



California School for the Deaf
Middle School Menu
April 15-19, 2019

<p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal Wholegrain French Toast Margarine Syrup Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Apple Juice Wholegrain Honey Nut Cereal Wholegrain Muffin Mozzarella Cheese Stick Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Banana Wholegrain Assorted Cereal Breakfast Potato Fried Egg Ls Catsup Wholegrain Toast Margarine Jelly Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Melon Slice Wholegrain Assorted Cereal Wholegrain Waffle Margarine Syrup Chocolate Milk Non-fat Milk Low-fat, Soy</p>	
<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Orange Sections Tuna Salad On Wholegrain Bread Peas Elf Grahams Mayo Mustard Milk Low-fat, Chocolate Non-fat Soy Milk Veggie Chicken Sandwich</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Wholegrain South Western Chicken Pasta Green Beans Wholegrain Bread Margarine Canned Pears Milk Low-fat, Chocolate Non-fat Soy Milk Veggie South Western Chicken Pasta</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Canned Peaches Hamburger French Fries Broccoli Lettuce Tomato Sliced Onion Catsup, Mustard Mayo Milk Low-fat, Chocolate Non-fat Soy Milk</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Celery Sticks Capri Sun Juice Box Nachos With Cheese Sauce Individual Meat Fresh Salsa Milk Low-fat, Chocolate Non-fat Soy Milk Nachos With Cheese Sauce & Veggie Taco Meat</p>	
<p>Super Greens Salad Individual Bowls Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Lemon Chicken Fried Rice Prince Edward Veg Wholegrain Bread Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk Butter Veggie Chicken Breast</p>	<p>Super Greens Salad Individual Bowls Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Sweet & Sour Pork White Rice Soy Sauce Dinner Roll Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk Tofu Chow Mein</p>	<p>Fresh Fruit Bar Caesar Salad Tri-Tip Popcorn Shrimp Corn On The Cob Margarine Mashed Potato Beef Gravy Garlic Bread Red Punch Vanilla, Chocolate Strawberry Ice Cream Milk, Low-fat, Soy Chocolate Non-fat Milk Veggie Burger</p>		

This institution is an equal opportunity provider