-8

1. Look at the person.
2. Use a serious, sincere voice.
3. Say, "I'm sorry for...." or "I want to apologize for.."
4. Explain how you plan on doing better in the future.
5. Say, "Thanks for listening."

## Working with Others-9

1. Identify the task to each person.
2. Assign tasks to each person.
3. Discuss ideas in a calm, quiet voice and let everyone share their ideas.
4. Work on task until completed.

## Disagreeing Appropriately-10

1. Look at the person.
2. Use a calm and pleasant voice.
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6. Listen to the other person.



## Waiting Your Turn-11

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## Giving a Compliment-13

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9. Explain how you plan on doing better in the future.
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## Working with Others-9

5. Identify the task to each person.
6. Assign tasks to each person.
7. Discuss ideas in a calm, quiet voice and let everyone share their ideas.
8. Work on task until completed.

## Disagreeing Appropriately-10

7. Look at the person.
8. Use a calm and pleasant voice.
9. Say, "I understand how you feel."
10. Tell why you feel differently.
11. Give a reason.
12. Listen to the other person.



## Waiting Your Turn-11

6. Sit or stand quietly.
7. Keep your arms and legs still.
8. Avoid begging, whining, or teeth sucking.
9. Engage I the activity when directed by an adult or until it is your turn.
10. Thank the person who gives you a turn.

## Using an Appropriate Voice Tone-12

4. Identify the appropriate voice tone for the situation.
5. Change your voice to match the situation.
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6. Look at the person you are complimenting.
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