






DECEMBER LUNCH

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---|--|-----------|---|-----------|---|-----------|---|-----------|--|
| 3 | B• Dipperdoodle Bar & Fruit L• Chicken Caesar Wrap o Steamed Corn S• hot & spicy goldfish cheese crackers & juice | 4 | B• Cinnamon Chex & Zac Apple Bar L• Mac & Cheese and Chicken Sausages o Glazed Carrots S• Honey Wheat Crackers & Fruit | 5 | B• Hot Egg Cheese & Sausage Quesadilla L• Beef Cheeseburger o lettuce & tomatoes with ranch S• zac attack apple fruit-filled bar & fruit | 6 | B• Cheerios & Dipperdoodle Bar L• Breakfast for Lunch: Pancakes & Omelet o sliced cucumber S• ranch rumbles six grain crackers & fruit | 7 | B• Zee Zees Berry Apple Bar L• Chicken Salad Sandwich o baby carrots & warm pinto beans S• Cheddar Goldfish & Fruit |
| 10 | B• Yogurt & Educational Snacks L• Cheddar Cheese Sandwich o steamed corn S• Honey Grahams & Fruit | 11 | B• Hot Southwest Chorizo & Cheese Bagel L• Veggie Taco Salad o Blanched Broccoli (chilled) S• Honey Wheat Crackers & Fruit | 12 | B• Cinnamon Crumbles L• Bean & Cheese Pupusa o Grape Tomatoes & Warm Pinto Beans S• Cinnamon rumbles six grain crackers & fruit | 13 | B• Multigrain Cheerios & Mini Dipperdoodle L• Revolution Hot Dog o sliced cucumber S• Cinnamon Grahams & fruit | 14 | B• Cinnamon Grahams & Fruit L• Green Chile & Cheese Tamale o Glazed Carrots S• Colored Goldfish Cheese Crackers & Fruit |
| 17 | | 18 | | 19 | | 20 | | 21 | |
|   Winter Break   | | | | | | | | | |
| 24 | Christmas Eve | 25 | Christmas Day | 26 | | 27 | | 28 | |
|  | | | | | | | | | |
| 31 | New Years Eve | 1 | New Years Day | 2 | | 3 | | 4 | |
|  | | | | | | | | | |

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

This institution is an equal opportunity provider.