



**DAVIDSON COUNTY
HEALTH DEPARTMENT**

Protecting, Caring, Serving Our County

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CHILDHOOD ILLNESS:

When to keep your child home from school

Students should be kept home if during the night or early morning they have:

- **Nausea or Vomiting**
- **Diarrhea** – May return to school after 24 hours if no further nausea or vomiting or diarrhea has occurred.
- **Fever** – Oral temperature of 100 degrees or higher. Other symptoms may include cough, sore throat, runny nose, body aches, headache, chills, or fatigue. Child must be fever-free for 24 hours before returning to school and without use of fever-reducing medications.
- **Drainage from the ear**
- **Unknown, undiagnosed skin rash** – Can possibly be a contagious childhood disease like Chicken Pox or Fifth's Disease.
- **Skin sores** that are draining or crusted with dried drainage
- Wheezing, croupy cough and/or cough producing green mucus
- **Ringworm** – A fungal infection. Must be treated with medication before returning to school for 24 hours.
- **Head Lice** – Hair must be treated with special shampoo or use the oil treatment. All live bugs must be removed from the hair. Parent must accompany the child to school for hair to be checked prior to returning to class.
- **Pink Eye (Conjunctivitis)** – Redness of the white part of the eye that can be caused by a virus or bacteria and can spread easily and quickly from person to person. Only a doctor can determine if the redness is contagious and prescribe medication.
- **Some illnesses will require a Doctor's visit and Prescription medication, along with a note for return to school.**
- Please inform the teacher of any medical condition your child has (asthma, diabetes, seizures, severe allergies, etc.) and any medication being taken at home.
- **To prevent the spread of illness and germs, practice "Good Hand Washing and Hygiene" at home, work, and school.**