



Should I keep my child at home?

When your child wakes up and says they do not feel well enough for school it can be hard to decide what to do. To help keep our campuses safe for all children and staff we have provided some guidelines to help you make the decision about whether to send your child to school:

Fever over 100. Fevers mean the body is fighting an illness and your child may be contagious. Children should be fever-free, without the use of fever reducing medications, for 24 hours prior to returning to school.

Vomiting or diarrhea. If they happen more than once in the 24 hours before school starts, your child should stay home. If they happen even once in the morning before school starts please keep your child home to better evaluate the cause.

Skin rashes. Any rash with a fever means the child should stay home until the fever is gone. If the rash has liquid coming from sores then your child needs to stay home until it is treated. It is also necessary to have your child seen by the MD to determine if the rash is contagious.

Red eyes with drainage or crusting. It is necessary to have your child evaluated by an MD to determine if this is contagious and from a bacteria or virus or an allergic reaction.

Head lice or scabies. Children need to stay home until they have been treated appropriately. Please notify the school if you have treated your children for lice or scabies. Please refer to the Lice procedures for additional information regarding when to return to school.

Strep throat. Children awaiting results from a throat culture must remain at home until a negative result is known. Children with a positive strep culture must be treated with prescribed antibiotics for 24 hours before returning to school.

Children heal faster when they stay home, get plenty of rest and healthy nutrition. This also protects their classmates and teachers. Please remember that attendance is very important to your child's success at school. Absences mean missing learning however there are some health concerns that make it necessary for children to stay home. Please contact the school health office if you have any questions. Thank you for your assistance.