

El Capitan Middle School



Where Eagles SOAR!

2018-2019

BELL SCHEDULE

REGULAR SCHEDULE

ADVISORY	7:45 – 8:03	(18)
PERIOD 1	8:03 – 8:53	(50)
PERIOD 2	8:57 – 9:47	(50)
BREAK	9:47 – 9:58	(11)
PERIOD 3	10:02 – 10:52	(50)
PERIOD 4	10:56 – 11:46	(50)
A lunch	11:46 – 12:31	(45)
PERIOD 5A CLASS	11:50 – 12:39	(49)
B lunch	12:39 – 1:24	(45)
PERIOD 5B CLASS	12:35 – 1:24	(49)
PERIOD 6	1:28 – 2:20	(52)

MINIMUM SCHEDULE

PERIOD 1	7:45 – 8:27	(42)
PERIOD 2	8:31 – 9:12	(41)
PERIOD 3	9:16 – 9:57	(41)
BREAK	9:57 – 10:07	(10)
PERIOD 4	10:11 – 10:52	(40)
PERIOD 5	10:56 – 11:36	(40)
LUNCH	11:36 – 12:21	(45)
PERIOD 6	12:25 – 1:05	(40)