






March

2019

Middle School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<h3>Special News...</h3> <p>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov</p> <p>This institution is an equal opportunity provider.</p> <p>Menus are subject to change without notice.</p>
Daily's: Variety of Milk	Daylight Savings Time March 10 th Don't forget to Spring forward 1 hour		SCHOOL BREAKFAST WEEK ***** Start your day with a Healthy School Breakfast MARCH 4 - 8	1 UBR Bar Chocolate Muffin w/ String Cheese Strawberry Craisins 100% Apple Juice	
4 ***** Sausage Biscuit Melt Cinnamon Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice	5***** Mini Waffles Strawberry/Banana Yogurt w/String Cheese Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	6 ***** Berry French Toast Cinnamon Toast Crunch Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	7 ***** Breakfast Melt Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	8 ***** Mini Pancakes Apple Cinnamon Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	
11 	12	13 	14	15 	
18 Chicken Biscuit Oatmeal Benefit Bar Fresh Apple Diced Pears 100% Grape Juice	19 French Toast Sticks Strawberry/Banana Yogurt w/Graham Cracker Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	20 Breakfast Cinnamon Round Trix Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	21 Breakfast Melt Vanilla/Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	22 Biscuits 'n Gravy Apple Cinnamon Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	
25 Breakfast Pizza Cinnamon Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice	26 Pancake on a Stick Strawberry/Banana Yogurt w/Graham Cracker Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	27 Breakfast Cinnamon Round Lucky Charms Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	28 Mini Waffles Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	29 Cheesy Omelet w/ Toast Banana Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	

MIDDLE SCHOOL BREAKFAST MENU

Special News...

Don't forget to apply for the Free or Reduced Program...applications are available in the campus office.

