



A PROJECT OF THE
CALIFORNIA HISPANIC COMMISSION
ON ALCOHOL AND DRUG ABUSE, INC.

CALIFORNIA HISPANIC COMMISSION ON ALCOHOL & DRUG ABUSE

A drug and alcohol Comprehensive Prevention Services

LifeSkills Training

Parent program

A guide for Raising Drug-Free Youth

Botvin LifeSkills Training Parent Program is designed to help parents strengthen communication with their children and prevent them from using drugs. This program contains materials and exercises that help parents teach their children the skills that help them resist the threats of tobacco, drugs, and violence. These tools help parents prepare their children for a successful transition from adolescence to early adulthood.

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