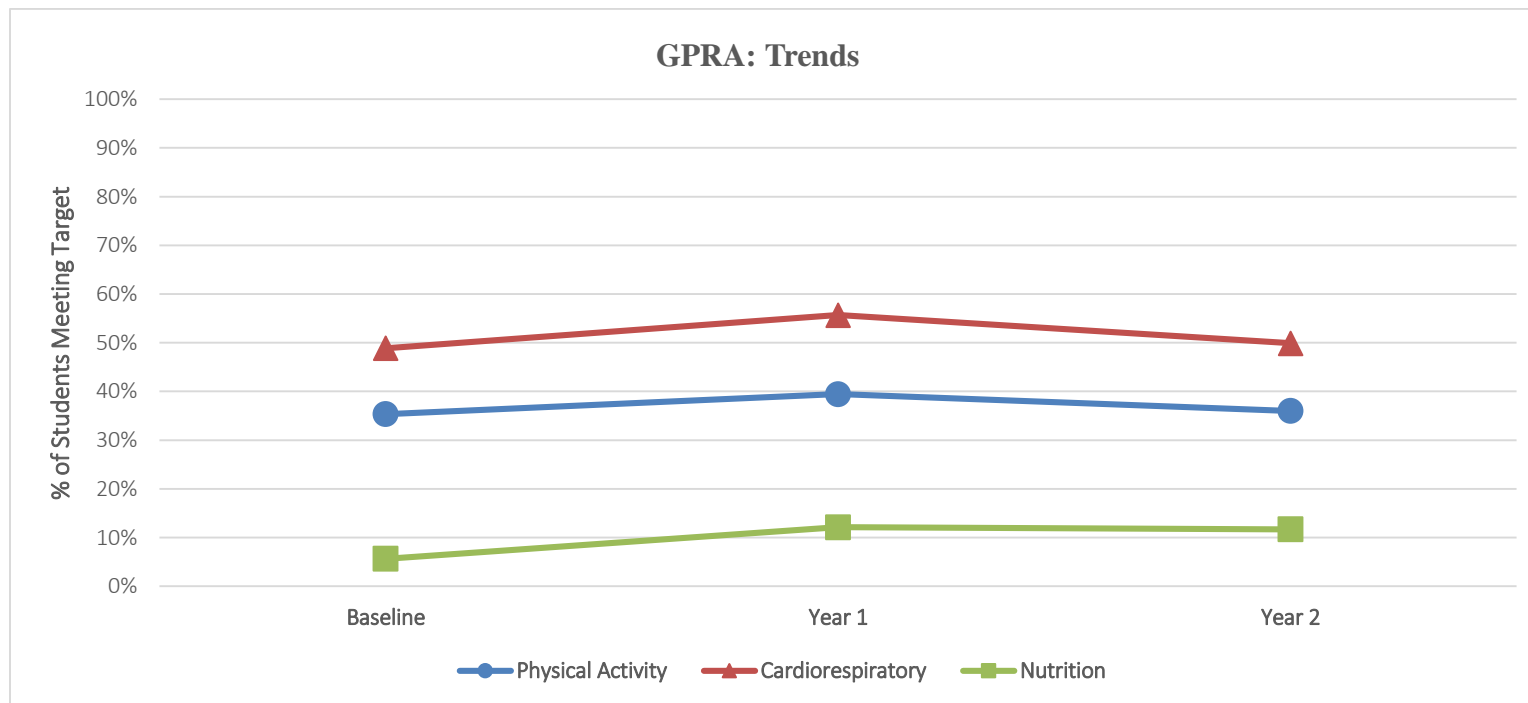


Hoxie PEP Summary Report

I. GPRA Measures: 60 minutes of MVPA (3DPAR & Pedometer), Cardiorespiratory (Shuttle/Pacer), Fruits and Vegetables consumption (Survey).

GPRA Measure	Baseline				Year 1				Year 2			
	Met	Total	%	R Rate	Met	Total	%	R Rate	Met	Total	%	R Rate
Physical Activity	105	297	35%	87%	127	322	39%	94%	118	327	36%	94%
Cardiorespiratory	309	632	49%	88%	343	616	56%	89%	307	615	50%	87%
Nutrition	17	301	6%	88%	38	313	12%	92%	40	338	12%	97%

*R Rate = Response Rate.

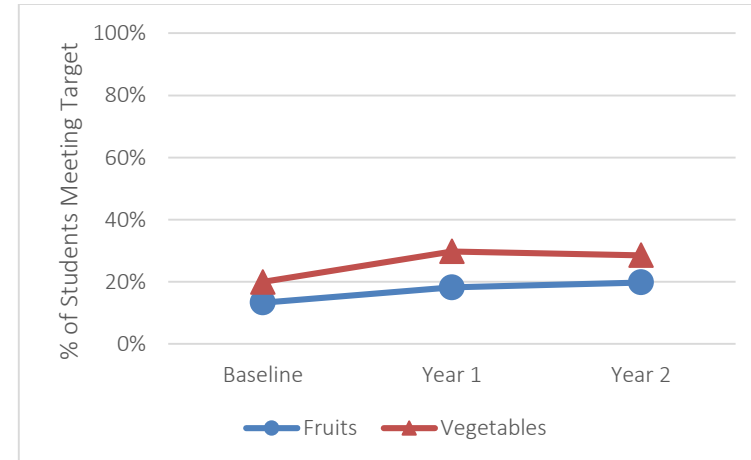
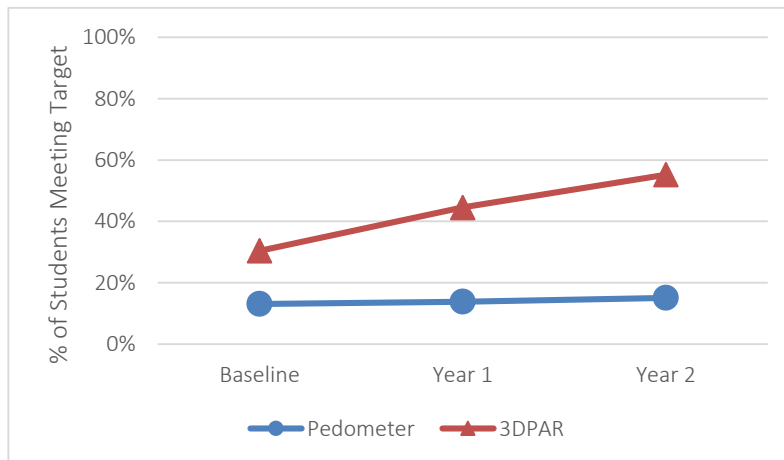


II. **GPRA Measures:** Comparison across all years.

GPRA Measure	Baseline				Year 1				Year 2			
	Met	Total	%	R Rate	Met	Total	%	R Rate	Met	Total	%	R Rate
Physical Activity	105	297	35%	87%	127	322	39%	94%	118	327	36%	94%
Cardiorespiratory	309	632	49%	88%	343	616	56%	89%	307	615	50%	87%
Nutrition	17	301	6%	88%	38	313	12%	92%	40	338	12%	97%

Physical Activity Component	Baseline			Year 1			Year 2		
	Met	Total	%	Met	Total	%	Met	Total	%
Pedometer	38	290	13%	45	321	14%	49	321	15%
3DPAR	35	115	30%	55	124	45%	69	124	55%

Nutrition Component	Baseline			Year 1			Year 2		
	Met	Total	%	Met	Total	%	Met	Total	%
Fruits	40	301	13%	57	311	18%	62	311	20%
Vegetables	60	301	20%	93	313	30%	89	313	29%



III. Fitness Measures. The tables below present the matched pre/post results for all grades (K-12) and three grade groupings.

K-12

Measure	Year 1					
	PRE			POST		
	Met	Total	%	Met	Total	%
BMI	299	615	49%	277	615	45%
BackSaver	535	631	85%	524	631	83%
Curl Ups	146	612	24%	260	612	42%
Push Ups	89	600	15%	243	600	41%
Shuttle	300	612	49%	354	612	58%
Year 2						
BMI	292	593	49%	282	593	48%
BackSaver	491	606	81%	493	606	81%
Curl Ups	195	597	33%	251	597	42%
Push Ups	198	602	33%	262	602	44%
Shuttle	314	565	56%	313	565	55%

7 - 8

Year 1					
PRE			POST		
Met	Total	%	Met	Total	%
50	126	40%	52	126	41%
95	127	75%	96	127	76%
47	124	38%	64	124	52%
33	119	28%	39	119	33%
33	124	27%	38	124	31%
Year 2					
52	112	46%	50	112	45%
92	111	83%	103	111	93%
69	103	67%	82	103	80%
47	105	45%	68	105	65%
32	101	32%	36	101	36%

K - 6

Measure	Year 1					
	PRE			POST		
	Met	Total	%	Met	Total	%
BMI	201	387	52%	181	387	47%
BackSaver	343	389	88%	323	389	83%
Curl Ups	24	387	6%	107	387	28%
Push Ups	24	380	6%	153	380	40%
Shuttle	240	378	63%	282	378	75%
Year 2						
BMI	193	372	52%	185	372	50%
BackSaver	303	373	81%	288	373	77%
Curl Ups	29	377	8%	64	377	17%
Push Ups	89	376	24%	114	376	30%
Shuttle	271	358	76%	248	358	69%

9 - 12

Year 1					
PRE			POST		
Met	Total	%	Met	Total	%
48	102	47%	44	102	43%
97	115	84%	105	115	91%
75	101	74%	89	101	88%
32	101	32%	51	101	50%
27	110	25%	34	110	31%
Year 2					
47	109	43%	47	109	43%
96	122	79%	102	122	84%
97	117	83%	105	117	90%
62	121	51%	80	121	66%
11	106	10%	29	106	27%

IV. Cognitive Assessment Results. The tables below present the progress on the cognitive assessments broken down by assessment, year and pre/post. The results only include students with both pre and post scores for each measure.

K-12

Measure	Year 1					
	PRE			POST		
	Met	Total	%	Met	Total	%
Five for Life	48	186	26%	120	186	65%
Food for Energy and Health	31	187	17%	108	187	58%
Year 2						
Five for Life	62	136	46%	114	136	84%
Food for Energy and Health	25	124	20%	63	124	51%

7 - 8

Year 1					
PRE			POST		
Met	Total	%	Met	Total	%
5	66	8%	20	66	30%
4	35	11%	11	35	31%
Year 2					
24	72	33%	56	72	78%
7	32	22%	12	32	38%

K - 6

Measure	Year 1					
	PRE			POST		
	Met	Total	%	Met	Total	%
Five for Life	26	69	38%	61	69	88%
Food for Energy and Health	6	69	9%	30	69	43%
Year 2						
Five for Life	33	44	75%	42	44	95%
Food for Energy and Health	2	55	4%	37	55	67%

9 - 12

Year 1					
PRE			POST		
Met	Total	%	Met	Total	%
17	51	33%	39	51	76%
21	83	25%	67	83	81%
Year 2					
5	20	25%	16	20	80%
16	37	43%	14	37	38%

V. Notes

The average number of pedometer steps per day for the baseline, year 1 and year 2: 9121, 8414, and 8089 steps.

The average number of minutes of physical activity per day (3DPAR): 36, 48, and 63 minutes.

Response rates (number of students with data divided by the number of targeted students) was high throughout years 1 and 2.