

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/02/2019																
ELEMENTARY	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2019																
ELEMENTARY	Total	100														
BREADED BEEF FINGERS	4 EA	60	361	20	330	3.09	1.86	41.2	0	0.0	1	14.43	19.59	24.74	7.22	0.00
MACARONI AND CHEESE	2/3 CUP	25	282	*34	483	2.55	0.87	604.8	*482	*0.0	*3	20.62	20.68	13.12	7.26	*0.03
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
MASHED POTATOES	1/2 CUP	50	84	*0	288	1.31	0.33	19.2	*14	25.81	*1	1.69	14.96	2.26	0.57	0.02
	+ 1 tsp															
PEARS WITH CHERRIES	1/2 CUP	100	68	0	5	2.16	0.02	2.7	2	1.19	14	0.01	18.09	0.01	0.00	0.00
GRAVY, MIX-FAT FREE-SHAW NEE	2 OZ.	30	26	0	313	0.00	0.00	22.3	0	0.0	1	1.04	5.2	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			622	*25	737	9.07	2.54	508.1	*1375	*52.53	*46	24.73	90.25	19.66	6.57	*0.02
Nutrient Guideline			550-650		1230						*29.7%	15.9%	58.1%	28.5%	9.5%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2019																
ELEMENTARY	Total	100														
SPAGHETTI AND MEAT SAUCE	1 CUP	80	326	*52	504	6.06	4.35	57.9	*253	*5.46	*3	22.66	36.61	10.09	3.53	*0.00
HAM / CHEESE CROISSANT	SANDWIC	20	324	51	1034	2.00	1.35	221.0	*0	*0.0	6	22.0	34.0	15.0	7.50	0.00
PEAS, GREEN (FROZEN)	2/3 CUP	50	70	0	0	3.99	1.08	0.0	399	5.98	4	4.98	12.96	0.0	0.00	0.00
SALAD, TOSSED: no dressing	1 cup	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
RANCH DRESSING-KENS	1 OZ	50	100	0	10	0.00	0.00	20.0	0	0.0	0	0.0	1.0	11.0	1.50	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED V	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			623	*55	765	11.16	5.71	362.8	*4464	*39.02	*38	32.35	89.61	17.06	5.23	*0.00
% of Calories											*24.6%	20.8%	57.6%	24.7%	7.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 09/05/2019																
ELEMENTARY	Total	100														
FAJITAS, CHICKEN	FAJITA	75	240	75	557	0.92	1.04	15.0	*38	*8.68	1	17.87	21.57	9.36	3.16	0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
REFRIED BEANS, FROM CANN ED	1/2 CUP	25	115	0	273	5.23	2.01	23.2	245	2.54	*1	7.23	20.96	0.14	0.03	*0.00
MEXICAN PLATE SALAD	1 1/2 CUP	5	27	0	741	2.93	1.67	621.5	4986	17.62	*2	1.33	5.59	0.22	0.03	*0.00
PICO DE GALLO	1/4 CUP	20	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
WATERMELON, CHUNKS	1/2 CUP	50	24	0	1	0.32	0.19	5.6	455	6.48	5	0.49	6.04	0.12	0.01	0.00
SPANISH RICE	1/2 CUP	50	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED V	HALF PINT	80	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			579	61	994	7.78	3.68	379.8	*1620	*43.12	*34 *23.7%	29.60 20.4%	93.51 64.6%	11.19 17.4%	3.20 5.0%	*0.42 *0.7%
Nutrient Guideline			550-650		1230											<10.00

Fri - 09/06/2019																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ELEMENTARY	Total	100														
SUNBUTTER&JELLY W/ STRIN	SANDY +	30	437	20	531	7.54	*2.59	*142.8	*0	*0.0	12	21.2	41.2	22.17	6.77	0.00
G CHEE	1 STRIN															
HOT DOG ON A BUN	HOT DOG	70	230	335	860	2.00	1.44	80.0	0	2.4	5	11.0	26.0	10.5	3.00	0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
Cherry Tomato w/ Celery Stick	6 TOM +	20	20	0	15	1.42	0.30	15.0	904	14.35	3	0.98	4.32	0.22	0.03	0.00
	3 CEL															
FRUIT SALAD-FRESH	1/2 CUP	50	70	0	1	2.27	0.32	18.7	*85	*28.92	13	0.7	17.77	0.24	0.05	0.00
DORITOS - WG	BAG	50	130	0	183	2.00	0.37	36.7	*N/A*	*N/A*	0	2.0	20.0	5.0	0.67	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING-KENS	1 OZ	10	100	0	10	0.00	0.00	20.0	0	0.0	0	0.0	1.0	11.0	1.50	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			613	244	1042	9.47	*3.21	*375.1	*1031	*39.94	*39 *25.8%	23.27 15.2%	96.52 63.0%	18.39 27.0%	4.82 7.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			609	*96	884	9.37	*3.78	*406.5	*2122	*43.65	*40 *58.4%	27.49 18.0%	92.47 60.7%	16.58 24.5%	4.95 7.3%	*0.11 *0.2%
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Victoria I.S.D.

Sep 2, 2019 thru Sep 6, 2019

Base Menu Spreadsheet

ELEMENTARY

Portion Values - Detailed

Page 4

Generated on: 8/22/2019 2:25:30 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	609		550 - 650		100%												
Cholesterol (mg)	96					Missing											
Sodium 1 (mg)	884		1230														
Sodium 2 (mg)	884		935														
Fiber (g)	9.37																
Iron (mg)	3.78					Missing											
Calcium (mg)	406.5					Missing											
Vitamin A (IU)	2122					Missing											
Sugars (g)	40	25.96%				Missing											
Vitamin C (mg)	43.65					Missing											
Protein (g)	27.49	18.05%															
Carbohydrate (g)	92.47	60.72%															
Total Fat (g)	16.58	24.49%															
Saturated Fat (g)	4.95	7.32%	<10.00%														
Trans Fat ¹ (g)	0.11	0.16%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/09/2019																
ELEMENTARY	Total	100														
SWEET & SOUR CHICKEN	12 POPPERS	20	323	*22	773	*2.16	*1.95	*43.2	*108	*0.0	16	15.13	34.34	14.05	*2.70	*0.00
CORN DOG	CORN DOG	80	250	40	390	5.00	1.80	80.0	*N/A*	*N/A*	5	9.0	30.0	9.0	2.50	0.00
Oriental Vegetable Blend	1/2 CUP	50	30	0	10	2.00	0.54	31.2	405	16.06	2	2.0	6.0	0.0	0.00	0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
PEACHES, SLICED-CELEBRITY	1/2 CUP	50	90	0	10	1.00	0.00	7.0	*N/A*	*N/A*	21	0.0	22.0	0.0	0.00	0.00
SEASONED RICE, BROWN	1/2 CUP	30	208	*0	595	*2.33	0.87	5.2	*9	15.24	*1	5.36	39.9	3.2	0.38	0.02
CONDIMENT, KETCHUP PACK	2 EACH	70	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			604	*40	939	*10.02	*3.38	*336.9	*1134	*33.54	*44	20.50	105.95	11.59	*2.82	*0.01
% of Calories											*29.2%	13.6%	70.1%	17.3%	*4.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 09/10/2019																
ELEMENTARY	Total	100														
CHICKEN NUGGETS	5 NUGGET	80	240	55	430	2.00	1.80	20.0	100	1.2	0	16.0	16.0	12.0	3.00	0.00
SLOPPY JOE ON A BUN	SANDWIC	20	363	55	779	*3.10	*3.64	*118.0	*196	*2.5	*13	23.03	39.19	11.88	4.07	*0.00
OVEN FRIES	1/2 CUP	50	87	0	20	1.00	0.36	0.0	0	6.0	0	1.0	15.0	3.0	1.00	0.00
PEAS, GREEN (FROZEN)	2/3 CUP	50	70	0	0	3.99	1.08	0.0	399	5.98	4	4.98	12.96	0.0	0.00	0.00
APRICOTS	1/2 CUP	50	61	0	2	2.00	0.00	0.0	1750	1.19	11	0.99	14.99	0.0	0.00	0.00
Cookie, Chocolate Chip-Country	COOKIE	75	104	10	94	1.92	0.54	10.0	50	0.0	9	1.69	18.5	3.15	1.13	0.00
CONDIMENT, KETCHUP PACK	2 EACH	50	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			632	67	811	*9.54	*3.90	*281.6	*1997	*27.53	*42 *26.7%	28.78 18.2%	95.99 60.8%	16.18 23.1%	4.69 6.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 09/11/2019																	
ELEMENTARY	Total	100															
VEGETABLE LASAGNA	4x5"	30	443	*82	713	4.18	*2.64	*134.6	*5046	*31.7	*12	28.88	48.36	15.41	6.79	*0.02	
CHEESE PIZZA MINIS, WG	4 PIECES	70	420	30	670	6.00	2.21	427.0	482	1.86	3	20.0	41.0	20.0	9.00	0.00	
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00	
CARROTS:frozen, boiled	1/2 CUP	50	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00	
SPINACH SALAD	1 CUP	15	157	0	148	2.99	2.26	85.1	6814	56.03	*11	2.61	16.51	9.43	1.34	*0.00	
JUICE-VARIETY	6 OZ	50	100	*0	21	*0.00	0.21	8.0	*0	43.88	*N/A*	*0.41	24.57	*0.0	*0.00	*0.00	
FRUIT,FRESH ASSORTED	1 EACH	50	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00	
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00	
MILK,1% Lowfat	HALF PINT	5	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*	
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*	
Weighted Daily Average % of Calories			667	*50	872	*9.68	*3.77	*611.6	*10045	*70.93	*29 *17.4%	*31.17 *18.7%	92.46 55.4%	*20.58 *27.8%	*8.70 *11.7%	*0.00 *0.0%	
Nutrient Guideline			550-650		1230											<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/12/2019																
ELEMENTARY	Total	100														
TOSTADA, BEAN & BEEF	2 EACH	40	424	*54	1084	*7.74	4.24	275.3	*327	*2.34	*0	26.81	39.24	18.02	6.39	*0.00
TAMALES + REFRIED	2 TAM + 1/4 CUP	60	50	*0	260	2.84	1.03	21.2	*N/A*	*N/A*	0	3.19	8.17	0.53	0.09	0.00
PINTO BEANS: FROM DRY	1/2 CUP	30	73	0	314	3.29	1.10	26.8	78	1.43	*1	4.51	13.18	0.3	0.06	*0.00
MEXICAN PLATE SALAD	SALAD	15	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PICO DE GALLO	1/4 CUP	15	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
PINEAPPLE TIDBITS- CELEBRITY	1/2 CUP	100	70	0	0	1.00	0.36	10.0	*N/A*	*N/A*	16	0.0	18.0	0.0	0.00	*N/A*
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	15	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			528	*27	1025	*10.15	4.14	471.8	*1472	*30.59	*44 *33.2%	22.80 17.3%	90.08 68.3%	9.71 16.6%	3.17 5.4%	*0.25 *0.4%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/13/2019																
ELEMENTARY	Total	100														
CHEESEBURGER POCKET	POCKET	40	346	60	769	1.12	3.36	107.9	*58	*0.24	*0	23.96	28.29	14.28	5.72	*0.01
MEATLOAF	3/4" SLICE	60	188	65	122	1.04	2.07	46.8	123	1.1	*2	17.66	7.58	9.22	3.37	*0.00
SALAD, TOSSED: no dressing	1 CUP D G + 3/8	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
WHOLE WHEAT ROLL	ROLL	50	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	15	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT, MUSTARD PACK	1 EACH	15	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING-KENS	1 OZ	15	100	0	10	0.00	0.00	20.0	0	0.0	0	0.0	1.0	11.0	1.50	0.00
FRUIT, FRESH ASSORTED	1 EACH	50	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			637	68	873	8.29	5.61	406.1	*5613	*26.43	*36	32.98	90.88	16.77	5.32	*0.00
% of Calories											*22.4%	20.7%	57.1%	23.7%	7.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			613	*50	904	*9.54	*4.16	*421.6	*4052	*37.80	*39	*27.25	95.07	*14.96	*4.94	*0.05
											*57.1%	*17.8%	62.0%	*22.0%	*7.2%	*0.1%

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Victoria I.S.D.

Sep 9, 2019 thru Sep 13, 2019

Base Menu Spreadsheet

ELEMENTARY

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	613		550 - 650		100%												
Cholesterol (mg)	50					Missing											
Sodium 1 (mg)	904		1230														
Sodium 2 (mg)	904		935														
Fiber (g)	9.54					Missing											
Iron (mg)	4.16					Missing											
Calcium (mg)	421.6					Missing											
Vitamin A (IU)	4052					Missing											
Sugars (g)	39	25.39%				Missing											
Vitamin C (mg)	37.80					Missing											
Protein (g)	27.25	17.77%				Missing											
Carbohydrate (g)	95.07	61.99%															
Total Fat (g)	14.96	21.95%				Missing											
Saturated Fat (g)	4.94	7.25%	<10.00%			Missing											
Trans Fat ¹ (g)	0.05	0.08%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2019																
ELEMENTARY	Total	100														
CHICKEN FRIED STEAK PATTY	PATTY	40	300	35	320	2.00	2.70	40.0	0	0.0	1	15.0	19.0	18.0	4.50	0.00
CHICKEN NUGGETS	5 NUGGET	60	240	55	430	2.00	1.80	20.0	100	1.2	0	16.0	16.0	12.0	3.00	0.00
MASHED POTATOES	1/2 CUP	30	84	*0	288	1.31	0.33	19.2	*14	25.81	*1	1.69	14.96	2.26	0.57	0.02
	+ 1 tsp															
GREEN BEANS, FROM FROZEN	1/2 CUP	50	19	0	6	2.00	0.59	33.0	376	2.8	*N/A*	1.01	4.35	0.11	0.03	0.00
ORANGES SMILES	1/2 CUP	100	54	0	0	2.69	0.11	45.0	255	60.34	*N/A*	1.07	13.32	0.14	0.02	0.00
GRAVY, MIX-FAT FREE-SHAW NEE	2 OZ.	30	26	0	313	0.00	0.00	22.3	0	0.0	1	1.04	5.2	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	1 EACH	20	10	0	100	0.00	0.00	0.0	100	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			543	*52	730	8.47	3.28	367.0	*1241	89.69	*27	25.44	77.57	15.85	4.09	*0.01
% of Calories											*20.2%	18.8%	57.2%	26.3%	6.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/17/2019																
ELEMENTARY	Total	100														
HAMBURGER	BURGER	75	280	45	510	4.00	3.24	120.0	0	0.0	3	17.0	28.99	10.5	3.49	0.00
BEANS & FRANKS	3/4 CUP	25	247	35	802	4.81	1.42	82.8	0	2.87	*11	13.66	28.66	9.94	3.00	*0.00
BURGER SALAD	SALAD	20	12	0	181	0.97	0.43	27.4	2897	7.17	1	0.81	2.5	0.17	0.03	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
CANDIED APPLES	1/2 CUP	50	84	0	9	3.58	0.18	9.0	80	6.85	17	0.52	22.12	0.25	0.04	*0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			634	48	1026	11.87	4.78	421.7	2893	28.06	*46	27.23	105.29	13.75	3.98	*0.00
% of Calories											*29.0%	17.2%	66.5%	19.5%	5.7%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/18/2019																
ELEMENTARY	Total	100														
PIZZA POCKET	POCKET	30	379	68	1026	1.52	*3.55	*24.9	*83	*0.98	*1	26.07	28.69	16.91	7.80	*0.00
MOZZARELLA STICKS	5 STICK	70	400	30	370	3.00	1.80	350.0	*N/A*	*N/A*	3	19.0	32.0	22.0	8.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	50	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: frozen, yellow	1/2 CUP	50	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
SALAD, TOSSED: no dressing	1 CUP D G + 3/8	50	24	0	20	2.05	0.91	35.5	6792	12.36	2	1.42	5.08	0.3	0.05	0.00
APPLESAUCE, ROSY	1/2 CUP	50	52	0	5	1.12	0.03	3.1	1	0.01	11	0.06	14.31	0.0	0.00	*0.00
RANCH DRESSING, FROM MIX	1 OZ	20	60	6	239	0.00	0.01	17.8	18	0.15	1	0.56	0.73	6.16	0.91	*0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/4 CUP	40	35	0	280	2.00	1.08	0.0	400	3.6	4	2.0	7.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			684	47	885	9.71	*4.32	*556.6	*4845	*47.33	*38	32.69	92.24	22.77	8.48	*0.00
% of Calories											*22.3%	19.1%	53.9%	29.9%	11.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Victoria I.S.D.

Sep 16, 2019 thru Sep 20, 2019

Base Menu Spreadsheet

ELEMENTARY

Portion Values - Detailed

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Generated on: 8/22/2019 2:29:30 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2019																
ELEMENTARY	Total	100														
ENCHILADAS & SAUCE-ELEMENTARY	1 ENCHILADA	60	398	*62	643	*2.55	3.16	211.0	*834	*0.95	*2	24.54	27.48	20.06	7.26	*1.44
BEAN & CHEESE BURRITO/KID SMART	1 EACH	40	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
REFRIED BEANS, FROM CANNED	1/2 CUP	20	115	0	273	5.23	2.01	23.2	245	2.54	*1	7.23	20.96	0.14	0.03	*0.00
MEXICAN PLATE SALAD	SALAD	10	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PICO DE GALLO	1/4 c	50	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
PEACHES, SLICED-CELEBRITY	1/2 CUP	50	90	0	10	1.00	0.00	7.0	*N/A*	*N/A*	21	0.0	22.0	0.0	0.00	0.00
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			656	*42	954	*9.81	4.93	487.7	*2081	*46.72	*41 *24.8%	31.17 19.0%	97.51 59.4%	16.29 22.3%	5.33 7.3%	*1.12 *1.5%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/20/2019																
ELEMENTARY	Total	100														
Ham & Cheese Breakfast Frittata	3.1 OZ	50	136	198	210	0.47	1.11	161.1	364	4.39	*0	11.52	4.83	7.73	3.39	*0.00
Spicy Chicken Tenders	3 TENDER	50	260	25	390	3.00	*N/A*	*N/A*	100	*N/A*	1	15.0	17.0	15.0	2.50	0.00
CUCUMBER SALAD	1/2 CUP	30	81	0	259	0.52	0.31	18.6	108	2.87	18	0.67	19.87	0.11	0.04	*0.00
Cherry Tomato w/ Celery Stick	6 TOM + 3 CEL	50	20	0	15	1.42	0.30	15.0	904	14.35	3	0.98	4.32	0.22	0.03	0.00
FRUIT SALAD-FRESH	1/2 CUP	50	70	0	1	2.27	0.32	18.7	*85	*28.92	13	0.7	17.77	0.24	0.05	0.00
WHOLE WHEAT ROLL	ROLL	30	210	0	410	6.00	2.70	60.0	0	0.0	4	9.0	43.0	3.0	1.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
PICANTE SAUCE	2 TBSP	20	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
RANCH DRESSING-KENS	1 OZ	30	100	0	10	0.00	0.00	20.0	0	0.0	0	0.0	1.0	11.0	1.50	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			546	117	730	7.92	*2.38	*392.0	*1512	*44.65	*42 *30.8%	24.44 17.9%	80.94 59.3%	16.41 27.0%	4.03 6.6%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			613	*61	865	*9.56	*3.94	*445.0	*2515	*51.29	*39 *57.0%	28.19 18.4%	90.71 59.2%	17.01 25.0%	5.18 7.6%	*0.22 *0.3%

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Victoria I.S.D.

Sep 16, 2019 thru Sep 20, 2019

Base Menu Spreadsheet

ELEMENTARY

Portion Values - Detailed

Page 6

Generated on: 8/22/2019 2:29:30 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	613		550 - 650		100%												
Cholesterol (mg)	61					Missing											
Sodium 1 (mg)	865		1230														
Sodium 2 (mg)	865		935														
Fiber (g)	9.56					Missing											
Iron (mg)	3.94					Missing											
Calcium (mg)	445.0					Missing											
Vitamin A (IU)	2515					Missing											
Sugars (g)	39	25.34%				Missing											
Vitamin C (mg)	51.29					Missing											
Protein (g)	28.19	18.41%															
Carbohydrate (g)	90.71	59.23%															
Total Fat (g)	17.01	24.99%															
Saturated Fat (g)	5.18	7.61%	<10.00%														
Trans Fat ¹ (g)	0.22	0.33%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2019																
ELEMENTARY	Total	100														
Orange Chicken	3.9 OZ	50	190	45	380	2.00	1.44	0.0	0	0.0	13	14.0	25.0	4.0	1.00	0.00
HOT DOG ON A BUN	HOT DOG	50	230	335	860	2.00	1.44	80.0	0	2.4	5	11.0	26.0	10.5	3.00	0.00
Oriental Vegetable Blend	1/2 CUP	50	30	0	10	2.00	0.54	31.2	405	16.06	2	2.0	6.0	0.0	0.00	0.00
CORN COBBETTE	EAR	50	85	0	10	1.00	0.00	0.0	0	3.6	4	3.0	18.0	1.0	0.00	*N/A*
PINEAPPLE TIDBITS- CELEBRITY	1/2 CUP	50	70	0	0	1.00	0.36	10.0	*N/A*	*N/A*	16	0.0	18.0	0.0	0.00	*N/A*
SEASONED RICE, BROWN	1/2 CUP	20	208	*0	595	*2.33	0.87	5.2	*9	15.24	*1	5.36	39.9	3.2	0.38	0.02
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
BUTTER: individual	PORTION	20	20	0	30	0.00	0.00	0.0	200	0.0	0	0.0	0.0	2.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			533	*195	950	*6.85	2.89	334.7	*1018	*33.56	*47	23.52	93.90	9.37	2.36	*0.00
% of Calories											*35.0%	17.7%	70.5%	15.8%	4.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 09/24/2019																
ELEMENTARY	Total	100														
CORN CHIP PIE	1/2 CUP	50	384	69	1158	3.10	3.13	171.9	*768	0.4	*1	25.57	26.24	19.51	6.66	*0.00
BBQ SANDWICH (SADLERS)	SANDWIC	50	380	35	1100	5.00	3.60	140.0	200	1.2	16	21.0	47.0	12.5	5.00	0.00
KIDNEY BEANS: canned,drained	1/2 CUP	20	104	0	140	6.99	1.08	40.0	0	0.0	2	6.99	19.0	0.0	0.00	0.00
CARROT STICKS	1/2 CUP	25	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
STRAWBERRY/BANANA	1/2 CUP	50	108	0	2	3.31	0.49	13.8	*59	*32.64	17	1.22	27.53	0.41	0.10	*0.00
RANCH DRESSING-KENS	1 OZ	20	100	0	10	0.00	0.00	20.0	0	0.0	0	0.0	1.0	11.0	1.50	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
ED VI																
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			664	57	1311	9.92	4.48	444.9	*3775	*37.50	*45 *26.9%	32.88 19.8%	94.06 56.7%	19.02 25.8%	6.47 8.8%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 09/25/2019																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ELEMENTARY	Total	100														
PEPPERONI PIZZA, MAX PRE MIUM	SLICE	50	271	20	752	6.01	2.61	140.3	*N/A*	*N/A*	4	16.03	33.07	8.02	2.51	0.00
CHICKEN SPAGHETTI	1 CUP	50	324	*50	1000	5.65	1.89	244.8	*262	*9.66	*5	22.58	38.29	8.92	3.11	*0.00
ZUCCHINI COINS	1/2 CUP	30	10	0	5	0.57	0.21	9.0	113	10.11	1	0.68	1.76	0.18	0.05	0.00
BROCCOLI: frozen, boiled	1/2 CUP	30	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
SPINACH SALAD	SALAD	15	157	0	148	2.99	2.26	85.1	6814	56.03	*11	2.61	16.51	9.43	1.34	*0.00
APRICOTS	1/2 CUP	30	61	0	2	2.00	0.00	0.0	1750	1.19	11	0.99	14.99	0.0	0.00	0.00
Rice Krispies Treat	BAR	50	160	0	140	0.00	1.80	0.0	0	0.0	11	2.0	30.01	4.0	1.00	0.00
RANCH DRESSING-KENS	1 OZ	20	100	0	10	0.00	0.00	20.0	0	0.0	0	0.0	1.0	11.0	1.50	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK,CHOC,FAT FREE,W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK,1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK,Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average % of Calories			630	*40	1116	10.27	4.33	486.2	*2705	*47.17	*42 *26.9%	29.50 18.7%	98.08 62.3%	14.75 21.1%	4.11 5.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2019																
ELEMENTARY	Total	100														
BEAN & CHEESE BURRITO/KID SMART	1 EACH	50	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	1.00	0.00
TACO SALAD, BEEF	SALAD	50	345	*68	663	*3.08	3.69	314.7	*8481	*13.32	*2	*25.78	17.28	19.18	7.33	*0.00
PINTO BEANS: FROM DRY	1/2 CUP	30	73	0	314	3.29	1.10	26.8	78	1.43	*1	4.51	13.18	0.3	0.06	*0.00
PICO DE GALLO	1/4 CUP	30	18	0	52	0.77	0.31	7.8	515	44.13	*2	0.7	3.4	0.39	0.06	*0.00
MEXICAN PLATE SALAD	SALAD	15	18	0	494	1.95	1.11	414.4	3324	11.74	*1	0.89	3.73	0.14	0.02	*0.00
PEARS WITH CHERRIES	1/2 CUP	50	68	0	5	2.16	0.02	2.7	2	1.19	14	0.01	18.09	0.01	0.00	0.00
SPANISH RICE	1/2 CUP	30	162	0	301	1.88	1.03	8.6	93	3.34	*1	3.73	26.46	4.79	0.85	*0.84
PICANTE SAUCE	2 TBSP	15	10	0	190	0.00	0.00	0.0	0	2.4	1	0.0	2.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*
Weighted Daily Average			602	*39	982	*11.08	5.17	548.9	*5910	*45.33	*37	*30.66	91.18	14.34	4.74	*0.25
% of Calories											*24.5%	*20.4%	60.6%	21.4%	7.1%	*0.4%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 09/27/2019																
ELEMENTARY	Total	100														
CHEESEBURGER ON A BUN	BURGER	75	320	52	650	4.00	3.24	195.0	*0	*0.0	3	20.5	29.99	13.5	5.24	0.00
FISH TACO	2 TACO	25	370	30	540	3.00	1.44	20.0	*0	*0.0	*0	12.0	44.0	15.0	2.50	0.00
SWEET POTATO FRIES	3 OZ	50	140	0	170	3.00	0.36	20.0	3000	6.0	9	1.0	25.0	3.5	0.00	0.00
COLESLAW	1/2 CUP	50	43	0	31	0.91	0.19	15.0	98	12.94	*1	0.51	2.84	3.4	0.49	*0.00
BURGER SALAD	SALAD	10	12	0	181	0.97	0.43	27.4	2897	7.17	1	0.81	2.5	0.17	0.03	0.00
FRUIT COCKTAIL	1/2 CUP	50	60	0	20	1.00	0.72	20.0	0	12.0	12	0.0	14.0	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT, MUSTARD PACK	1 EACH	20	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK, CHOC, FAT FREE, W/ ADD ED VI	HALF PINT	60	168	5	198	0.00	0.68	317.5	568	2.5	21	8.48	33.65	0.0	0.00	0.00
MILK, 1% Lowfat	HALF PINT	15	102	12	107	0.00	0.07	305.0	478	0.0	13	8.22	12.18	2.37	1.54	*N/A*
MILK, Skim	HALF PINT	5	83	5	103	0.00	0.07	298.9	500	0.0	12	8.26	12.15	0.2	0.14	*N/A*

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			640	52	946	8.69	4.29	454.5	*2612	*35.67	*40 *25.2%	26.65 16.7%	94.08 58.8%	17.92 25.2%	5.09 7.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			614	*77	1061	*9.36	4.23	453.8	*3204	*39.85	*42 *61.8%	*28.64 *18.7%	94.26 61.4%	15.08 22.1%	4.55 6.7%	*0.05 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	614		550 - 650	100%				
Cholesterol (mg)	77				Missing			
Sodium 1 (mg)	1061		1230				126	Correction Required - Sodium too High
Sodium 2 (mg)	1061		935					
Fiber (g)	9.36				Missing			
Iron (mg)	4.23							
Calcium (mg)	453.8							
Vitamin A (IU)	3204				Missing			
Sugars (g)	42	27.48%			Missing			
Vitamin C (mg)	39.85				Missing			
Protein (g)	28.64	18.67%			Missing			
Carbohydrate (g)	94.26	61.44%			Missing			
Total Fat (g)	15.08	22.12%						
Saturated Fat (g)	4.55	6.68%	<10.00%					
Trans Fat ¹ (g)	0.05	0.08%			Missing			

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