



Fresh Fruit & Vegetable Program

MARCH 2020

Nutrition Tip

Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

HEAVENLY EDIBLES & STUFF L.L.C.

✿ Monday

✿ Tuesday

✿ Wednesday

✿ Thursday

✿ Friday

2	3 WATERMELON RADISH	4	5 KUMQUAT	6
9	10 TRI-COLOR CAULIFLOWER	11	12 DRAGON FRUIT	13
16	17 CELERY STICKS	18	19 STRAWBERRIES	20
23	24 GOLD BEETS	25	26 PASSION FRUIT	27
30	31 BROCCOLI FLORETS	<p>MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY!</p>		

This institution is an equal opportunity provider.