





Get off to a  
**Good Start,**  
 Eat *Breakfast!*

# January

## K-12 Breakfast Menu

January Lunch Money  
 for 18 Days  
 Full Price Lunch..... \$49.50  
 Full Price Breakfast..\$22.50  
 Total for the Month.. \$72.00

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b> Sausage & Pancake on a Stick Large Cereal in Bowl Fruit Cocktail Assorted Fruit Juices	<b>8</b> Breakfast Boat Large Cereal in Bowl Fresh Apples Assorted Fruit Juices	<b>9</b> Assorted Cold Cereals Assorted Toaster Pastry Pancakes Fresh Grapes Assorted Fruit Juices	<b>10</b> Sausage & Egg Biscuit Yogurt Parfait Fresh Orange Smiles Assorted Fruit Juices	<b>11</b> Mini Cinnis Large Cereal in Bowl Apple and Orange Wedges Assorted Fruit Juices
<p>Apply for Free and reduced meals online at <a href="http://www.ossdms.org">www.ossdms.org</a>            Safe, Secure, Private, Available 24/7, Fast and paperless</p>			<p>Variety of Milk Served Daily            Fat - Free Chocolate            Fat - Free Strawberry            Low - Fat White</p>	<p>Student Breakfast \$1.25            Adult Breakfast \$1.80            Milk .50</p>
<b>14</b> Breakfast Chicken Patty Waffles Large Cereal in Bowl Chilled Peach Slices Assorted Fruit Juices	<b>15</b> Yogurts and Muffins Large Cereal in Bowl Chilled Diced Pears Assorted Fruit Juices	<b>16</b> Assorted Cold Cereals Assorted Toaster Pastry Pancakes Fresh Oranges Assorted Fruit Juices	<b>17</b> Sausage & Egg Biscuit Large Cereal in Bowl Applesauce Assorted Fruit Juices	<b>18</b> Apple Frudel Large Cereal in Bowl Fresh Apples Assorted Fruit Juices
<p>Students must choose 3 food items to complete a School Breakfast. ALL breakfast entrees equal 2 food items. One food item must be a fruit or fruit juice.</p>				<p>Menu is subject to change Please consult a medical professional for assistance in planning for or treating medical conditions.</p>
<b>21</b> Student Holiday 	<b>22</b> French Toast Sticks Large Cereal in Bowl Fruit Cocktail Assorted Fruit Juices	<b>23</b> Assorted Cold Cereals Assorted Toaster Pastry Breakfast Sliders Fresh Grapes Assorted Fruit Juices	<b>24</b> Sausage & Egg Biscuit Yogurt Parfait Fresh Apples Assorted Fruit Juices	<b>25</b> Mini Cinnis Large Cereal in Bowl Apple and Orange Wedges Assorted Fruit Juices
<p>USE Myschoolbucks.com to check student's balances and pay online. If you need help please contact your child's cafeteria. Bad debt (charging) is an unallowable expense, please send funds BEFORE your child charges a meal. For more details see School Board Policy EEAC.</p>				
<b>28</b> Sausage & Pancake on a Stick Large Cereal in Bowl Fresh Apples Assorted Fruit Juices	<b>29</b> Muffins & Fruit Loops Large Cereal in Bowl Fresh Orange Smiles Assorted Fruit Juices	<b>30</b> Assorted Cold Cereals Assorted Toaster Pastry Mini Pancakes Fresh Bananas Assorted Fruit Juices	<b>31</b> Sausage & Egg Biscuit Large Cereal in Bowl Fresh Grapes Assorted Fruit Juices	
<p>This Institution is an Equal Opportunity Provider</p>			