

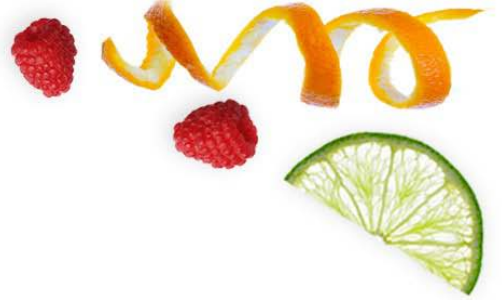


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Discovery
KITCHEN

CAIRO ELEMENTARY SCHOOL: K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Sloppy Joe on Bun Curly Fries Fresh Broccoli Mixed Fruit</p>	<p>2. Taco Tuesday Beef Nachos Tater Tots Mexican Refried Beans Fruit Punch Juice</p>	<p>3. Salisbury Steak w/ Vegetable Pasta Mashed Potatoes Fresh Baby Carrots Chilled Peaches</p>	<p>4. Pizza Pasta Bake Savory Green Beans Caesar Salad Baked Apple Slices</p>	<p>5. No School Teacher institute Day</p>
<p>8. No School Columbus Day</p>	<p>9. Taco Tuesday Soft Shell Taco Tater Tots Seasoned Refried Beans Pineapple Tidbits</p>	<p>10. Chicken Alfredo w/ Herbed Breadstick Seasoned Corn Fresh Broccoli Rosy Applesauce</p>	<p>11. Chicken Nuggets W/ Ranch / Roll Mashed Potatoes Cherry Tomatoes Orange Juice</p>	<p>12. Classic Cheese Pizza Savory Green Beans Lettuce & Tomato Salad Kiwi Strawberry Sidekick</p>
<p>15 Chicken Parmesan / over Rotini Pasta Garlic Mashed Potatoes Fresh Cherry Tomatoes Mixed Fruit Cocktail</p>	<p>16 Taco Tuesday Beef Taco Nachos Tater Tots Refried Beans Chilled Peaches</p>	<p>17. Mini Corn Dogs Oven Curly Fries Fresh Broccoli Florets Mandarin Oranges & Pineapples</p>	<p>18. Pancakes w/ syrup Pork Sausage Patty Hash Brown Patty Fresh Baby Carrots Warm Baked Apple slices</p>	<p>19. No School Teacher institute Day</p>
<p>22. Chicken Tenders / Dinner Roll Seasoned Potato Wedges Fresh Broccoli Chilled Peaches</p>	<p>23. Taco Tuesday Soft Shell Taco Tater Tots Refried Beans Mandarin Oranges & Pineapples</p>	<p>24. Spaghetti w/ Italian Meat Sauce Breadstick Savory Green Beans Fresh Carrots Pears w/ Strawberries</p>	<p>25. Home-made Chicken Noodle Soup / Grilled Cheese Sandwich Garlic Mashed Potatoes Marinated Cucumbers Fresh Red Grapes</p>	<p>26. Cheese Stuffed Breadsticks w/ Marinara Seasoned Corn Carrot & Celery Sticks Ranch Dressing Blue Raspberry Sidekick</p>
<p>29. General Tso's Chicken Dinner Roll Garlic Parmesan Potatoes Fresh Broccoli Mixed Fruit Cocktail</p>	<p>30. Taco Tuesday Beef Taco Nachos Tater Tots Seasoned Refried Beans Fruit Punch Juice</p>	<p>31. Mashed Potato Chicken Bowl w/ Dinner Roll Green Beans Fresh Carrots Chilled Peaches</p>	<p> This month we're celebrating autumn squash</p>	

Monday	Tuesday	Wednesday	Thursday	Friday
Three Cheese Pretzel Bun	Cheeseburger on Bun	Crispy Chicken Patty	Orange Crush Parfait w/ Granola	Corn Dog



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Please update the bottom of each menu with the Food Focus of the Month as applicable to your menus:



This month
we're celebrating
cranberries



This month
we're celebrating
tomatoes



This month
we're celebrating
berries



This month
we're celebrating
autumn squash

