

Elementary School District 159 Elementary Lunch Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Salisbury Steak Sandwich Or Cheesy Garlic Flatbread Garden Salad Baby Carrots/Ranch 100% Fruit Juice	Cheese Pizza Or Walking Taco w/ Scoops Steamed Broccoli Salsa/Black Beans Assorted Fresh Fruit	Meatballs/Country Gravy Or Turkey/Country Gravy Mashed Potatoes Broccoli Florets 100% Fruit Juice
6	7	8	9	10
Western Burger Or Walking Tacos w/ Scoops Seasoned Corn Black Beans Assorted Fresh Fruit	*BBQ Ribette Or Pepperoni Pizza Garden Fresh Salad Cherry Tomatoes Assorted Fresh Fruit	Turkey Hot Dog Or Spicy Chicken Sandwich BBQ Veggie Beans Fresh Broccoli 100% Fruit Juice	Ravioli in Marinara Sauce Or Stuffed Pizza Sticks Garden Salad Cherry Tomatoes Assorted Fresh Fruit	Pizza Burger Or **Baked Chicken Nuggets Garden Salad Tri-Tater (1) 100% Fruit Juice
13	14	15	16	17
Fiesta Nachos Or Chicken Quesadilla Seasoned Black Beans Fiesta Corn Applesauce	Crispy Chicken on a Roll Or *BBQ Ribette Garden Salad Tri-Tater (1) Assorted Fresh Fruit	Grilled Cheeseburger Or Parmesan Chicken on a Roll Steamed Broccoli Garbanzo Beans 100% Fruit Juice	Malibu Chicken Sandwich Or Pepperoni Pizza Garden Fresh Salad Cherry Tomatoes Assorted Fresh Fruit	Grilled Cheese Or Fiesta Nachos Romaine/Tomatoes Tri-Tater (1) 100% Fruit Juice
20	21	22	23	24
Spicy Chicken Sandwich Or Cheese Pizza Seasoned Green Beans Baby Carrots/Ranch Assorted Fresh Fruit	Crunchy Mini Corn Dogs Or Fiesta Nachos w/Toppings Refried Beans Tri-Taters (1) Assorted Fresh Fruit	**Chicken Tenders** Or Turkey Pepperoni Pizza Steamed Broccoli Cauliflower Buds 100% Fruit Juice	BBQ Burger on a Roll Or Stuffed Crust Pizza Leafy Spinach/Tomatoes Tri-Tater (1) Assorted Fresh Fruit	Chicken Nuggets w/Cornbread Or Fiesta Nachos w/Toppings Golden Corn Black Beans 100% Fruit Juice
27	28	29	30	31
NO SCHOOL HOLIDAY	Turkey Sub w/Toppings Or **Chicken Nuggets Steamed Cauliflower Tri-Tater (1) Assorted Fresh Fruit	**Popcorn Chicken Or Cheesy Hot Dog Garlic Green Beans Baby Carrots/Ranch 100% Fruit Juice	Juicy Cheddar Burger Or Turkey Sausage Pizza Garden Salad Sliced Cucumbers Assorted Fresh Fruit	Walking Taco w/Scoops Or Soft Shell Zesty Tacos Refried Beans Salsa 100% Fruit Juice

Lunch
\$2.60
Milk is
Included
With Meal

Milk
\$0.50
A Variety of
Milk is
Offered
Daily

Questions about the menu?
Mykela Collins
mkyler@dist159.com
708-283-9733

For more information
or to "Ask the Dietitian",
check out our website!




Available Daily:
Chicken Caesar Wrap
Southwest Chicken Wrap
Turkey & Cheese Sub
Crispy or Grilled Chicken Salad

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally necessary.
Notice will be given when possible.

This institution is an equal opportunity
employer.