

Student Services

Listed below are the primary areas of responsibility held by the Department of Student Services:

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Elizabeth Orozco - *School Social Worker*

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Nancy Phillips - *West Ranch Wellness Center*

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Ira Rounsaville - *School Social Worker*

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Cindy Takamoto - *School Social Worker*

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- Attendance/SARB
- Child Abuse
- Discipline at Schools
- Drug, Alcohol, Tobacco Abuse: CADRE, TIDE & DFY in SCV
- Enrollment Information
- Expulsions
- Foster Care
- Wellness
- Section 504 Plans
- Interagency
- Transfers
- Law Enforcement
- Open Enrollment
- Positive Behavior Intervention support
- Parent & Student Engagement Presentation
- Capturing Kids Hearts
- Court & Probation
- Court Orders
- Parent Rights

School Assignments

Cindy: Golden Valley HS, Bowman HS

Eileen: Canyon HS, Rancho Pico JHS

Elizabeth: Placerita JHS, Hart HS

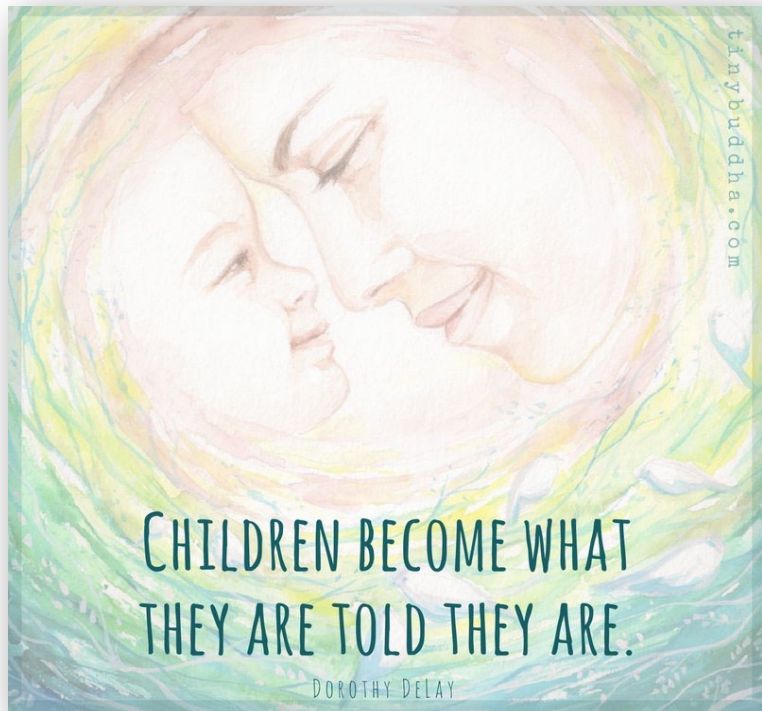
Ira: Arroyo Seco JHS, Saugus HS

Olga: La Mesa JHS, Castaic HS

Ana: Sierra Vista JHS, Valencia HS

Nancy: West Ranch High School Wellness Center

Sarah: Canyon High School Wellness Center



William. S. Hart Union High School District

Are 1 or more of these impacting your student?

- ⇒ School avoidance
- ⇒ Frequent complaints of headaches
- ⇒ Frequent complaints of stomachaches
- ⇒ Excuses for not wanting to go to school
- ⇒ Crying when it is time for school
- ⇒ Acting out (yelling, screaming, throwing things)
- ⇒ Feeling overwhelmed
- ⇒ Change in sleep patterns (too much/little)
- ⇒ Unable to concentrate/focus
- ⇒ Impulsivity
- ⇒ Not feeling safe
- ⇒ Lack of interest in things that previously enjoyed
- ⇒ Excessive worrying
- ⇒ Relational conflicts (peers, teachers, family etc.)
- ⇒ Tantrums
- ⇒ Ignoring directions/parent requests
- ⇒ Behavioral changes
- ⇒ No friends or sense of belonging at school
- ⇒ Withdrawn/Isolating
- ⇒ Changes in family dynamics
- ⇒ Failing grades
- ⇒ Embarrassed to return after long absences

If school, family, or social relationships are affected seek help from...

- ⇒ School Counselor
- ⇒ School Administrator
- ⇒ School Social Worker
- ⇒ Mental Health Professional
- ⇒ Pediatrician
- ⇒ Psychologist
- ⇒ Nurse
- ⇒ Teacher
- ⇒ Minister

Help kids identify what stresses them out!

Stress can be important to identify. Use the following prompts to see where your child is on a scale of 1-5

1 = Does not bother me 2 = I'm a little uncomfortable 3 = I feel stressed 4 = This upsets me 5 = I'm going to explode!

- A teacher gives me feedback / constructive criticism.
- Someone or something interrupts me while I am working.
- A teacher tells me to correct a mistake.
- When I don't understand what someone is saying to me.
- When I disagree with classmate.
- When a classmate asks for help.
- Homework.
- Group work with peers / classmates.
- When others make suggestions on how to do something.
- When I am excluded from an activity or conversation.
- Meeting new people.
- Getting a lower grade on a test, quiz, or paper.
- When someone points out a mistake I made.
- Taking tests.
- Surprise quizzes (pop quizzes).
- When I am late
- Peer pressure
- When one of my ideas is not included in a project / activity.

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Help your child develop positive ways to deal with stress!

It is valuable at a young age to build resilience to the stressors of life.

Other things you can do:

- Demonstrate safe, positive ways that you deal with your own stress
- Help them find a quick calming strategy that works for them (such as taking a deep breath)
- Talk to your kids daily
- Make sure there is a routine at home
- Always co-parent
- Praise what your children do well
- Correct mistakes but focus more on the positives