



TRITON WEEKLY

Athlos Academy of Jefferson Parish
December 10, 2018



DECEMBER—HUMILITY MONTH

Humility is defined as allowing accomplishments to speak for themselves. Mother Theresa once said, “Humility is the mother of all virtues; purity, charity, and obedience. It is in being humble that our love becomes real, devoted and ardent.” This is especially true during the holiday season. We must make an effort to make this world a better place and help others, regardless of being recognized or not.

Some ways to show humility are:

- Stop talking about it and be about it—let your actions speak louder than your words
- Praise others and give compliments when appropriate
- Be grateful
- Understand you are not perfect
- Lastly, always think positively

This is just a small list of ways to show humility. Have a discussion with your student(s) about this important performance character trait and how they can make a difference in their school and their community.



LOOKING AHEAD

Dec 11th

Early dismissal 1:30 pm

Dec 14th

Family Movie Night on the Turf 6:00 pm

Dec 17th

Winter Picture Day starting at 8: 45 am

Dec 21st

Teachers/Staff Professional Development Day—No school for students

Dec 24th—Jan 4th

Winter Break—No school for students and staff

Jan 7th

First day back for students

Jan 15th

Early dismissal 1:30 pm

The mission of Athlos Academy of Jefferson Parish is to provide high-quality educational opportunities for the whole child built on the three foundational pillars of Prepared Mind, Healthy Body, and Performance Character.

ANNOUNCEMENTS & EVENTS

MOVIE ON THE TURF | DECEMBER 14TH, 6:00 PM—9:00 PM

Athlos students and their families are invited to join us for a screening of “The Polar Express” on Friday, December 14 at 6:00 p.m. The movie will be shown on our indoor turf, and we will serve hot cocoa. Feel free to wear school appropriate pajamas and bring comfortable items to sit on, such as blankets and pillows. There will be crafts for the students and the grand opening of the PTO sponsored holiday store.

SUPER SATURDAY RECAP

Despite the inclement weather, we had a great turnout for our first Super Saturday event. Parents attended classes on topics such as HERO, standards-based grading, and bullying prevention. While the parents were in classes, the students participated in science projects in the cafeteria, a cheerleading clinic, and “free play” on the court. We ended the fun-filled day with a pizza lunch and a raffle with prizes. Our next Super Saturday is scheduled for Saturday, January 19th. The theme will focus on the Healthy Body pillar with fitness classes for parents and students, as well other academic content classes.

PANORAMA SURVEYS

In coming days, students will be taking a Panorama survey. The surveys are a self-assessment of students’ social-emotional learning skills (i.e. those developed through the Performance Character pillar). Skills in the survey are things like grit, growth mindset, social

intelligence.

Also included in the survey are questions about students’ dispositions around physical activity, their sense of belonging in the school, and teacher-student relationships.

This data will help us hone the focus of our Performance Character huddles and improve our school climate.

WINTER SPORTS CLINIC

A winter sports clinic will be held on December 22nd for kindergarten through 4th grades. Kindergarten through 2nd grade will attend from 9 am to 11:30 am, and 3rd through 4th grade will attend from 12:30 pm to 3:00 pm. The cost is \$15 per student, and families can register at <https://tshq.bluesombrero.com/athlosjeffersonid>. The clinic will focus on basketball and soccer fundamental skill development. Students should wear sneakers and Athlos apparel and can bring water. For questions, please contact Coach Hayden at nhayden@athlosjp.org.

ATHLOS BASKETBALL | GIRLS AND BOYS CHAMPIONSHIP GAME | DECEMBER 20TH, 2:00 PM

The tournament is over and the best two girls and boys teams have been identified. The girls’ game will be the purple team vs. the yellow team. The boys’ game will be team 5 vs. team 1. The event will start at 2:00 pm in the Athlos gym. Parents are invited.

ANNOUNCEMENTS & EVENTS

WINTER PICTURE DAY | DECEMBER 17TH STARTING AT 8:45 AM

Winter Picture Day will be December 17th starting at 8:45 am. Students that will be taking pictures are allowed to dress down that day. All other students must be in full Athlos uniforms. Order forms have been sent home with your student. If you have any questions, please contact the front office at (504) 290-2510.

PARENT VOLUNTEER CLASSES AND OPPORTUNITIES

There will be one day and one night parent volunteer class offered in December. The classes will be held on December 17th at 10:00 am in room 141 and at 6:30 pm in the school's cafeteria.

For parents that have already taken the class and are looking for volunteer opportunities, please go to the ["Miscellaneous Resources" page of the schools' website](#) to sign up. If you have any questions, please contact mrobinson@athlosjp.org.

SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)

Who We Are

The Special Education Parent Advisory Council (SEPAC) is a group of parents and educators working together to help children with special educational needs at Athlos Academy Jefferson Parish. SEPAC meets throughout the year to provide a forum for parents to provide input on issues concerning students with disabilities, as well as gain valuable information about a variety of topics relevant to parents and families of students with disabilities. We welcome the participation of all parents on an ongoing basis or only when a topic is of interest.

Our Mission and Goals

The Athlos Academy of Jefferson Parish Special Education Parent Advisory Committee (SEPAC) works for the understanding of, respect for, and support of all children with special needs in our community.

To that end, the SEPAC will work to:

- Promote a network of parents of children with special needs in our school and throughout the region and provide a forum to share information
- Provide a series of informational meetings on topics of interest for families of students who receive special education and/or educational support services
- Facilitate communication between parents and educators of students with special needs
- Promote and support an innovative educational environment where children with special needs have equal access to educational opportunities and a school and community environment where all children are encouraged to reach their full potential
- Promote the inclusion of our children with special needs in extra-curricular activities

When/Where We Will Meet:

- SEPAC will meet the last Thursday of every month at 6:30 p.m. starting January 31, 2019.
- SEPAC will hold its meetings in the school cafeteria.

An interest survey will be sent out to parents the week before winter break to generate topics for training.

If you have any questions, please contact Candace Parker, director of student support services, at cnparker@athlosjp.org.