

February 2019

VAN ALSTYNE MIDDLE SCHOOL

BREAKFAST



School Information:

Breakfast Price's: Ala Cart' Items:
 Student \$1.50 Range from
 Reduced \$0.30 \$0.50 to \$1.50
 Adult \$2.00



Served Daily With Meal Choice Of:
 1% White Milk
 FF Chocolate Milk
 FF Strawberry Milk

Condiments:
 Jelly, Syrup, Salsa



Monday



Tuesday

Wednesday

Thursday

Friday

Choose One: 4
 Cinn. Roll Minis Or
 Cocoa Puffs Cereal Bar
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Banana Or Apple & Orange Juice

Choose One: 5
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

Choose One: 6
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

Choose One: 7
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

Choose One: 1
 Mini Choc. Donuts Or Assort. Cereal
Choose One:
 Straw.Go-Gurt Or Mozz. Cheese Stick
Choose One: Orange Smiles Or
 Apple & Orange Juice

Choose One: 11
 Cinn. Roll Minis Or
 Cocoa Puffs Cereal Bar
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Banana Or Apple & Orange Juice

Choose One: 12
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

Choose One: 13
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

Choose One: 14
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

Choose One: 15
 Mini Choc. Donuts Or Assort. Cereal
Choose One:
 Straw.Go-Gurt Or Mozz. Cheese Stick
Choose One: Orange Smiles Or
 Apple & Orange Juice

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Choose One: 19
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

Choose One: 20
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

Choose One: 21
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

Choose One: 22
 Mini Choc. Donuts Or Assort. Cereal
Choose One:
 Straw.Go-Gurt Or Mozz. Cheese Stick
Choose One: Orange Smiles Or
 Apple & Orange Juice

Choose One: 25
 Cinn. Roll Minis Or
 Cocoa Puffs Cereal Bar
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Banana Or Apple & Orange Juice

Choose One: 26
 Mini Waffles Or Assort. Cereal
Choose One:
 Chicken Patty Or Mozz. Cheese Stick
Choose One:
 Grapes Or Orange Smiles Or
 Apple & Orange Juice

Choose One: 27
 Pancakes Or Assort. Cereal
Choose One:
 Sausage Patty Or Straw. Go-Gurt
Choose One:
 Strawberries Or Apple & Orange Juice

Choose One:
 French Toast Or Cheerios Bar
Choose One:
 Chicken Patty Or Staw. Go-Gurt
Choose One:
 Fresh Apple Or Apple & Orange Juice

