



Daily Special
Includes fruit and vegetable choices,
whole grain breads or rolls, and milk

Daily
Choices

NEW!
Plant Based
Entrées

Pizza
Choices

Fresh
Deli

Fresh
Salads



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Spring Break	Spring Break	Spring Break
6	7	8	9 Birthday Celebration	10
Crunchy Mini Corn Dogs Tri-Tater	Hot Dog on a Bun Baked Beans	<i>Spicy Sriracha Chicken On a Roll</i>	Smothered Meatballs over Mashed Potatoes	Good Friday No School
13	14	15 "Homemade"	16	17
Grilled Hot Dog w/Fixings	Waffles W/Turkey Sausage Tri-Tater	Pepperoni & Cheese Pizza	**Savory Salisbury Steak W/Gravy	Early Dismissal No Lunch
20	21	22	23	24 "New Homemade"
Gyro on Pita Fries	<i>Walking Taco Scoops</i>	Bosco Sticks w/Marinara Sauce	Pasta w/ Meat Sauce	Jalapeño Pepper & Cheese Pizza Slice
27 "New"	28	29	30	
Chicken Bacon Melt	<i>Sloppy Joe Scoops</i>	**Chicken Tenders Corn Bread	Bacon Burger Tri-Tater (1)	
Crispy Chicken Sandwich Grilled Burgers or Plant Based Burger—New! Nacho Supreme with Zesty Salsa and Jalapeños				
NEW Plant Based Meatless Meatball Sub	NEW Plant Based Buddha Bowl	NEW Plant Based Lentil Pasta Marinara	NEW Plant Based Chicken-less Nuggets	NEW Plant Based Southwest Chicken-less Wrap
Cheese or Pepperoni	Stuffed Crust Cheese	Cheese or Pepperoni	Cheesy Garlic Flatbread	Cheese or Turkey Sausage
Turkey and Cheese Wrap	Chicken Caesar Wrap	Turkey and Cheese Sub Lettuce/Tomato	<i>Buffalo Grilled Chicken Ranch Wrap</i>	Turkey and Cheese Wrap
Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Vegetarian Chef Salad or Chef Salad (Turkey & Cheese)

V=Vegetarian option available
**Served with a roll
*Contains or may contain pork ingredients.

Menu changes are occasionally necessary. Notice will be given when possible.



Addison SD 4 Middle School April 2020

Lunch \$2.85
Milk is Included
With Meal

Milk \$0.55
A Variety of Milk is
Offered Daily

**Fruit & Veggie Bar available
daily with all lunches**

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ **Plant based entrée options**

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
Mary Ann Marcinek
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630-458-2457

Comprehensive nutrition & allergy guides are available in the Foodservice Office.