



November 2018 - Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 6-8 Lunch</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
			<p>11-1</p> <ul style="list-style-type: none"> ★★ Turkey Burger ★★ California Chicken Wrap ★★ Chinese Chicken Salad ★ Aloha Roll - S ★ Waffle Fries ★ Celery Sticks ★ Fruit Cup ★ Got Milk 	<p>11-2</p> <ul style="list-style-type: none"> ★★ Tangerine Chicken & Fried Rice ★★ Classic Tuna Sandwich ★★ Chicken Caesar & Cheesy Bread ★ Broccoli Buds ★ Petite Baby Carrots - S ★ Frozen Juice Cup ★ Got Milk
<p>11-5</p> <ul style="list-style-type: none"> ★★ Whole Grain Deep Dish Cheese Pizza -V ★★ Toasted Cheese Sandwich -V ★★ Yogurt Parfait Wholesome Granola -V ★ Sweet Corn ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk 	<p>11-6</p> <ul style="list-style-type: none"> ★ Oven Fried Chicken Drumstick ★ Artisan Roll - S ★★ Yellow Submarine Sandwich ★★ Tuna Salad Plate ★ Pretzel Roll ★ Roasted Potato Wedges ★ Fresh Garden Salad ★ Frozen Fruit Cup ★ Got Milk 	<p>11-7</p> <ul style="list-style-type: none"> ★★ Philly Cheese Steak Sandwich ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Fiesta Pinto Beans ★ Petite Baby Carrots - S ★ Fruit ★ Got Milk 	<p>11-8</p> <ul style="list-style-type: none"> ★ Salisbury Steak with Gravy ★ Artisan Roll - S ★★ California Chicken Wrap ★★ Chinese Chicken Salad ★ Aloha Roll - S ★ Creamy Mashed Potatoes ★ Asian Cucumber Salad ★ Fruit Cup ★ Got Milk 	<p>11-9</p> <ul style="list-style-type: none"> ★★ Turkey Burger ★★ Classic Tuna Sandwich ★★ Chicken Caesar & Cheesy Bread ★ Fresh Garden Salad ★ Petite Baby Carrots - S ★ Frozen Juice Cup ★ Got Milk
<p>11-12</p> <p style="text-align: center;">VETERANS DAY HOLIDAY</p>	<p>11-13</p> <ul style="list-style-type: none"> ★★ All Star Turkey Hot Dog -V ★★ Toasted Cheese Sandwich -V ★★ Yogurt Parfait Wholesome Granola -V ★ Golden Hash Brown Patties ★ Fresh Garden Salad ★ Frozen Fruit Cup ★ Got Milk 	<p>11-14</p> <ul style="list-style-type: none"> ★★ Teriyaki Beef Dipper Rice Bowl ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Broccoli Buds ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk 	<p>11-15</p> <ul style="list-style-type: none"> ★ Sliced Turkey and Gravy with Stuffing ★ Southern Buttermilk Biscuit ★★ California Chicken Wrap ★★ Chinese Chicken Salad ★ Aloha Roll - S ★ Creamy Mashed Potatoes ★ Fresh Garden Salad ★ Fruit Cup ★ Got Milk 	<p>11-16</p> <ul style="list-style-type: none"> ★★ Manager's Choice ★★ Classic Tuna Sandwich ★★ Chicken Caesar & Cheesy Bread ★ Waffle Fries ★ Petite Baby Carrots - S ★ Frozen Juice Slush ★ Got Milk



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<h2>Grades 6-8 Lunch</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
11-19 <ul style="list-style-type: none"> ★ Bean & Cheese Bowl - V ★ Crunchy Tortilla Chips ★★ Toasted Cheese Sandwich - V ★★ Yogurt Parfait Wholesome Granola - V ★ Fresh Garden Salad ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk 	11-20 <ul style="list-style-type: none"> ★ Chicken Tenders ★ Corn Muffin ★★ Yellow Submarine Sandwich ★★ Tuna Salad Sandwich ★ Pretzel Roll ★ Roasted Potato Wedges ★ Cucumber Coins ★ Frozen Fruit Cup ★ Got Milk 	11-21 <ul style="list-style-type: none"> ★★ Turkey Burger ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Sweet Corn ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk 	<p>THANKSGIVING DAY HOLIDAY</p>	
11-26 <ul style="list-style-type: none"> ★★ Bean & Cheese Pupusa Curtido Slaw - V ★★ Toasted Cheese Sandwich - V ★★ Yogurt Parfait Wholesome Granola - V ★ Crinkle Cut Potatoes ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk 	11-27 <ul style="list-style-type: none"> ★★ Whole Grain Rich Pepperoni Pizza ★★ Deli Turkey & Cheese Sandwich ★★ Tuna Salad Plate ★ Pretzel Roll ★ Sweet Corn ★ Fresh Garden Salad ★ Frozen Fruit Cup ★ Got Milk 	11-28 <ul style="list-style-type: none"> ★★ Zesty Beef Chalupa with Rice ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Fiesta Pinto Beans ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk 	11-29 <ul style="list-style-type: none"> ★★ Turkey Burger ★★ California Chicken Wrap ★★ Chinese Chicken Salad ★ Aloha Roll - S ★ Waffle Fries ★ Celery Sticks ★ Fruit Cup ★ Got Milk 	11-30 <ul style="list-style-type: none"> ★★ Tangerine Chicken & Fried Rice ★★ Classic Tuna Sandwich ★★ Chicken Caesar & Cheesy Bread ★ Broccoli Buds ★ Petite Baby Carrots - S ★ Frozen Juice Cup ★ Got Milk

Posted 10/25/18

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable

S: Items with an (**S**) can be saved for later

V: Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

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