
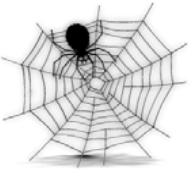



OCTOBER - LUNCH

All Menus include 1/2 pint milk

All Menus subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
30 TUNA SALAD SANDWICH VEGGIE STICKS W/DIP CURLY FRIES FRUIT SLUSH MILK	1 CHICKEN TENDERS STEAMED RICE CORN STEAMED BROCCOLI ORANGE WEDGES MILK	2 CHEESE BITES W/PIZZA SAUCE SPINACH & ROMAINE SALAD EDAMAME BABY CARROTS FRUIT COCKTAIL MILK	3 SLOPPY JOE VEGGIE STICKS W/DIP BAKED BEANS APPLE WEDGE MILK	4 CHICKEN PASTA FLORENTINE RAINBOW SALAD ORANGE WEDGES MILK
7 	INTERSESSION- NO SCHOOL			11 
14 CHILI STEAMED RICE CORN FRUIT COCKTAIL MILK	15 PEPPERONI PIZZA VEGGIE STICKS W/DIP EDAMAME ORANGE WEDGES MILK	16 CHICKEN TENDERS STEAMED RICE SPINACH & ROMAINE SALAD VEGGIE STICKS W/DIP PINEAPPLE CHUNKS MILK	17 CORNDOG TATER TOTS VEGGIE STICKS W/HUMMUS ORANGE WEDGES MILK	18 MEATLOAF W/ GRAVY STEAMED RICE STEAMED BROCCOLI STEAMED CARROTS APPLE WEDGE MILK
21 BEEF STEW WITH ULU STEAMED RICE STEAMED CORN STEAMED BROCCOLI APPLE WEDGE MILK	22 HOT DOG IN BUN TATER TOTS VEGGIE STICKS W/DIP FRUIT SLUSH MILK	23 ROAST PORK W/GRAVY STEAMED RICE CORN RAINBOW SALAD APPLE WEDGES MILK	24 CHICKEN PATTIE SANDWICH VEGGIE STICKS W/ DIP BAKED BEANS ORANGE WEDGES MILK	25 KOREAN CHICKEN STEAMED RICE SPINACH & ROMAINE SALAD EDAMAME, BABY CARROTS PEACHES MILK
28 BBQ PORK SANDWICH CURLY FRIES COLESLAW PEACHES MILK	29 HAMBURGER STEAK W/ GRAVY RICE & WG ROLL STEAMED CORN STEAMED CARROTS APPLE WEDGES MILK	30 PORK ADOBO STEAMED RICE RAINBOW SALAD EDAMAME POWER PUNCH JUICE MILK	31 VEGGIE PIZZA SPINACH & ROMAINE SALAD VEGGIE STICKS W/DIP ORANGE WEDGES MILK 	1 OVEN BAKED CHICKEN/GRAVY STEAMED RICE & ROLL STEAMED CARROTS EDAMAME APPLE WEDGE MILK






"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"



OCTOBER - BREAKFAST

ALL MENUS INCLUDE 1/2 PINT MILK

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 PEPPERONI PIZZA STIX FRUIT PUNCH ORANGE WEDGES MILK	1 GINGERBREAD CAKE & YOGURT PEACHES BANANA MILK	2 PLAIN BAGEL W/CREAM CHEESE PINECHUNKS STRAWBERRIES MILK	3 PANCAKES W/SYRUP FRUIT COCKTAIL APPLE WEDGE MILK	4 SOUTHERN PORK LINKS STEAMED RICE APPLESAUCE CRANBERRIES MILK
7 	8 9 10 INTERSESSION - NO SCHOOL			11 
14 MAPLE PANCAKE WRAP APPLESAUCE CRANBERRIES MILK	15 KALUA QUESADILLA PINE CHUNKS ORANGE WEDGE MILK	16 FRUIT SMOOTHIE CINNAMON TOAST BANANA MILK	17 BELGIAN WAFFLE W/ SYRUP FRUIT PUNCH STRAWBERRIES MILK	18 HAM LINKS STEAMED RICE FRUIT COCKTAIL APPLE WEDGE MILK
21 PANCAKES WITH SYRUP FRUIT COCKTAIL CRANBERRIES MILK	22 APPLESAUCE MUFFIN PINEAPPLE CHUNKS BANANA MILK	23 CINNAMON ROLL FRUIT PUNCH ORANGE WEDGES MILK	24 FRIED RICE PORTUGUESE SAUSAGE APPLESAUCE STRAWBERRIES MILK	25 HAM AND CHEESE ROLL PEACHES APPLE WEDGE MILK
28 PORK LINKS STEAMED RICE PINECHUNKS CRANBERRIES MILK	29 PEPPERONI PIZZA STIX FRUIT COCKTAIL BANANA MILK	30 PIG IN A BLANKET FRUIT PUNCH APPLE WEDGE MILK	31 BANANA BREAD APPLESAUCE STRAWBERRIES  MILK	1 FRIED RICE PORTUGUESE SAUSAGE PINEAPPLE CHUNKS ORANGE WEDGES MILK



"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

