

January 2019

VAN ALSTYNE HIGH SCHOOL

BREAKFAST



School Information:

Breakfast Price's: Ala Cart' Items:
 Student \$1.75 Range from
 Reduced \$0.30 \$0.50 to\$1.75
 Adult \$2.00



Served Daily With Meal Choice Of:
 1% White Milk
 FF Chocolate Milk
 FF Strawberry Milk

Condiments:
 Jelly, Syrup, Salsa

Monday



Tuesday

Wednesday

Thursday

Friday

7

NO SCHOOL

1

NO SCHOOL

2

NO SCHOOL

3

NO SCHOOL

4

NO SCHOOL

8

Choose One:
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

9

Choose One:
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

10

Choose One:
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

11

Choose One:
 Mini Choc. Donuts Or Assort. Cereal
Choose One:
 Straw.Go-Gurt Or Mozz. Cheese Stick
Choose One:
 Orange Smiles Or
 Apple & Orange Juice

14

Choose One:
 Cinn. Roll Minis Or
 Cocoa Puffs Cereal Bar
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Banana Or Apple & Orange Juice

15

Choose One:
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

16

Choose One:
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

17

Choose One:
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

18

Choose One:
 Mini Choc. Donuts Or Assort. Cereal
Choose One:
 Straw.Go-Gurt Or Mozz. Cheese Stick
Choose One:
 Orange Smiles Or
 Apple & Orange Juice

21

NO SCHOOL

22

Choose One:
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

23

Choose One:
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

24

Choose One:
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

25

Choose One:
 Mini Choc. Donuts Or Assort. Cereal
Choose One:
 Straw.Go-Gurt Or Mozz. Cheese Stick
Choose One:
 Orange Smiles Or
 Apple & Orange Juice

28

Choose One:
 Cinn. Roll Minis Or
 Cocoa Puffs Cereal Bar
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Banana Or Apple & Orange Juice

29

Choose One:
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

30

Choose One:
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

31

Choose One:
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

