

SEPTEMBER

FEATURED ON THE MENU IN SEPTEMBER!

Look for 🌱 Fresh Tomato Cucumber Salad, Roasted Zucchini, and 🌶️ Fresh Pico de Gallo Salsa and Green Pea Guacamole on our September menu. Quinoa Tabouli, local cherry tomatoes, carrots, cucumbers, cantaloupe and watermelon, and Western Slope peaches, pears and apples will be featured on salad bars.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ON THE MENU! Chicken Strips^{ABF} with Dipping Sauce – Sept. 5 & 21</p> 	<p>ON THE MENU! Pasta Alfredo – Sept. 10</p> 	<p>ON THE MENU! Roasted Zucchini Squash^{GF} – Sept. 13</p> 	<p>ON THE MENU! Spaghetti Marinara and Turkey Meatballs – Sept. 19</p> 	<p>ON THE MENU! Fresh Tomato and Cucumber Salad^{GF} – Sept. 20</p> 	<p>ON THE MENU! Veggie Cheese Flatbread – Sept. 28</p> 	<p>1</p>  <p>SCHOOL FOOD PROJECT Boulder Valley School District Excellence and Equity</p>
2	3 LABOR DAY	4 Homestyle Turkey Meatball Sub Cheese Pizza Pepperoni Pizza ^{ABF NNF}	5 Chicken Strips ^{ABF} with Dipping Sauce & Garlic Bread Cheese Ravioli with Garlic Bread Veggie Ramen with Tofu & Edamame	6 Hamburger ^{ABF GF} Falafel & Hummus Flatbread Wrap with Creamy Cucumbers Cheeseburger ^{ABF GF} with SFP Secret Sauce ^{GF} Oven Baked Fries ^{GF}	7 French Toast Casserole with Turkey Sausage ^{GF} and Berry Sauce ^{GF} Green Chili & Cheese Tamales ^{GF} with Refried Beans ^{GF} Nashville Hot Chicken ^{ABF} Sandwich	8
9	10 Pasta Alfredo with Garlic Bread Cheese Pizza Pesto Pizza MEATLESS MONDAY	11 All-Beef Hot Dog ^{ABF NNF GF} Fireside Broccoli Cheese Stuffed Potato ^{GF} with Biscuit Meat Lovers Lasagna ^{ABF} BBQ Baked Beans ^{GF}	12 Local Beef Nachos ^{ABF GF} with Cheese Sauce Bean Nachos ^{GF} with Cheese Sauce Taco Salad ^{GF} Local Anasazi Beans ^{GF} , Brown Rice ^{GF} 🌶️ Fresh Local Tomato Pico de Gallo ^{GF} COLORADO PROUD DAY	13 Oven Roast Chicken ^{ABF GF} with Brown Rice ^{GF} Cheese Calzone Turkey ^{ABF} Bacon Bagel Sandwich 🌱 Roasted Zucchini Squash ^{GF}	14 Chicken Potstickers with Fried Rice Cheese Ravioli with Garlic Bread Chicken Tikka Tacos	15
16 Find allergen information, menu updates and more at bvsd.org/food	17 Menu T.B.D.	18 BBQ Pulled Pork ^{GF} Sandwich Cheese Pizza Pepperoni Pizza ^{ABF NNF}	19 Spaghetti Marinara and Turkey Meatballs Spaghetti Marinara with Cheese Toasted Cheese and Bacon Sandwich	20 Hamburger ^{ABF GF} Chili Smothered Baked Potato with Biscuit Cheeseburger ^{ABF GF} with SFP Secret Sauce ^{GF} Oven Baked Fries ^{GF} 🌱 Fresh Cucumber Tomato Salad ^{GF}	21 Chicken Strips ^{ABF} with Dipping Sauce & Garlic Bread Tofu Bibimbap Red Pork Tamales with Refried Beans ^{GF}	22
23 30	24 Homestyle Turkey Meatball Sub Cheese Pizza Pepperoni Pizza ^{ABF NNF}	25 All-Beef Hot Dog ^{ABF NNF GF} Veggie Burrito Baja Fish Tacos BBQ Baked Beans ^{GF}	26 Beef Nachos ^{ABF GF} with Cheese Sauce Bean Nachos ^{GF} with Cheese Sauce Taco Salad ^{GF} Brown Rice ^{GF} 🌱 Green Pea Guacamole ^{GF}	27 Oven Fried Chicken ^{ABF} with Brown Rice ^{GF} Green Chili Tamales ^{GF} with Refried Beans ^{GF} Spicy Beef & Sausage Penne with Garlic Bread	28 Roast Turkey ^{GF} Dinner with Mashed Potatoes ^{GF} , Gravy & Dinner Roll Veggie Cheese Flatbread Banh Mi Sandwich	29 BVSD DAY AT THE MARKET

Unlimited salad bar, skim milk, organic 1% milk and fresh fruit offered daily. Gluten Free choices (available without the bun) are designated with a "GF" symbol. Hormone- and antibiotic-free choices are designated with a "ABF" symbol. Nitrate- and nitrite-free choices are designated with a "NNF" symbol. Menu subject to change.