

# K-12 OCTOBER BREAKFAST MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<b>1</b> Oatmeal CC Bar Cheese Stick, Cheddar Apple	<b>2</b> Strawberry Yogurt Chex Banana 4 oz Juice Cup (Grape)	<b>3</b> Oatmeal Butterscotch Bar Yogurt Cup (Strawberry) Orange Applesauce, Plain - Cup	<b>4</b> Vanilla Bites Cheese Stick, Mozzarella Applesauce, Strawberry - Cup Craisins (Plain or Strawberry)
<b>7</b> Granola Pack Yogurt Cup (Raspberry) Applesauce, Strawberry - Cup 4 oz Juice Cup (Apple)	<b>8</b> WG Bagel Strawberry Cream Cheese Apple	<b>9</b> French Toast Streudal Sitcks Banana 4 oz Juice Cup (Grape)	<b>10</b> Strawberry Nutrigrain Bar Cheese Stick, Mozzarella Orange Applesauce, Plain - Cup	<b>11</b> Oatmeal Butterscotch Bar Raisins (Plain or Lemon) 4 oz Juice Cup (Apple)
<b>14</b> Banana Chocolate Chip Bread Applesauce, Strawberry - Cup 4 oz Juice Cup (Orange/Grape)	<b>15</b> Granola Bites Yogurt Cup (Cherry) Orange Craisins (Plain or Strawberry)	<b>16</b> Apple Bites Cheese Stick, Cheddar Banana 4 oz Juice Cup (Apple)	<b>17</b> NO SCHOOL	<b>18</b> NO SCHOOL
<b>21</b> Blueberry Muffin Cheese Stick, Cheddar Applesauce, Plain - Cup 4 oz Juice Cup (Apple)	<b>22</b> Granola Pack Yogurt Cup (Strawberry & Banana) Apple	<b>23</b> Cinnamon Roll Banana 4 oz Juice Cup (Grape)	<b>24</b> Vanilla Bites Orange Applesauce, Strawberry - Cup	<b>25</b> WG Bagel Strawberry Cream Cheese Raisins (Plain or Lemon) 4 oz Juice Cup (Apple)
<b>28</b> NO SCHOOL	<b>29</b> Oatmeal Butterscotch Bar Cheese Stick, Mozzarella Orange Craisins (Plain or Strawberry)	<b>30</b> Breakfast Bun Banana 4 oz Juice Cup (Apple)	<b>31</b> Granola Bites Yogurt Cup (Blueberry) Apple	

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

Drivers, servers, and foodservice workers wanted for upcoming school year 2019-2020.  
Call Terry for more information at 651-443-1982 or email: tmellum@lancercatering.com.